

# outword

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# How to Beat the Holiday Blues

by Patrick Ma

**A**round the holidays, there is often an expectation that we will all be our happiest selves. With the focus on holiday cheer and time with family, there can be immense pressure to live up to the expectations of this festive season.

For those living with mental illness, the stress and pressure of the holidays can often cause increased anxiety, depression or other mental health problems. In Sacramento County alone, it is estimated that nearly 300,000 residents are living with a mental illness, which means we all need to bring understanding and kindness to our selves and each other as we greet this holiday season.

Dealing with stressors and pressures, whether work-related or personal family issues, can become more complex during this time of year.

As a gay Asian man living with depression, I struggled for many years trying to find out who I am and where I belong. The holidays and associated family gatherings can be particularly difficult times, as both poor-intentioned and well-intentioned probing questions from family members, friends and even acquaintances can have tremendous impact on someone who is struggling with their mental illness and/or sexuality.

While this can be a difficult time, I have found a few different ways to take care of myself during the holidays, and I hope they are helpful for you, too:

1. Don't overbook yourself. There are often demands to be with family and friends, but don't overextend or exhaust yourself during the holidays. You owe yourself the time to breathe and check in, to make sure you are in a healthy mental space. It's ok to be self-focused and say "no" to obligations/invitations in order to make time for self-care. Those who truly love you will understand and respect your space and time.

2. Do things that nourish you. It can be easy to get caught up in what your parents

or your kids want or expect out of the holidays, but don't forget that your needs are just as important. If you need to take an



**Stop Stigma Sacramento Speaker Patrick Ma**

hour each day to read or meditate, make sure to set that time aside.

3. Spend time with people who support you. Make sure you invest time with people who bring you joy and peace rather than those who cause friction or strife. It's common for people to want to spend time with their family, even though it causes additional stress for them, simply because holidays are supposed to be family-oriented. Instead, I created my own "family" and spend quality time with them.

4. Keep your expectations realistic. Be practical about the money you are spending

on loved ones, and don't put pressure on the holidays to be extraordinary. You and your family members are only human, so every day might not be perfect or magical – and that's ok.

5. Get enough sleep and exercise. It might seem like a small thing, but getting the sleep you need every night can keep you a little healthier and happier. Sleep deprivation can heighten emotions and cause unnecessary, added stress. Exercising is often neglected during this time of year but is crucially important in my self-care toolbox, as it boosts the much-needed neurotransmitters for a balanced and happy mind. Exercising also increases the beneficial effect of medications taken by those living with mental illness. Exercise does not necessarily mean you have to run a half marathon, but a 30-minute brisk walk around the neighborhood three times a week can really help.

6. It's ok to ask for help. As a Physician Assistant student, I learned that the holidays often bring about an increase in completed suicides and suicide attempts, as well as suicidal ideation. If you are struggling, it's ok to reach out and ask for help. There are plenty of resources available to you, and there are people who love and care for you. Life is worth living, and help extends well beyond the stressful holiday season.

As we approach the New Year, remember to take care of yourself, and keep in mind that the holidays may be a stressful time for many of your family members and friends, too. Reach out to loved ones who might be struggling with the pressure of the holidays, take the time you need for yourself, and enjoy this holiday season!

If you want to learn more about the resources available for those living with mental illness in Sacramento County, visit <http://www.stopstigasacramento.org>.

Patrick (Hiep) Ma is a student at UC Davis and is also a motivational speaker with the Stop Stigma Sacramento Speakers Bureau.

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# HIV Cure Crackdown

Finding a cure for HIV could come to a halt. The U.S. Department of Health and Human Services is putting all federal research involving fetal tissue obtained from elective abortions on hold. This is already having an impact in the biomedical field, including shutting down a study using fetal tissue implanted into mice.

Mice are one of the few animals that can also be infected with the HIV virus. A professor at the University of California, San Francisco, and an HIV researcher, has been leading a project targeting one of the most complex elements of HIV that has so far been resistant to therapy. Researchers were planning on testing a potentially viable antibody that would prevent HIV from developing reservoirs, which are cells that are infected with HIV but do not produce the virus.

A government spokesperson claims it wasn't the intention to stop research, rather, merely asking to be notified of when additional procurement was necessary. However, researchers claim they were not given the option to request additional tissue.

The Trump Administration announced the ban last year in order to placate social conservatives and anti-abortion activists. If the research were given the go-ahead to move forward, scientists say it would take a year to get back to speed.

## Size Matters – Folsom Gives BIG!



Folsom Street Fair attracts all shapes and sizes (of people... we know what you were thinking!) and is the world's largest leather and fetish event. What you may not know is that it is just one of many events organized by Folsom Street Events (FSE) that gives back to the community. Earlier this month, FSE distributed nearly \$255,000 to Bay Area charities. Since the 1980s, the organization has donated more than \$7 million to worthy causes in the San Francisco region and across the country. For more information on how to donate money and upcoming events, visit <https://www.folsomstreetevents.org/>.

