

# outwOrd

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Special Issue

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We did it! For fifteen years, we've come together to raise needed funding to support our community. And we'll do it again next year. Cyclists. Crew. Sponsors. Supporters. Thank you! - *Jerry Mitchell*



## Sacramento Home And Garden Show Returns To Cal Expo

The fall edition of the 38th annual Sacramento Home and Garden Show is returning to Cal Expo, October 11-13, with the newest in landscaping, gardening, patios, fencing, decks, heating and air, solar, insulation, remodeling, new construction, plumbing, kitchens, baths, closets, home furnishings, appliances, lighting, roofing, painting, gutters, home security, windows, doors, siding, tile, stone, granite, BBQs, pools, spas and more.

Guests at the show can sit, relax and learn at the Outword event center and demonstration kitchen with a full schedule of guests experts sharing tips, tricks and recipes. The C.G. Di Arie Vineyard and Winery wine garden offers an opportunity to sip, savor and support Saint John's Program for Real Change with an exclusive taste of fine local wines. The full \$10 wine tasting contribution will go straight to Saint John's to help break the cycle of poverty and abuse that leaves many women and children living in crisis.

"Show visitors get to meet a variety of top local home improvement experts in a casual, comfortable, no-pressure environment," said Holly Clermont, show director.

Friday, October 11, Noon - 6 p.m.  
Saturday, October 12, 10 a.m. - 6 p.m.  
Sunday, October 13, 10 a.m. - 5 p.m.  
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For discount tickets and more information, visit [SacHomeandGardenShow.com](http://SacHomeandGardenShow.com).

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# Robert L. Lavelle 1926-2019

By Jim Carlson

I met Bob when the movie Beginners starring Christopher Plummer came out. It was the story of a man who lost his wife after many years of marriage and who soon came out as a gay man to his son, his friends and the world. Bob, who had lost his wife of many years, said the film was his story. He joined many gay groups and hosted many gay events. Particularly popular were his mid-summer pool parties for Prime Timers and California Men's Gathering at his home in Land Park.

My own acquaintance with Bob began at Lemon Grass at a Prime Timer's dinner. I was taken with this older gentleman's intelligence and sartorial choices -Brooks Bros. shirts and his signature argy le socks. When I visited his home I met his two daschunds who looked like canine reincarnations of Laurel and Hardy. I used his pool and left my clothes by the pool. When I picked them up they were urine-soaked. Chief suspect: Louie the alpha dog who didn't seem to care much for my presence. Later I went with Bob to his beloved St. Francis of Assisi church where a priest blessed the dogs on the church steps. Louie's behavior toward me seemed greatly improved after the blessing. The church steps also served as the site of Bob's Saturday 5pm ritual of serving the hungry who came in from the streets.

We had the opportunity to attend an International meeting of Prime Timers in Palm Springs. Bob enjoyed the ambience and Hollywood connection to this area. He also had answered the ageold question of what do men in kilts wear under them. This was a new life for Bob and he swallowed every moment.

Bob was very proud of his Sacramento heritage, pioneer Irish settlers. He was proud of his uncle who had designed the State

Capitol grounds as well as "Uncle Newt", the well-known Sacramento Bee cartoonist. He was a graduate of McClatchy High School and

UC-Berkeley. He started in advertising and ended his professional life in social services, a perfect fit for a man who was all about service. In addition to feeding the hungry on Saturdays he made regular jail visits to those who were incarcerated and served on several boards. He was a true Franciscan and Christian.

He had framed cartoons from Uncle Newt along with an extensive art and book collection. Nearly all of these items were sold in an estate sale when he sold his house and moved to the Chateau, a senior living facility. This occurred at the same time he had to give up driving. He made all these changes with good grace and without complaint.

He re-created his life at the Chateau to include movies, stage plays (his favorite B Street Theatre moved right next-door to him), and Wednesday noon concerts. His new wheels was a scooter that got him everywhere in congested midtown even his favorite Biba's where Biba always treated him as a celeb. He hosted a monthly book club. In Bob's company one never needed to ask Google. Just ask Bob.

Note: It is with some sadness that I don't see the obituary that Bob had composed for himself in the Bee. The newspaper memoriam does not include the self-acknowledgments made late in his life. He was proud to have done that and wanted to share and encourage others as he had done in a locally-produced video called "It Gets Better." Contributions may be made to the LGBT Center in Sacramento.

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# Out & About With Matt

by Matthew Burlingame

Put away the swim trunks and get out the leaf blowers because Autumn is on the horizon! Let the harvest festivals, costume fittings and trips to Apple Hill commence! This is such a beautiful time of year in Sacramento and we are reminded why we are the city of trees.

Join us for this month's *Outword* for Liquid Therapy Monthly Happy Hour at Badlands, 2003 K St. on September 13!