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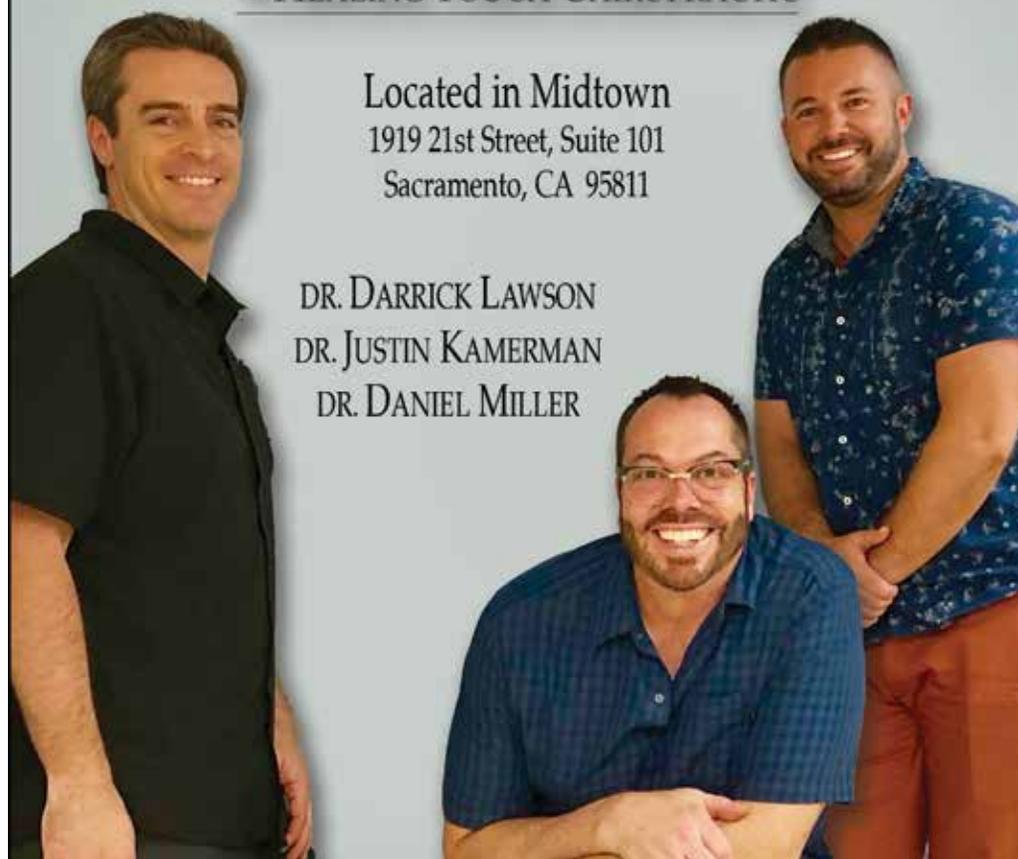
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# Moderate Republicans Switching Parties

**W**ithin one week, four GOP lawmakers have switched parties in Kansas. A registered Republican for 43 years, and a GOP lawmaker for 10 years, Kansas State Senator Barbara Bollier is now a Democrat.

Senator Bollier has a long history of bucking Republican leadership and is also in favor of Medicaid expansion and supports gay rights. She points to President Trump's

administration and policies as one of the reasons for the switch.

However, the "final straw" was when state Republicans adopted language in its

platform only recognizing males and females, changing its stance on transgender identity.

Although she may have been the first to announce her intentions, three other Republican lawmakers have followed suit including Senator Dinah Sykes, Representative Stephanie Clayton, and Representative Joy Koesten.

# Audra McDonald & Seth Rudetsky in San Francisco

by Chris Narloch

**T**he unique concert series "Broadway @ The Herbst" returns to San Francisco this January with a live appearance featuring Broadway booster Seth Rudetsky and the one and only Audra McDonald.

Music director and host Seth Rudetsky will welcome one of the greatest Broadway performers of all time for an up-close and personal concert with six-time Tony winning actress and singer, Audra McDonald.

The format of the concert will be a seamless mix of intimate, behind-the-scenes stories prompted by Rudetsky's funny, insightful and revealing questions, and the memorable music from McDonald's stellar Broadway career.

Seth Rudetsky and Audra McDonald will perform live on Sunday afternoon, January 20, 2019, at the Herbst Theatre in San Francisco. For more information, visit <http://www.sfwmpac.org/occasions/107595>.



Audra McDonald

# A Queer Cruise With Kesha

by Chris Narloch

**Y**ou're sure to be "dropping anchor" every night -- if you know what I mean -- on Kesha's first queer cruise, which sets sail for the Caribbean this February aboard the beautiful Norwegian Pearl.

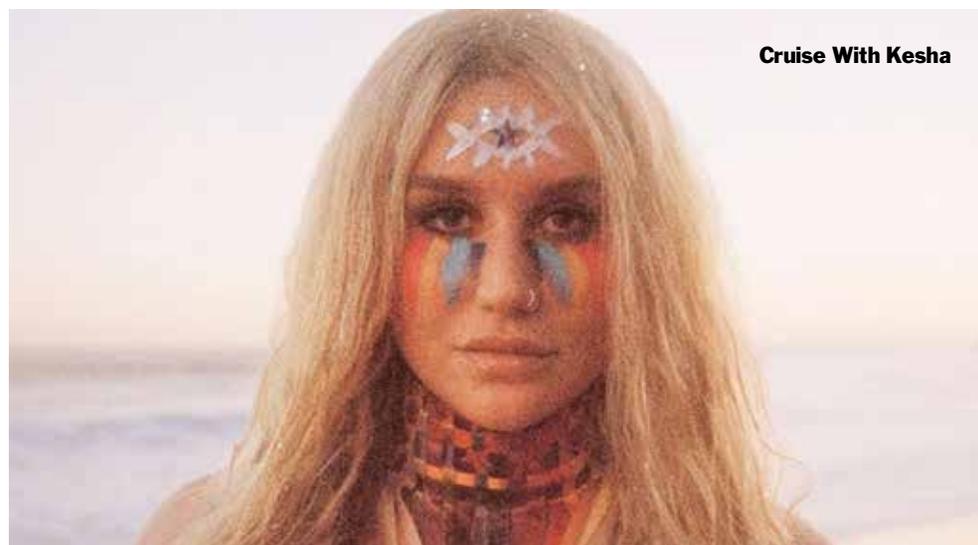
Kesha and Sixthman, the industry leader in music festivals at sea, are excited to announce "Kesha's Weird & Wonderful Rainbow Ride," an immersive four-day vacation experience that will take 2,500 lucky fans on the wildest ride of their lives from Tampa to the Bahamas, from February 17 - 21, 2019.

On the inaugural voyage of this innovative rainbow adventure, fans will be treated to two unique Kesha musical sets on the pool deck stage and a full schedule of activities with Kesha and the supporting talent, while enjoying the warm Caribbean sunshine.

Other scheduled acts appearing with Kesha include Big Freedia, Girl Talk, Matt and Kim, Betty Who, Superfruit, Jonathan Van Ness, and

Wrabel, plus "RuPaul's Drag Race" faves Bob The Drag Queen, Detox, and Thorgy Thor.

For more information and to book a cabin, visit [www.KeshasRainbowCruise.com](http://www.KeshasRainbowCruise.com).



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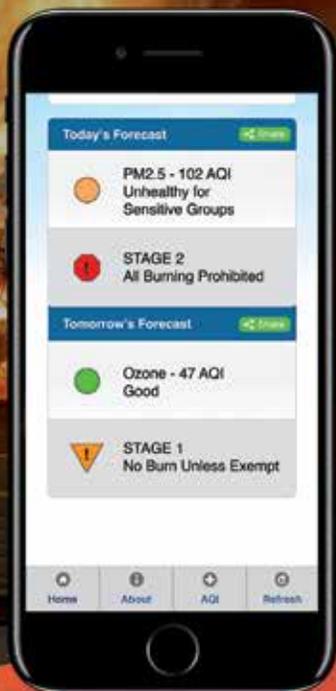
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# Out & About With Matt by Matthew Burlingame

Another year draws to a close. Most of us can't help but take a moment to remember those we have lost, the new friends we have made, and the milestones that have come and gone throughout 2018. Mainly because Facebook forces those 2018 in review videos down our throats! Still, while you're toasting the new year, and singing Auld Lang Syne, make one of your resolutions to be kind to yourself.

If you've never attended a Drag Queen Bingo, you owe it to yourself to experience one of the most fun ongoing events in Sacramento. Join The Rainbow Chamber January 3 at Mangos on 20th & K Sts. with this month's beneficiaries, The Sacramento Gay Men's Chorus. Cards go on sale at 6:30 p.m. and there are prizes for every bingo! The special prizes this month are courtesy of Broadway Sacramento. A

"Stomp" Prize Package: two tickets to "Stomp", \$50 restaurant dining card and souvenir "Stomp" merchandise. Also, a "Falsettos" Prize Package: two tickets to "Falsettos" (March 12, 2019), \$50 restaurant dining card and souvenir "Falsettos" merchandise.

RainbowChamber.com

Thank-you to everyone who came with toys to donate at *Outword's* December Liquid therapy happy hour at Badlands! You made many children in need happy this holiday season.

Now, come get your fix of the hottest happy hour event in Lavender Heights on Jan. 11 with drink specials, awesome music, and of course, fun with the *Outword* crew!

Still haven't decided what to do for New Year's Eve? Whatever you do, be safe and don't drive if you are drinking! Uber yourself on down to the action!

Badlands is having their NYE party, with their "Glitter and Gold" givaway you could win tickets to see Justin Timberlake, Ariana Grande or P!nk!

And right across the street Faces will be celebrating NYE with cash prizes, a balloon drop and even a buffet.

There will also be a New Year's Eve Sky Spectacular at the Old Sacramento Waterfront. Sponsored by the City of Sacramento and produced by Visit Sacramento, residents are invited to the biggest, admission-free New Year's Eve party as the 2018 Sky Spectacular returns to the Old Sacramento waterfront 6-10 p.m. with

outwordmagazine.com

fireworks at 9 p.m.. This year's event will cater to all ages, with live music, food and drinks, games and more awe-inspiring fireworks than the rivalry between Tatianna and Raven on "RuPaul's Drag Race."

Speaking of Drag Race, catch All Stars Season 4 Fridays at 8 p.m. at Badlands, 2003 K St. It's always more fun to watch queens with other queens, amiright?

The musical "Waitress" is in full swing!

Inspired by Adrienne Shelly's beloved film, "Waitress" tells the story of Jenna - a waitress and expert pie maker, Jenna dreams of a way out of her small town and loveless marriage. A baking contest in a nearby county and the town's new doctor may offer her a chance at a fresh start, while her fellow waitresses offer their own recipes for happiness. Yet, Jenna must summon the strength and courage to rebuild her own life.

Broadwaysacramento.com

Don't forget to get your year-end donations in to your favorite charities! There's so many to pick from, be sure to give to those closest to your heart, and please remember those smaller charities that service your community. They need our love most of all.

Happy anniversary to Brad & Troy Buyse-Stauss! The two will celebrate 27 years

together on Jan. 7.

Happy birthday to Sage Brown, Todd Powell, Joseff Gonzalez-Lederer, Sarah Rowland, Mike Blount, Byron Jackson Nash, Kurt Kurtis, James Ozanich, Jay Harris II, Professor Johnnie Terry, Johnathan Lachlan Sexton and all the other Capricorns in the community.

Condolences to Kyle House whose sister-in-law, Paula, passed away this last month.

Got events, birthdays, anniversaries, or did something awesome happen to you recently? Let Matt know at [matthew.burlingame@gmail.com](mailto:matthew.burlingame@gmail.com). Check out his books at [JustKissTheGuy.com](http://JustKissTheGuy.com)



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## Free Artsy Events At Crocker & Manetti Shrem

by Chris Narloch

If you find yourself with any free time this holiday season, I urge you to check out two events on the local arts scene before the end of the year, at the Crocker Museum in Sacramento and the Manetti Shrem Museum in Davis.



"Midnight Audition" by Irving Marcus, at Manetti Shrem Museum

### Irving Marcus: Romance & Disaster, A Retrospective

If you can get there before December 30 when it closes, I urge you to drive over to Davis and catch this very cool exhibit by a great California abstract expressionist, whose colorful canvases practically jump off the walls of the cozy Manetti Shrem Museum, which is visible from the freeway as you drive through Davis on Interstate 80.

"Irving Marcus: Romance & Disaster" is the first museum retrospective of this important, and yet overlooked, artist. The exhibition surveys more than 45 years of work: featured are his vibrant and intensely personal paintings exhibited alongside works on paper.

"Irving Marcus: Romance & Disaster" is on through December 30 only, so see it before it's gone. For more information about this wonderful museum, which is always free, visit <https://manettishremmuseum.ucdavis.edu>.

### Noon Year's Eve Festival

The day after the Irving Marcus exhibit closes, on Dec. 31, you can head over to the Crocker Art Museum and celebrate Noon Year's Eve, an annual free family festival that includes a "ball drop" at noon, followed by a massive dance party.

The event was created for folks with younger kids who can't stay up until midnight but still want to help ring in the New Year. Each year, approximately 4,000 kids and their parents attend.

All are welcome at this inclusive event, which promotes cultural diversity and diversity in general. This year, the Crocker has commissioned local artist Lin Fei to create her own version of a 4x4-foot ball that will be lowered from the roof of the Crocker at noon, following a countdown.

Fei has chosen to design a ball with 32 pentagonal and hexagonal panels that tell a visual story about the Sacramento area community. For one of the panels, Fei is creating an LGBTQ icon to celebrate our LGBTQ community and welcome rainbow families.