The Rainbow Chamber's premier yearly scholarship fundraiser Boas & Bow Ties returns on September 19 at the Sacramento Hilton Arden West, 2200 Harvard St. This fancy dress evening will feature Rogue Music Project, Anthony Avery, a keynote address by Reichen Kuhl and Master of Ceremonies Kory. there's also an auction so bring your checkbook! rainbowchamber.com

September 18 is National HIV/AIDS and Aging Awareness Day. People with HIV are living longer thanks to treatment with HIV medicines. An estimated 47% of people in the United States with diagnosed HIV are aged 50 and over. Older adults may be less aware of the importance of testing to detect HIV in its earliest stages. In 2016 the CDC reported that a high percentage of people aged 55 and older receiving an HIV diagnosis had advanced to full blown AIDS status. Learn more at hiv.gov

Those of us who love music from the 1980s and 90s need to grab their tickets for Air Supply and Wilson Phillips at Thunder Valley Casino Resort, 1200 Athens Ave., Lincoln CA, on September 20 at 7 p.m. thundervalleyresort.com

The Sacramento LGBT Center has relocated to 2012 K Street in order to meet the urgent need for more space to serve clients while still trying to purchase a permanent home for the Center. The 6,000 square foot temporary space will accommodate all of their current programs and provide a larger Q-Spot youth center while offering more confidential and community meeting space. Want a tour? Reserve a spot on a Get Centered tour by contacting the Center. Saccenter.org

The Melanin Movement and Latinx Sin Fronteras are hosting a Trans Family Day

celebration on September 21 for trans and non-binary folks and their families to come together and hold space. The event which was created by trans and non-binary folks, for trans and non-binary folks will include music, food, games, and entertainment at Southside Park.

Sacramento Pagan Pride celebrates their 20th annual Harvest Festival September 14-15 at the VFW Post 6158, Fair Oaks Center Township, 8990 Kruitof Way, Fair Oaks. Some entertainment will include a pizza eating contest, full moon ritual, live DJ, fire dancers, plus plenty of crafts, booths and merriment. All donations collected will go toward supporting veteran needs. Saccapaganpride.com

Can't get enough RuPaul's Drag Race? Come see the Werq The World tour September 20 at the Sacramento Memorial Auditorium, 1515 J St. Mission leader Asia O'Hara is on a journey to save the universe with the help of her intergalactic queens including Kameron Michaels, Kim Chi, Naomi Smalls, Plastique Tiara, Vanessa "Vanjie" Mateo, & Season 11 winner Yvie Oddly! sacramentoconventioncenter.com

Those looking forward to this year's Pineapple Classic will be disappointed to learn the event has been cancelled due to lack of participation. Those who already paid for the September 28 event will receive a refund.

Happy birthday to Jason Lindo, Robert Berquette, Emma Haney, Tabitha Stout, Rob Williams, Scott Smoot, Jen Ikemoto, Ginny McReynolds and Penny Kline. Also special happy birthday wishes to *Outword's* Ron Tackitt!

Got events, birthdays, anniversaries or did something awesome happen to you recently? Let Matt know at matthew.burlingame@gmail.com. Check out his books at JustKissTheGuy.com

## Women's March Foundation Launches Back To School Nationwide Voter Registration!

Women's March Foundation (WMF) launches Back To School Nationwide Voter Registration initiative focusing on youth. Youth is the LARGEST emerging voting bloc and WMF's aim is to capture their attention during "Welcome Weeks" at colleges and universities across the country. As students prepare to start their academic year at colleges and universities, this program will reach them on their turf, encouraging them to take advantage of their voting privilege.

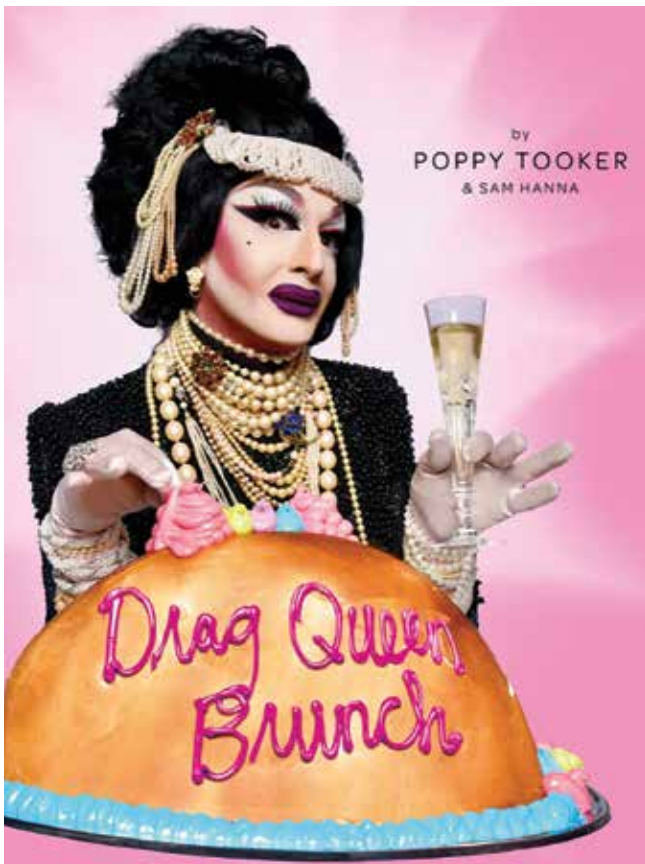
College and university "Welcome Weeks" are heavy voter registration time periods and occur now through September. The national initiative will encourage Women's March Foundation Warriors (volunteers) across the country to connect with their local colleges and universities, requesting to participate in voter registration drives.

WMF will equip volunteers with a WMF tote bag, including the following supplies: Volunteer shirt • Voter Action tabling poster • Voter registration forms • WMF giveaway buttons

Volunteers that are interested can sign up by clicking the below Action Network link: [https://actionnetwork.org/forms/back-to-school-voter-registration-kit-request?source=direct\\_link&](https://actionnetwork.org/forms/back-to-school-voter-registration-kit-request?source=direct_link&)



**D**RAG QUEEN BRUNCH is a new eye-popping, jaw-dropping cookbook-meets-lifestyle-spread by award-winning author, TV personality and host of NPR-affiliated radio show “Louisiana Eats!”, Poppy Tooker. Tooker’s captivating personality combined with her vast knowledge of both Drag culture and culinary history of New Orleans make this book a must-read for foodies, history buffs and lifestyle enthusiasts.



In DRAG QUEEN BRUNCH, Tooker, one of New Orleans’ most celebrated preservationists and historians, combines the history and tradition of New Orleans drag culture with striking imagery, captivating stories and curated recipes from some of the city’s most acclaimed restaurants and chefs, including Commander’s Palace, Brennan’s, Antoine’s, Alon Shaya, Isaac Toups and more.

This page-turning book features sizzling spreads and profiles of 15 drag beauties; stunning photos by Sam Hanna; a foreword by nationally-renowned drag artist Vinsantos Defonte; and 60 mouthwatering brunch recipes including egg Sardou, crabmeat cheesecake, Caribbean Milk Punch and Legs & Eggs. The book’s epilogue is a fascinating account of 70s drag culture.



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# LGBT Center Announces Half-Million Dollar Investment from Sutter Health

The Sacramento LGBT Community Center announced a \$500,000 capacity building investment from Sutter Health as it opened its new location at 2012 K Street in Lavender Heights. The investment will support increased access for LGBTQ+ people to preventive sexual health and mental health support, homeless and at-risk LGBTQ+ youth support services, youth development activities, and cultural competency education over the next three years. Funding will increase the organization's physical space, staff and development capacity.

"We are extremely grateful for Sutter's investment in our community's future. Both the scale of this contribution and engagement by Sutter employees in our programs are an acknowledgement of how severe the need is in our community and demonstrate their commitment as a partner in our work to create a region where LGBTQ people can focus on all aspects of their health and well-being," said David Heitstuman, Executive Director of the Sacramento LGBT Community Center.

"As a not-for-profit organization, Sutter Health is proud to reinvest in the communities we serve," said Keri Thomas, Vice President of External Affairs for Sutter Health Valley Area. "Improving the health of our communities starts with innovative thinking, diverse voices and inclusive approaches. We're glad to team up with others within the community to help the Center expand services, which can now reach even more LGBTQ+ youth and foster youth so they may feel supported, safe and empowered."

The announcement came the same week that the Sacramento City Council approved a \$750,000 grant to help the Center purchase a permanent home that will meet the LGBTQ community's current and future needs. Its long-time headquarters on L Street and annex office at 25th and J had significant structural deficiencies and were drastically undersized to keep up with recent growth. Since 2016, the organization launched six new programs,

including three housing programs, and added 24 staff positions.

Sutter Health's transformational funding commitment, and grants from the Johnson Family Foundation and Golden 1 Credit Union announced earlier this year, has allowed the Center to meet urgent space needs by relocating to a temporary site at 2012 K Street, while simultaneously executing its plan to purchase a permanent home for the Center. The 6,000-square foot temporary space will accommodate all current programs and provide a slightly larger Q-Spot youth center. It also offers more confidential and community meeting space, improved connectivity across the Center's continuum of health services, full accessibility via an elevator, three gender neutral restrooms, and more adequate workspace for staff, which will deliver greater opportunities for collaboration and better client outcomes.

This expanded capacity is especially important for hundreds of LGBTQ+ youth experiencing homelessness who will have access to food, clothing, survival supplies, showers, transportation, life skills development, mental health respite, crisis intervention, counseling, case management, emergency shelter and transitional housing on a pathway to self-reliance. Additional square footage creates opportunity for more on-site mental health services, community education workshops, social justice advocacy, and community and cultural enrichment activities for thousands of LGBTQ+ community members who visit the Center each year.

"More than 40 years after the organization's founding, we are elated to have the confidence and support of Sutter Health and the City as catalysts in our campaign to establish a permanent home for the LGBTQ community in Lavender Heights," said Center Board President Carlos Marquez.

The Sacramento LGBT Community Center works to create a region where LGBTQ people thrive. It supports the health and wellness of the most marginalized, advocates for equality and justice, and works to create a culturally rich LGBTQ community.

For more information on the expansion, programs, and services, visit: [saccenter.org](http://saccenter.org) | [facebook.com/SacLGBTCenter](https://facebook.com/SacLGBTCenter) | [youtube.com/SacCenter](https://youtube.com/SacCenter) | [twitter.com/SacLGBTCenter](https://twitter.com/SacLGBTCenter).


Sutter Health is more than 60,000 people strong thanks to its integrated network of clinicians, employees and volunteers. Headquartered in Sacramento, Calif., Sutter Health provides access to high quality, affordable care for more than 3 million Northern Californians through its network of hospitals, medical foundations, urgent and walk-in care centers, home health and hospice services. Nearly 14,000 physicians and advanced practice clinicians care for Sutter patients.

For more information about the Sutter Health network visit:

[sutterhealth.org](http://sutterhealth.org) | [facebook.com/sutterhealth](https://facebook.com/sutterhealth) | [youtube.com/sutterhealth](https://youtube.com/sutterhealth) | [twitter.com/sutterhealth](https://twitter.com/sutterhealth).

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# The 2019 Farm-to-Fork Festival

September is here in Sacramento, and that also means that the Farm-to-Fork Festival returns to the region. From an evening toasting local wine legends on the steps of the capitol, to two days of live music, fresh food and more, this season's Festival is packed with experiences that can't be found anywhere else.

## Raise a Glass at Legends of Wine

We'll let you in on a little secret – the largest crop coming out of Sacramento County last year wasn't rice or tomatoes. It was wine grapes. And that powerhouse crop is fueling some of the most incredible wines in Northern California. Now, here's your chance to taste some of the best.