The Noon Year's Eve Festival will happen from 10 a.m. - 2 p.m. and features several stages with different cultural groups offering musical performances. Just before noon, attendees parade out to the Crocker's courtyard (weather permitting) and start the big countdown to the "Noon Year," with noisemakers and hats that the kids have created inside the museum.

For more information, visit <https://www.crockerart.org/event/1766/2018-12-31>.

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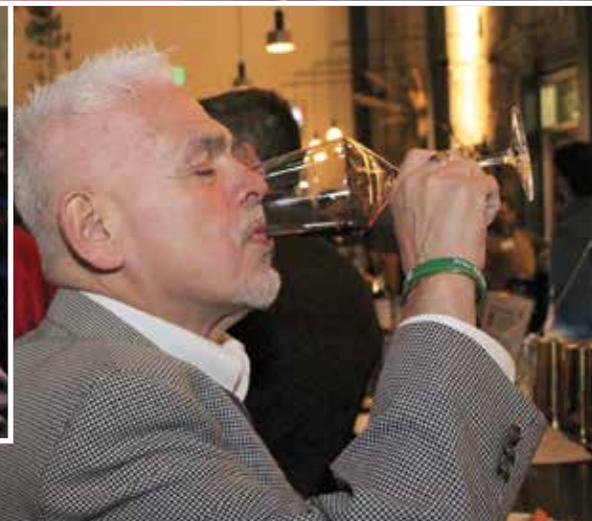
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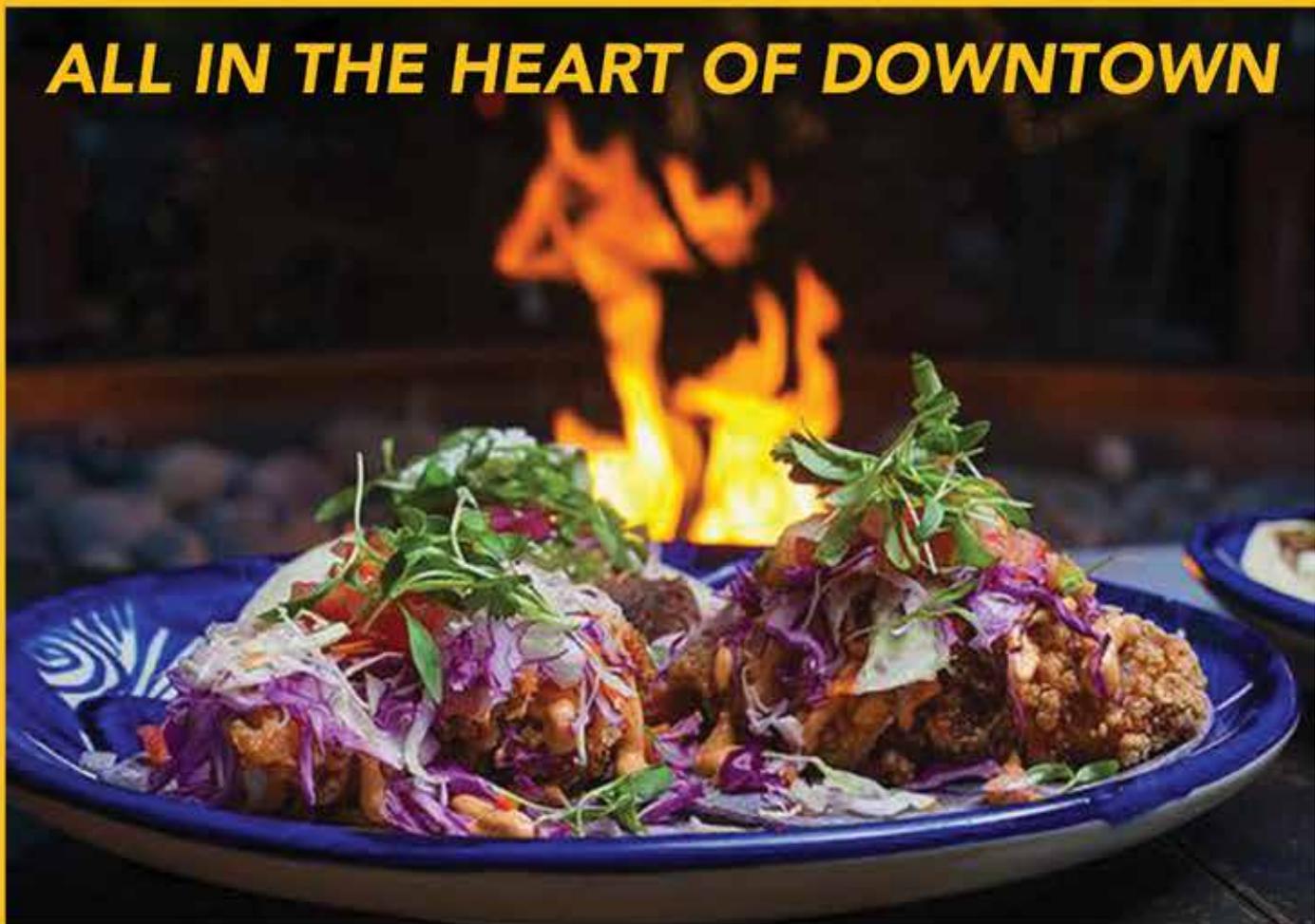
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# “Aquaman” Muscles Into Movie Theaters

by Chris Narloch

There is an epic battle playing out across America this Christmas, and I’m not talking about the war between Donald Trump and the Democrats over President Grinch’s border wall.

Spider-Man: Into the Spider-Verse



No, I’m referring to the battle at the box office between two huge holiday films: DC’s big-budget “Aquaman” epic vs. Marvel’s new animated hit, “Spider-Man: Into the Spider-Verse.”

After watching both films, I have to give the win (by a wide margin) to Spidey, at least in terms of quality, even though the wet and hunky Jason Momoa, who plays Aquaman, may ultimately come out on top at the box office.

I wanted to love “Aquaman,” but the fishy superhero’s first solo outing is so long, loud and laughable that I would recommend you check out the far more hip and original (and intentionally funny) “Spider-Man: Into the Spider-Verse” instead.