Raise a glass at Visit Sacramento's seventh annual Legends of Wine evening Thurs., Sept. 19 from 6 – 9 p.m. at the breathtaking California State Capitol. Explore pours from more than 30 regional wineries that were exclusively selected by international wine legends Darrell Corti and David Berkley. Favorite area restaurants will also be onsite with selections of Sacramento's farm-to-fork cuisine. Tickets at [farmtofork.com](http://farmtofork.com).

## The Biggest Fresh Food Party of the Season

Don't miss what are arguably the most anticipated two days of September's events – the 2019 Farm-to-Fork Street Festival on Capitol Mall. The Festival again returns for two days (Sept. 27 and 28), bringing with it more than a mile of the people, tastes and experiences that make Sacramento

America's Farm-to-Fork Capital.

The Street Festival concert series will run through both days, headlined by Lukas Nelson & Promise of the Real, alongside artists like ZZ Ward, Barns Courtney, Samantha Fish, Nate Smith and me & you.

The concerts are admission-free, and seating is first come-first served. The music lineup can be found at [farmtofork.com](http://farmtofork.com).

Throughout the event, cooking demo stages will showcase everything from live performances from The World Butcher Challenge's Team USA to live recordings of a popular food and farm podcast. The full lineup will be available in September.

Festival-goers can also explore food from local restaurants and purveyors, along with a wide selection of local wine and beer. Area farms and ranches, non-profits and more will bring interactive exhibits, as well as kids' activities.

Visit Sacramento's Farm-to-Fork Street Festival remains admission-free, thanks in part to the proceeds from sponsor ticket sales from the Tower Bridge Dinner.

## Bring Your Friends

Have friends and family coming from out of town to experience the Festival for themselves? You can browse weekend itineraries and hotel options at [farmtofork.com](http://farmtofork.com) and [visitsacramento.com](http://visitsacramento.com).

## Even More Farm-to-Fork Fun

In addition to Visit Sacramento's events, the region will be full of special festivities dedicated to farm-to-fork all month long. Be sure to check out Sacramento 365 throughout September to find farm-to-fork festivities happening near you!



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## Brandon Meadows

By Alan RP Irvine, Owner Scott's Seafood on the River

The first thing you notice about Brandon is his cap. It's not pretty, but it's him. It works. It's practical, he can cook in it and it has character. Just like him.



Brandon Meadows

Brandon is first and foremost a family man. When chefs are asked by reporters where they eat when off duty, the usual answer is some cool, upscale or off beat dining spot, but not Brandon. He eats at family restaurants with his wife and daughter. He is not pretentious, just a straightforward, honest, what-you-see-is-

what-you-get kinda guy. luminaries as Tyler Florence and Iron Chef Hiroyuki Sakai.

He brings new ideas to the table all the time and is presently developing a modern interactive dining program for the catering department, while planning the fall changes for the dining room menus. He has great depth of knowledge in every aspect of food,



Yellowtail and Caviar Crudo

what-you-get kinda guy.

But that's not the whole story. This chef loves food and he is talented! He is a graduate of the California Culinary Academy in San Francisco and developed his skills in some very prestigious kitchens, including the Grand Hyatt San Diego, the Southwestern Yacht Club and the Intercontinental Hotel in Century City where he worked with such

from food chemistry to unusual and interesting ingredients and how they play off other foods, to wine pairings and creative presentations. He has developed a program with a small local farm to provide Scott's with specific produce that will work with our

**Meadows**  
continues on page 26

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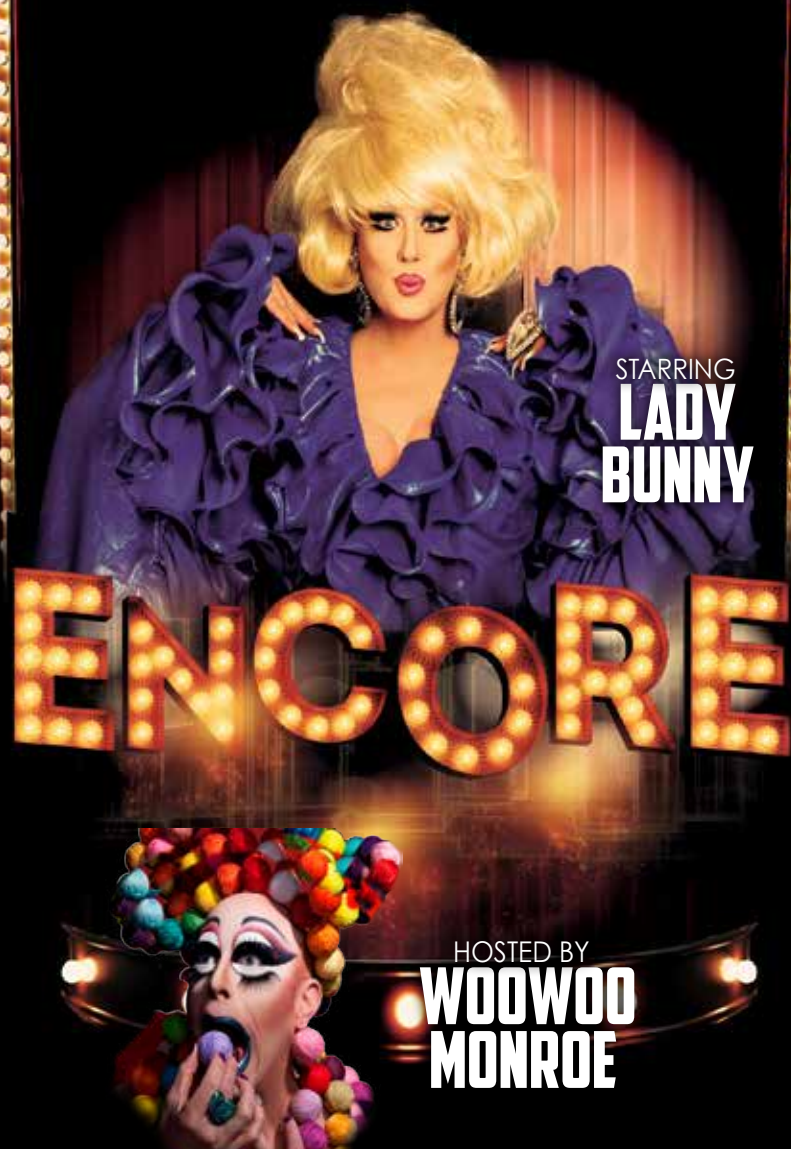
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# Eating Behind Bars

By Liz Blum

In a room with fluorescent lights overhead and no windows, our class sits in a circle on blue plastic chairs. We arrange our bodies to prepare for a group meditation, focusing all our will power on letting the loudness of outside fall away, to focus on breathing deeply, and feeling our feet on the floor.

At Folsom Women's Facility, we meet every Saturday morning, growing food inside the prison walls while learning about food systems and environmental science. Today we are watching Food Inc., discussing industrial agriculture, and I am told stories of what individual's diets used to be like before they were locked up. "I was vegetarian" one student said, as we watched brutal footage of factory farms, "but in here, it's impossible."

Prison food is notoriously bad, and some would argue that it should be. While there is growing attention on the welfare of people who are incarcerated in the Sacramento region, there is little discussion of what food looks like behind prison walls and how that affects one's mental and physical health.

"We're always hungry in here", Janice stated. Janice is elderly and is one of the frailest people in prison. There is little to no data available on the type of food provided in California Department of Corrections, and after visiting many California state prisons, have found that each prison has it's own policies around the food they provide. There is rare independent oversight to ensure that safe and nutritious food is provided on a daily basis. One person in Folsom Women's Facility described her experience working in the kitchen, explaining that the boxes with meat products often read 'not fit for human consumption'.

Despite the daily negligence and

violation of basic human rights, people incarcerated are extremely creative with cooking good meals, combining commissary items to cook on makeshift stoves, and sharing meals that remind them of home. Often, their food 'options' are far distant from meeting their basic nutritious necessity. And even worse, they are the only non-moldy thing to eat. Imagine battling

If one is working on rehabilitating themselves, healing from their past trauma, and improving their mental and physical well being, one must be nourishing their body.

physical or mental health issues without access to nutritious food.

When we leave the classroom at Folsom Women's Facility and venture into the garden, we're welcomed by butterflies and the bright colors of flowers and fruits.

The sounds, smells, air, and sunlight embrace us. Fifteen beautiful people, who may have made a mistake ten to twenty years ago, who were given the rare privilege of being in this program, proceed to tend to the garden. We harvest some eggplant and divide it evenly, eating it raw because it cannot leave walls surrounding our garden, returning back into the grey cement covered yard. We nourish our bodies with small bites of cucumbers, tomatoes, and herbs, closing our eyes and wishing this could be reality forever.

If one is working on rehabilitating themselves, healing from their past trauma, and improving their mental and physical well being, one must be nourishing their body. Behind bars, without consistent access to nutritious food, there are long-term health consequences. The Prison Policy Initiative reported that just one year in prison takes two years off an individual's life expectancy.

Research has shown that food provided in California jails and prisons is not just gross, also it is nutritionally inadequate. When people incarcerated in California jails and prisons do not receive the minimum requirements of fruits, vegetables, protein, and whole grains, how does that affect their ability to sustain physical and mental wellness? How can we expect "rehabilitation" without providing adequate nutrition?

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# In Memoriam...

Photo Credit: Jason Sinn Photography



Biba Caggiaino

The Farm to Fork edition of *Outword* would be incomplete without a tribute to the one and only Biba Caggiaino, 82, who passed away at the end of August after battling both Alzheimer's and Parkinson's disease. What Alice Waters is to Berkeley and the Bay Area, Biba was to Sacramento: a beloved celebrity chef, author and restaurateur. Biba, the Italian restaurant on Capitol Avenue named after her, set the bar for fine dining in Sacramento for decades, and is still going strong today. Caggiano was a fixture in her restaurant, both in the kitchen and out front in the dining room where she loved to interact with patrons. She will be greatly missed. Grazie, Biba!

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# “RENT” Lights A Candle In Folsom

Winner of a Pulitzer Prize and four Tony Awards, Jonathan Larson’s “RENT” is an inspiring message of joy and hope in the face of fear. “RENT” continues to speak loudly and defiantly to audiences across generations. This 20th Anniversary presentation involves many of the creative team from the Broadway production and will perform at Harris Center the weekend of Sept. 27-29, 2019. For more information, please visit [www.harriscenter.net/](http://www.harriscenter.net/)



# Ty Herndon’s “So Small” Video Debuts



Ty Herndon

Check out the new video for “So Small” (a song originally co-written and sung by Carrie Underwood) from Grammy-nominated country singer-songwriter (and *Outword* fave) Ty Herndon, who just released his highly-anticipated album of covers, “Got It Covered.” The video features the youth of The Rainbow Squad, a Nashville-based group that provides a safe space and community resources for LGBTQ+ kids. Watch Ty Herndon’s “So Small” video at:

[www.youtube.com/watch?v=nGpcuspZK6U&feature=youtu.be](http://www.youtube.com/watch?v=nGpcuspZK6U&feature=youtu.be)

# Don’t Miss Ken Burns’ “Country Music” on PBS

By Chris Narloch

Fans of real country music won’t want to miss the must-see TV event this month, a new documentary by the great Ken Burns, who previously directed such highly-acclaimed non-fiction films as “Baseball,” “The Civil War” and “Jazz” for PBS.