Sexy Jason Momoa isn’t the problem: the actor looks like a superhero in real life, and he has an affable, action movie charisma that plays like The Rock with surfer hair. The problems with “Aquaman” are the cheesy special effects, the tone-deaf script, and the wildly uneven direction.

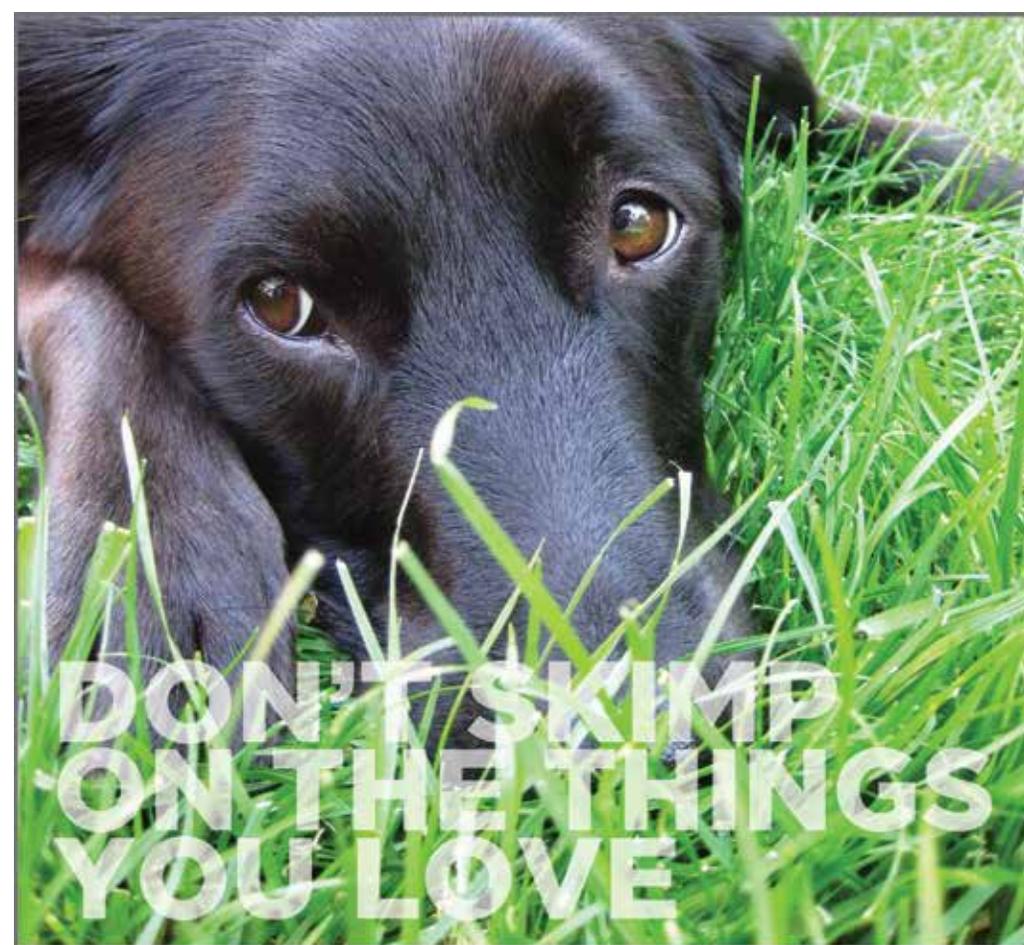
If you must see “Aquaman” by all means check out Momoa’s muscles on the biggest screen in town, at the Esquire IMAX on K Street. For information, visit

<https://www.imax.com/imax-esquire-oo>.

For many more reviews of new holiday movies, please go to [www.outwordmagazine.com](http://www.outwordmagazine.com).



Jason Momoa as Aquaman and Amber Heard as Mera in Warner Bros. Pictures’ action adventure “Aquaman.”



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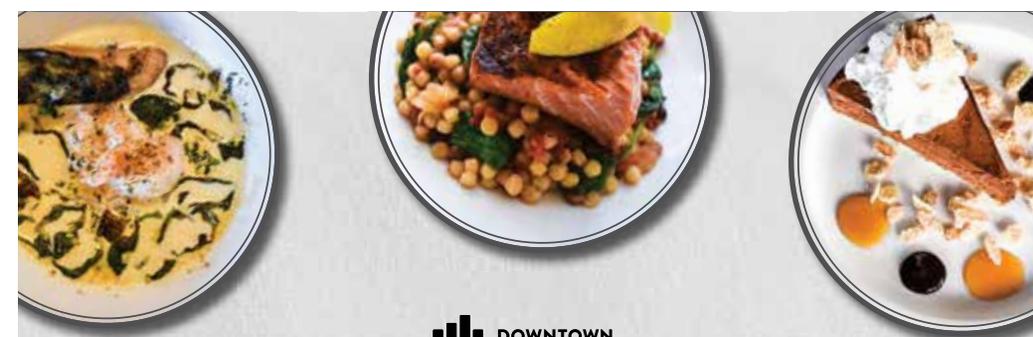
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# Grab A Slice Of Pie At Broadway Sacramento's "Waitress"

by Chris Narloch

Any critic who tries to tell you they don't have their own biases and favorites is lying to you (or lying to themselves), which is this critic's way of admitting that I was probably predisposed to love the new musical, "Waitress."



"Waitress" plays Dec. 27 - Jan. 5 in Sacramento.

As a dedicated fan of the clever pop songwriter, Sara Bareilles, and of the big-screen rom-com on which "Waitress" is based, my expectations were high for this musical tribute to girl power and the pleasures of pie.

Since I am also a fan of tales of female empowerment, and I never met a slice of pie I didn't like, "Waitress" feels tailor-made for me.

In fact, when I saw the show in NYC (twice!), the Brooks Atkinson Theatre sold warm pie, which was impossible to resist since the enticing aroma wafted into the auditorium just before intermission.

That clever tie-in (pie-in?) will be reproduced inside the lobby of the Community Center Theater during the Sacramento run of "Waitress," and I will be first in line to grab a slice after Act 1.

The pies the heroine of "Waitress" makes in the restaurant where she works figure into the musical's plot, which is about a waitress named Jenna who dreams of winning a pie-making contest that could change her life.