An image from Loretta Lynn’s 2004 album “Van Lear Rose,” produced by Jack White.

“Country Music” chronicles the highs and lows of the genre’s early days and then follows its evolution over the course of the 20th century as it emerges to become “America’s Music.”

This riveting Burns feature also focuses on the biographies of the fascinating trailblazers who created and shaped country music, including Hank Williams, Patsy Cline, Johnny Cash, Loretta Lynn, Willie Nelson, Dolly

Parton, Merle Haggard, Emmylou Harris, Garth Brooks and many more.

Blessedly, “Country Music” concludes in 1996, before the rise of bro’-country acts like Blake Shelton and Florida Georgia Line.

Burns’ sixteen-hour series on the history of country music will air in two-hour installments over eight nights, Sept. 15-18 and 22-25. For more information, visit [www.kvie.org](http://www.kvie.org).

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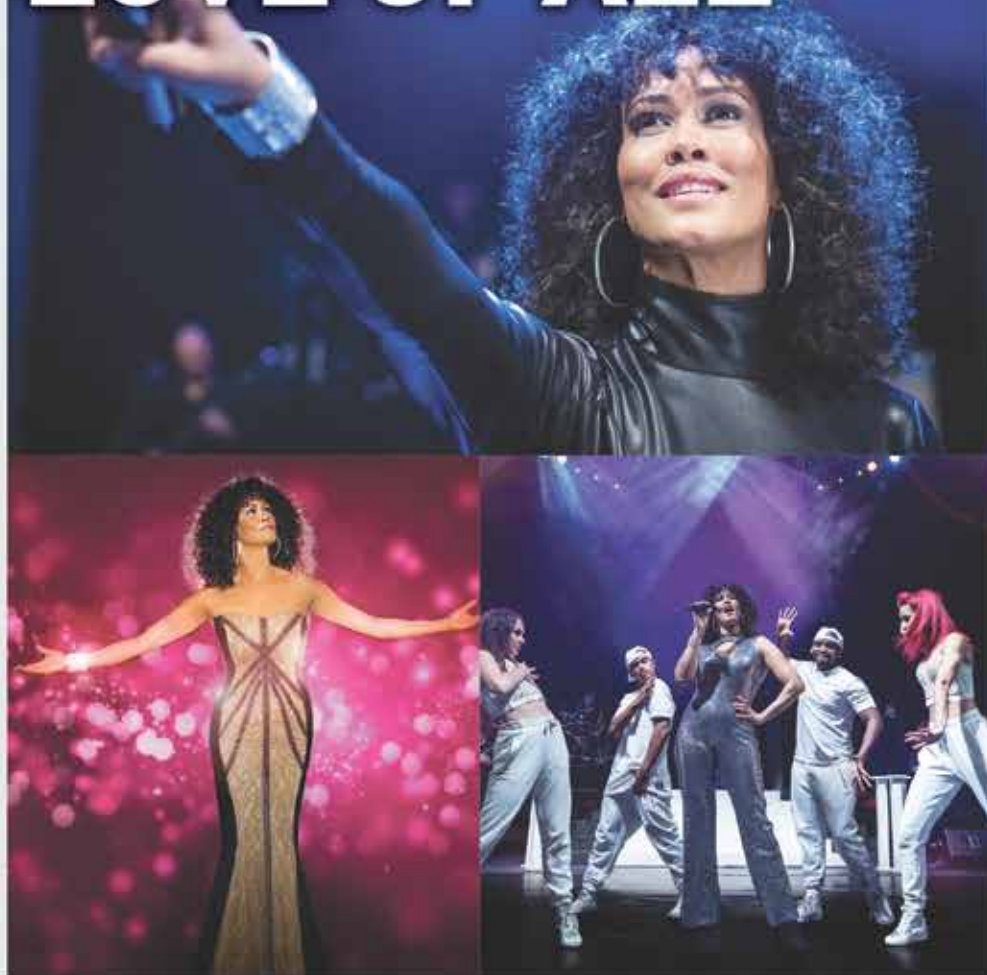
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## “Between Riverside And Crazy” is Crazy-Good Theatre

By Chris Narloch

If you only have time for one play in Sacramento this month, “Between Riverside And Crazy” at Capital Stage is the one to see. A dream cast, skillful direction and a great script combine to make this darkly funny drama a must-see theatrical event.



(From L to R) Aaron Wilton, James Wheatley and Kelley Ogden

The distinguished local actor and director James Wheatley (who runs Celebration Arts) anchors the production with a towering performance in the role of a lifetime.

Wheatley plays Pops, a crafty, older African-American man between a rock and a hard place who attempts to keep his shaky future from falling apart after his wife dies and he is injured in an accident.

Pops is a retired cop who lives in a rent-controlled apartment he shares with his son, Junior (a very good James R. Ellison, III), who is recently released from jail.

There is no end to the drama once Junior's pregnant girlfriend (the funny Viktoria Luna) shows up and then a couple of cops (Kelley Ogden and Aaron Wilton, both excellent)

make Pops a settlement offer he can't refuse – or can he?

Also along for the ride are a mysterious Church Lady (Dena Martinez) and the recovering addict Oswald (Nestor Campos, Jr.). Both Martinez and Campos, Jr. make strong impressions during their characters' brief time on stage.

Director Judith Moreland does a superb job keeping all the “craziness” real, and her first-rate cast and playwright Stephen Adly Guirgis's terrific story and dynamite dialogue do the rest.

The Capital Stage production of “Between Riverside And Crazy” plays through Sept. 29. For more information, visit [www.capstage.org](http://www.capstage.org).

## Jason Momoa Muscles His Way Into Sacramento

Jason Momoa, who rocketed to superstardom on the big screen in “Justice League” and “Aquaman,” has been added to the list of talent scheduled to appear at Wizard World Sacramento, set for Sept. 20-22, 2019 at Cal Expo. The event marks Wizard World's return to California, and first time at Cal Expo. Momoa will appear on Saturday, Sept. 21. For more information, visit [www.wizardworld.com/comiccon](http://www.wizardworld.com/comiccon).





# You'll Be Scared "IT"-less By Chris Narloch

The new horror 'sequel' to "IT" will no doubt scare up a ton of money at the box office, but if you don't care to be scared I have several other big screen recommendations for you this month.

**IT**  
I say enough already with the bloated sequels that are twice as long as they need to be. The fine young actors in the first chapter of "IT" made that movie work, despite its over-reliance on jump scares, but the second chapter is an overlong disappointment.

Several of the adult actors don't match up with their younger counterparts, and the entire movie is padded and stretched out to an absurd length (2 hours and 50 minutes) that would hobble even the finest of horror films.

Scary movies need to be lean and mean so the suspense doesn't leak out (and so we don't have time to think about how ridiculous the whole thing is), but Warner Bros. gave the filmmakers a ton of money after the success of the first movie, and the result is this overstuffed sequel.

The new "IT" isn't a total dud, however, and hardcore fans of the material will find several successful sequences to enjoy. For one, I will never look at a fortune cookie the same way after the film's Chinese restaurant scene, and a later sequence involving a disembodied head that turns into a spider is genuinely shocking.

Also, there is no denying the fact that Pennywise, the killer clown, is one of

Stephen King's most horrific creations, and actor Bill Skarsgard is just as creepy (if not more so) in the newer movies as Tim Curry was at playing Pennywise in the inferior TV version of "IT."

**Brittany Runs A Marathon**  
If you've ever felt physically and/or mentally out of shape - I know I have - then this funny comedy about an overweight single gal who dreams of running the New York City Marathon is for you.

I was thoroughly entertained by the movie, which is based on a true story and stars the very talented (and edgy) comedic actress Jillian Bell as Brittany, a pudgy party girl who decides to turn her life around.

"Brittany Runs A Marathon" is playing at Sacramento's Tower Theatre.

**The Peanut Butter Falcon**  
If you can find a theater that is still playing this terrific little movie starring Shia LaBeouf and Dakota Johnson, do not miss it.

LaBeouf totally redeems himself with an extremely moving performance as an outlaw who helps a runaway with Down syndrome (Zack Gottsagen) realize his dream of becoming a wrestler.

With that potentially sappy story, the film shouldn't work, but against all odds "The Peanut Butter Falcon" is a total charmer



**Bill Skarsgard plays Pennywise in "IT: Chapter Two"**  
from start to finish.

**Fiddler: A Miracle of Miracles**  
I haven't seen this documentary yet, but the film is getting rave reviews for its examination of the legacy of the timeless musical classic "Fiddler on the Roof."  
When "Fiddler..." opened on Broadway in 1964, it explored themes of tradition,

religion, and anti-Semitism against a modern backdrop of radical social change that addressed gender roles, sexuality, and race. Those themes are all still relevant today, and that is why "Fiddler on the Roof" will probably always resonate with audiences. "Fiddler: A Miracle of Miracles" opens at Sacramento's Tower Theatre on Sept.13.





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# ZD Wines...A New Perspective!

*words and image by Diana Kienle*

Just the other day I was doing some “heavy” lifting, picking up some orders I had placed on line for wine at properties in the valley. It was a tough day, yes, but someone has to do it! I drove up Spring Mountain to Pride, and to Spottswoode in St. Helena. With all that work, I knew I needed a tasting. It was that time of the day!

ZD Wines came into sight as I came northbound on the Silverado Trail. As my memory served me, it was a winery that did not require an appointment so I pulled right on in. Upon walking into the tasting room, it was clear a lot had changed since my last visit. The front tasting area was now expansive with an open glass wall to the barrel room. The entire area was modern with a bar to the side. Real renovation had taken hold.

I was welcomed and my visit started with a lovely Chardonnay in hand. This wine had always been one of my favorites of their portfolio. My tour guide escorted me upstairs to the open patio area with stops along the hallway at various pictures which depicted the winery’s history. ZD is family owned and operated for the last 30 years, by three generations of the deLeuze family. This is a remarkable accomplishment on its own and is a quaint aspect of the beauty of the Napa Valley.

The open patio seating area in the

afternoon sun was gorgeous. The expanse of vineyards looking out to the West set a perfect view to enjoy the wines. This renovation that opened up the patio space took place just three years ago. Seated, looking out over the vineyard, I enjoyed two Chardonnays, a Pinot Noir (which was an homage to their founding father), a new venture of Grenache and the current Cabernet release. You can add to your taste and beautiful view time with an additional pour of their Cabernet Reserve. This, in my estimation, is a perfect setting to enjoy the beauty and the wine of Napa Valley.