Since Jenna is married to a jerk, her life is in need of a new recipe, and she finds it after

she gets pregnant and then falls in love with her gynecologist.

Not surprisingly, things get complicated from there on out, but that's all I will disclose of the story, for anyone who hasn't already seen Adrienne Shelly's original (and delightful) 2007 film, which starred Keri Russell.

The female empowerment at work in "Waitress" extends behind the scenes, and the musical is the rare production to have an all-female creative team.

In addition to original music and lyrics by 6-time Grammy nominee Sara Bareilles ("Brave," "Love Song," "King of Anything"), "Waitress" features a book by acclaimed screenwriter Jessie Nelson, choreography by Lorin Latarro, and direction by Tony winner Diane Paulus.

"Waitress" had the misfortune to open in NYC the same season as "Hamilton," which is why you might not have heard much about it, but it is the only other show from the year of "Hamilton"-mania that is still playing on Broadway.

Don't miss the very funny and moving "Waitress" this Dec. 27 - Jan. 5. For more information, please call (916) 557-1999 or visit [www.BroadwaySacramento.com](http://www.BroadwaySacramento.com).

# Out & About

Drag Queens on Ice at the Downtown Ice Rink was a fun evening of skating, for a good cause.

Thanks to everyone that came and gave, we raised \$885 for NorCal AIDS Cycle, \$690 for CGNIE and \$1747 for Front Street Animal Shelter!

*photos by Fred Palmer*



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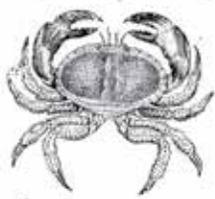
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# A Trio Of Soundtrack CDs

by Chris Narloch

I have always been a big fan and collector of cast recordings and movie soundtracks. This month, I highlight three of the finest film-related CDs from 2018, featuring great artists such as Lady Gaga, Pink, and Dolly Parton.

## The Greatest Showman: Reimagined Various Artists

I wasn't as crazy about the movie "The Greatest Showman" as many people were, but I did enjoy the music from the film. Now, there is a new CD out that remakes the movie's songs by replacing the actors who originally sang them with pop stars.

Fortunately, the pop stars enlisted are top-notch and include Panic! at the Disco ("The Greatest Show"), Pink ("A Million Dreams"), Sarah Bareilles ("Tightrope"), Zac Brown Band ("From Now On"), Kelly Clarkson ("Never Enough"), and Kesha ("This is Me").



ORIGINAL SONGS BY  
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## A Star Is Born Soundtrack Lady Gaga & Bradley Cooper

We all were aware of Lady Gaga's remarkable vocal talent before her big-screen debut, but who knew that Bradley Cooper could sing?

The handsome actor's rough and sexy songs are included on this impressive disc that contains all of both performer's songs from their remake of "A Star Is Born," plus snippets of the film's dialogue.

It's a very generous amount of new music, especially for fans of Gaga, who will no doubt enjoy such catchy compositions as "Shallow," "Always Remember Us This Way," "Heal Me," "Look What I Found," and "I'll Never Love Again."

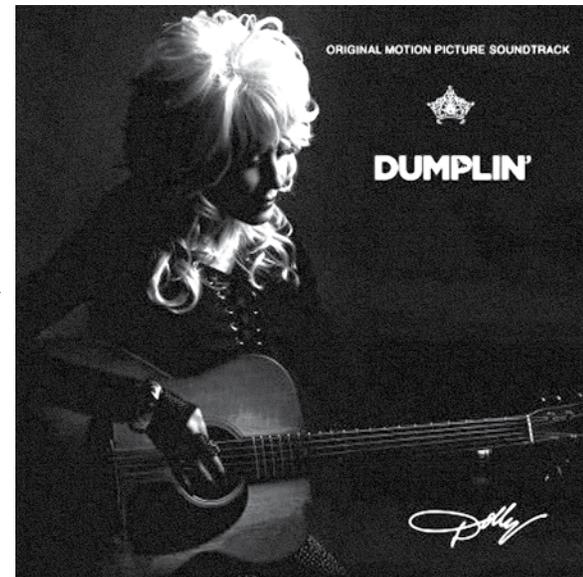


## Dumplin' Original Motion Picture Soundtrack Dolly Parton with Special Guests

If Lady Gaga doesn't win the Best Original Song Oscar for "Shallow," it will probably go to Dolly Parton, who should have won for "9 to 5" back in 1981 and will get another chance once "Girl in the Movies" is nominated.

"Girl in the Movies" is a standout cut on this soundtrack to a sweetly entertaining new Netflix film that successfully adapts a novel about an overweight teenaged girl who adores Parton.

The movie co-stars Jennifer Aniston, who even sings with Parton on one track, although the disc's other collaborations are more memorable and include duets featuring Parton and artists such as Sia, Mavis Staples, Elle King, Miranda Lambert, Macy Gray, Rhonda Vincent, and Alison Krauss.



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# Making Spirits Bright: A Look Inside the J.J. Pfister Distilling Company

words and photo by Kristy Harris - the Cave Grrl

The perfect drink always starts with the perfect pour of spirits. And the spirits are pretty perfect when they come from J.J. Pfister Distilling Company located right here in Sacramento! I was invited to tour their distillery and get a behind the scenes look at how grain and potatoes turn into some of our favorite adult beverages.



J.J. Pfister Distilling Company is Sacramento's only organic "farm-to-glass" distillery. In order to be an organic distiller, the products have to be made from all organic ingredients. Also, there can be no pesticides or any other non-organic chemicals used in the distilling process.

The name J.J. Pfister comes from owner Kevin Keck's great-grandfather. J.J. Pfister was born in Switzerland in 1844 and learned the knitting trade with his brother Henry. By 1876, J.J. had moved to the United States and started a business in a one-room factory knitting stockings, mufflers, and wristlets to sell on Market Street in San Francisco. This tiny operation eventually grew, and by 1916, the company was making their signature garment: the knit shoulder to knee swimsuit. If you tour the facility (which I highly recommend you do), you will see several pieces of clothing they produced.

Fast forward to 2015. By this time, Kevin Keck is a retired physician and his son, Brian, has earned graduate degrees in both Chemistry and Viticulture and Enology. The men decide to open their own distillery with Brian as Master Distiller.

Their new business needs a name and the Kecks decide on J.J. Pfister Distilling Company in honor of their family patriarch, and to carry on his legacy and dedication to excellence.

To best showcase the Capitol Gin made at J.J. Pfister Distilling Company, we were served a special cocktail called "Gin-gle Bells" The gin was combined with pomegranate honey, lemon juice, and apple cider, and packed a punch with its spice and herbaceousness. If you're interested in trying it, the recipe is below.

- Gingle Bells Holiday Drink
- 1.5 oz. J.J. Pfister Capitol Gin
  - .75 oz. pomegranate-rooibos honey

- .25 oz. fresh lemon juice
- 1.5 oz. spiced apple cider

Pomegranate-Rooibos Honey

- 2 cups raw honey
- 1 cup water
- 6 bags rooibos chai tea
- .75 cups pomegranate molasses

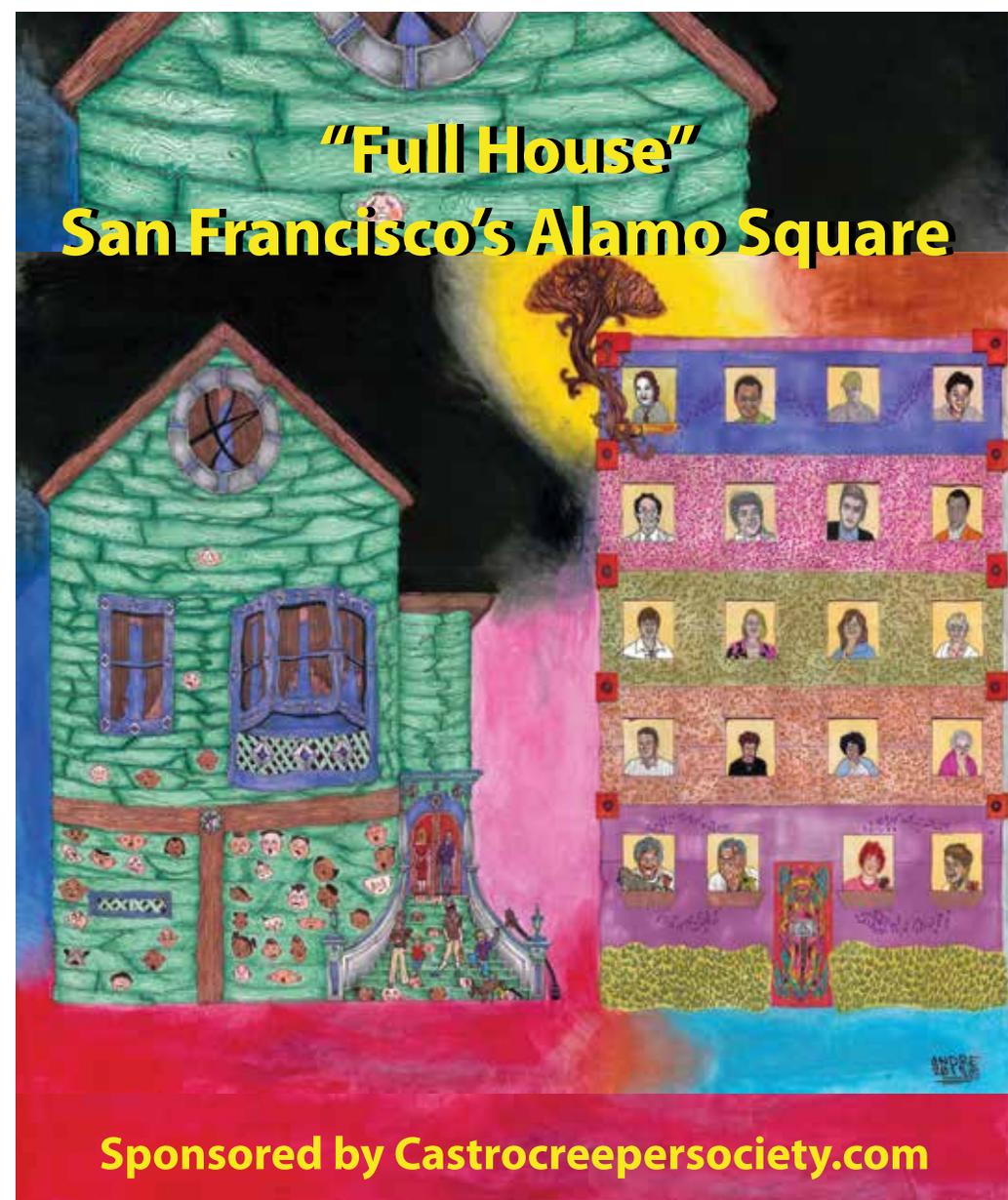
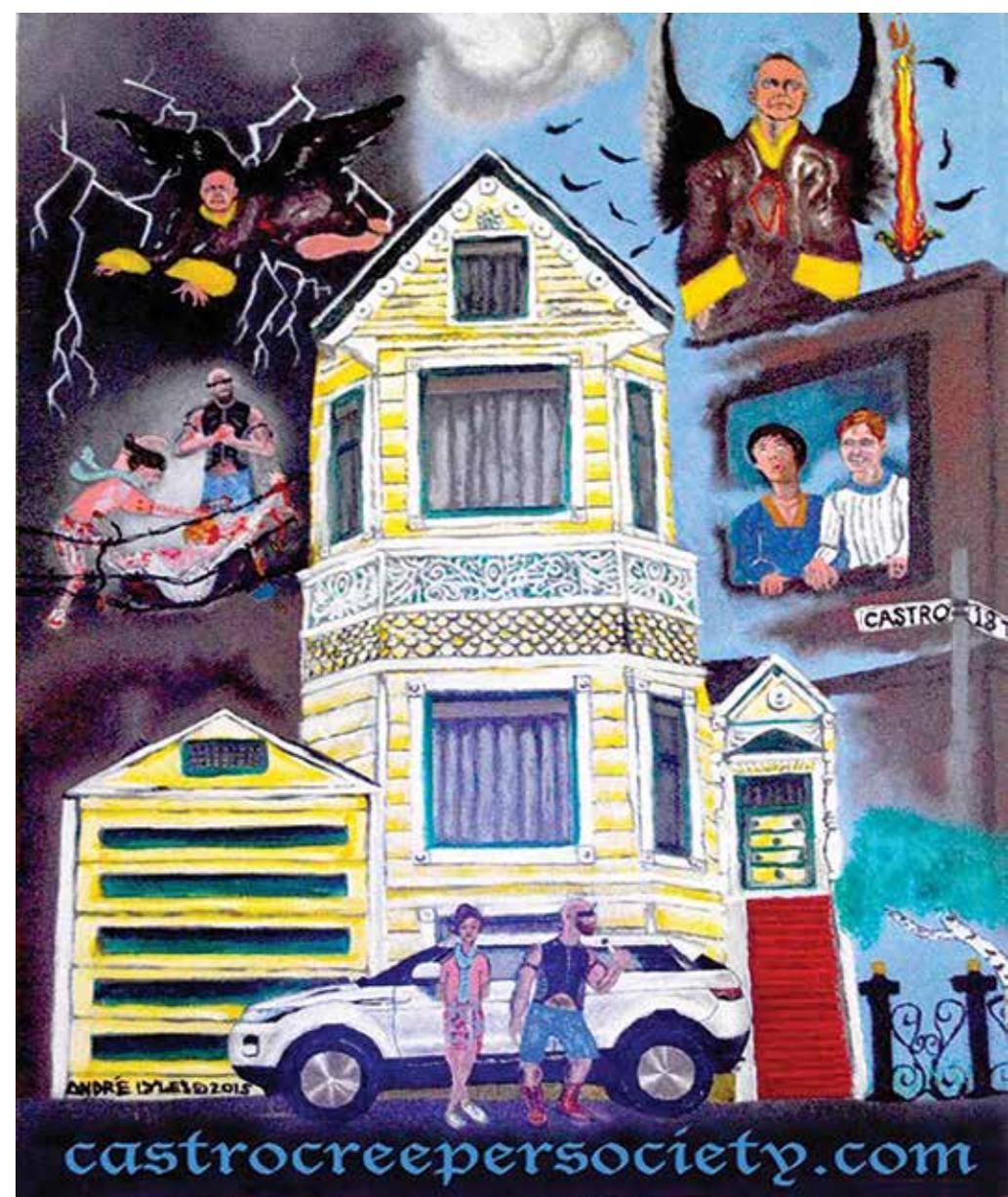
Make pomegranate-rooibos honey. Combine honey and water in a saucepan on medium heat until incorporated. Add tea bags and let steep for 1 hour. Remove tea bags, add pomegranate molasses, and stir. Keep refrigerated for up to 2 weeks.

Combine gin, pomegranate-rooibos honey, lemon, and cider in a cocktail shaker with ice. Strain mixture into a chilled cocktail glass and garnish with apple slices and freshly grated cinnamon.

Though I love a good cocktail, I preferred the gin straight. It was interesting to taste and smell the ingredients: juniper, orris root, angelica, cardamom, cubeb berries, coriander, lemongrass, fennel seed, and lavender (aka botanicals) used to make the gin. While on the tour, we learned that the gin is actually made from an ultra-premium rye vodka base and the botanicals are later added in.

Very soon, J.J. Pfister Distilling Company will launch other spirits, such as rum, bourbon, and rye whisky. For now though, they have their vodka and gin for sale in their tasting room. If you are still looking for Christmas gifts, they have holiday packaged bottles ready to go.

J.J. Pfister Distilling Company is located at 9819 Business Park Drive in Sacramento, and is open for touring and tasting on Fridays from 3 - 6 p.m. and on Saturdays from 12 - 6 p.m. To schedule private events or tastings please call (916) 672-9662.



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www.house-2-om.com

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www.weaveinc.org

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www.ilfornaio.com/sacramento

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lacosechasacramento.com

LUCCA RESTAURANT & BAR  
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www.LuccaRestaurant.com

Mayahuel  
Corner of 12th and K St.  
916-441-7200

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916-447-9220 MidtownFinancial.net

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101, 916-927-3137

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www.HotCold.com

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1500 21st St., 916-443-3299  
onecommunityhealth.com

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bill@lelandins.com

STATE FARM INSURANCE  
Stephanie Slagel, 916-485-4444  
StephanieSlagel.com

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michael@michaelpolandmortgage.com

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jeremy.williams@apmortgage.com

## OPTOMETRY

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DrCameronYee@aol.com

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contact@earthguardpest.com

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1 Shields Ave, Davis, 530-754-5000  
www.mondaviarts.org/events

## An Evening with David Sedaris

by Chris Narloch

Is David Sedaris ever home? Last time I checked, the author was living in Paris with his husband, but he seems to be permanently on the road, judging by his frequent visits to Northern California (and the rest of the globe).

I am not complaining, however, since Sedaris' live appearances are always sidesplitting fun. He is a master of satire and one of today's most observant writers addressing the human condition.

With sardonic wit and incisive social critiques, Sedaris has become one of America's pre-eminent humorists, which is especially apparent in his latest book, "Calypso."

David Sedaris will appear in Folsom, at Harris Center, on Tuesday evening, Jan. 15. For information, visit [www.harriscenter.net](http://www.harriscenter.net).



David Sedaris

# Community Calendar



## JANUARY

- Jan 3 • Drag Queen Bingo
- Jan 11 • *Outword* Happy Hour
- Jan 11-21 • Dine Downtown
- Jan 13 • *Outword's* Disco Tea w/ Jammin' Jo
- Jan 25 • *Outword* Happy Hour @ La Cosecha
- Jan 26 • Rainbow PAC Annual Crab Feed

## February

- 1-10 • Broadway on Tour presents "STOMP"
- 8 • *Outword* Happy Hour
- 9 • NCAC Feast of Love



## 2019 EVENTS FOR YOUR PLANNING

- March 10 • 7th Annual LGBT Wedding Expo
- May 16 • Farm to Scholar Dinner - Rainbow Chamber
- May 19 • Davis Pride
- June 1 • Pride Awards
- June 9 • Sacramento Pride
- June 1-9 • Pride Week

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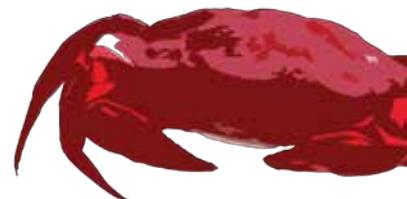
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