ZD was a pleasant surprise and exceeded my past expectations. Kudos to the deLeuze family for making the changes. Their wines have graced the tables of three presidents since the beginning and this may be the opportunity to have them grace yours.

Visit them online at [www.zdwines.com](http://www.zdwines.com). Enjoy!



ZD Wines in the Napa Valley.

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# Out & About

Good times and great cocktails were in plentiful supply this past Rainbow Festival weekend, as you can see from these pictures! Thanks to everyone that posed for the camera and a huge Thank You to the folks that made Rainbow Festival happen.

*Photos by Ron Tackitt*





# New Aaron Wilder Art Installation in Lavender Heights

Bay Area-based artist Aaron Wilder's "Expletive Chapel: Lavender Heights" is an art installation designed to create an intersection between interior and exterior worlds through relatable, queer experiences. The InsideOut in Sacramento's Lavender Heights neighborhood is a space that cannot be entered, but can instead be experienced directly from the street. Wilder has transformed it into a sacred space out of his own as well as communal experiences with what can be considered the most profane: derogatory slurs.



This installation is a spatial experiment extending from the artist's ongoing project "Expletive," an investigation into the possibilities of healing through the aestheticization of derogatory labels. Wilder employs vividness, repetition, and the form of text to disempower slurs used everyday by obscuring the word through the stacking of its letters on top of each other. What remains is an aesthetic and geometric arrangement of shapes. Wilder is acutely aware of the impact of derogatory slurs aimed at those in the queer community based on his own experience growing up in a conservative evangelical environment.

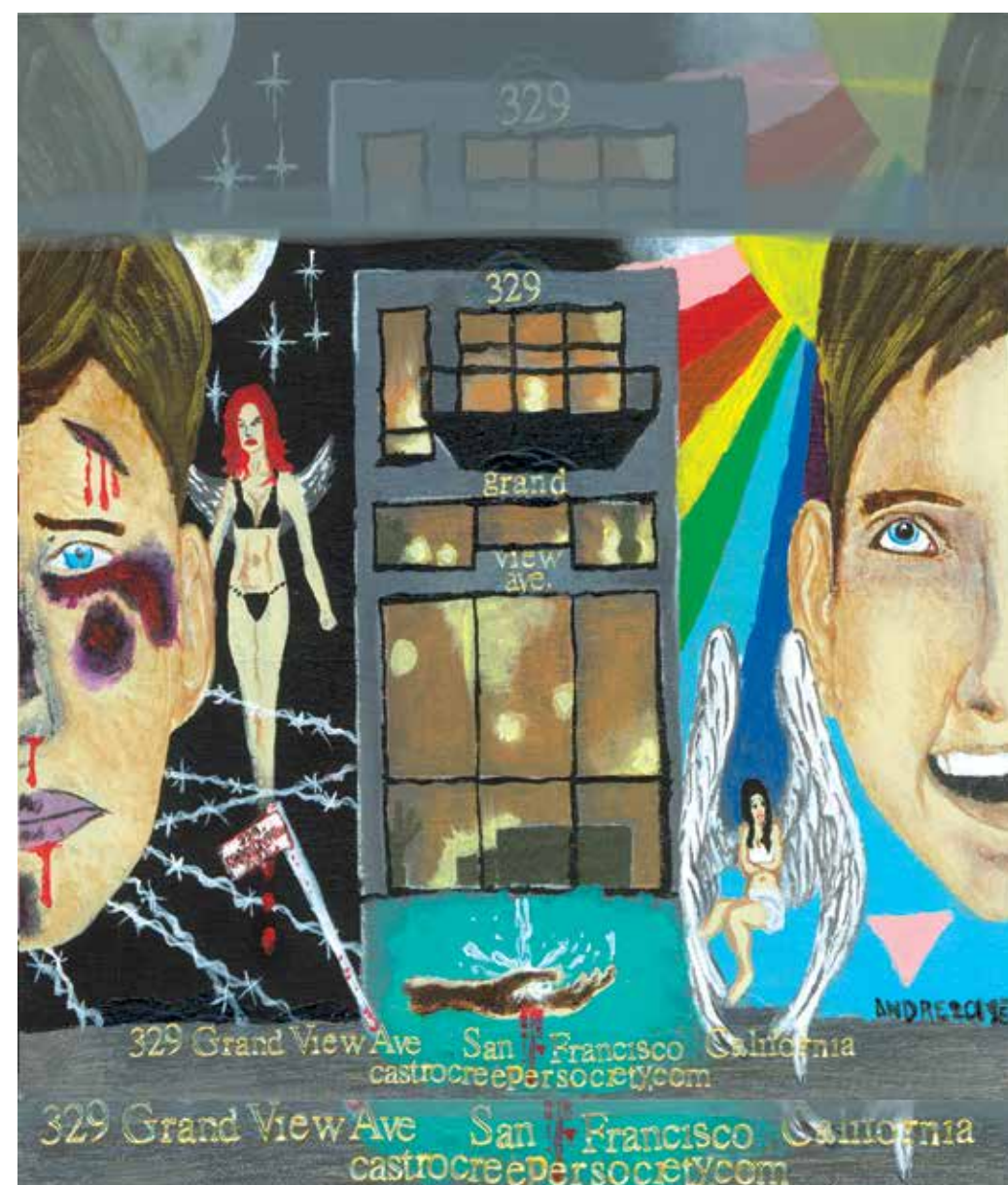
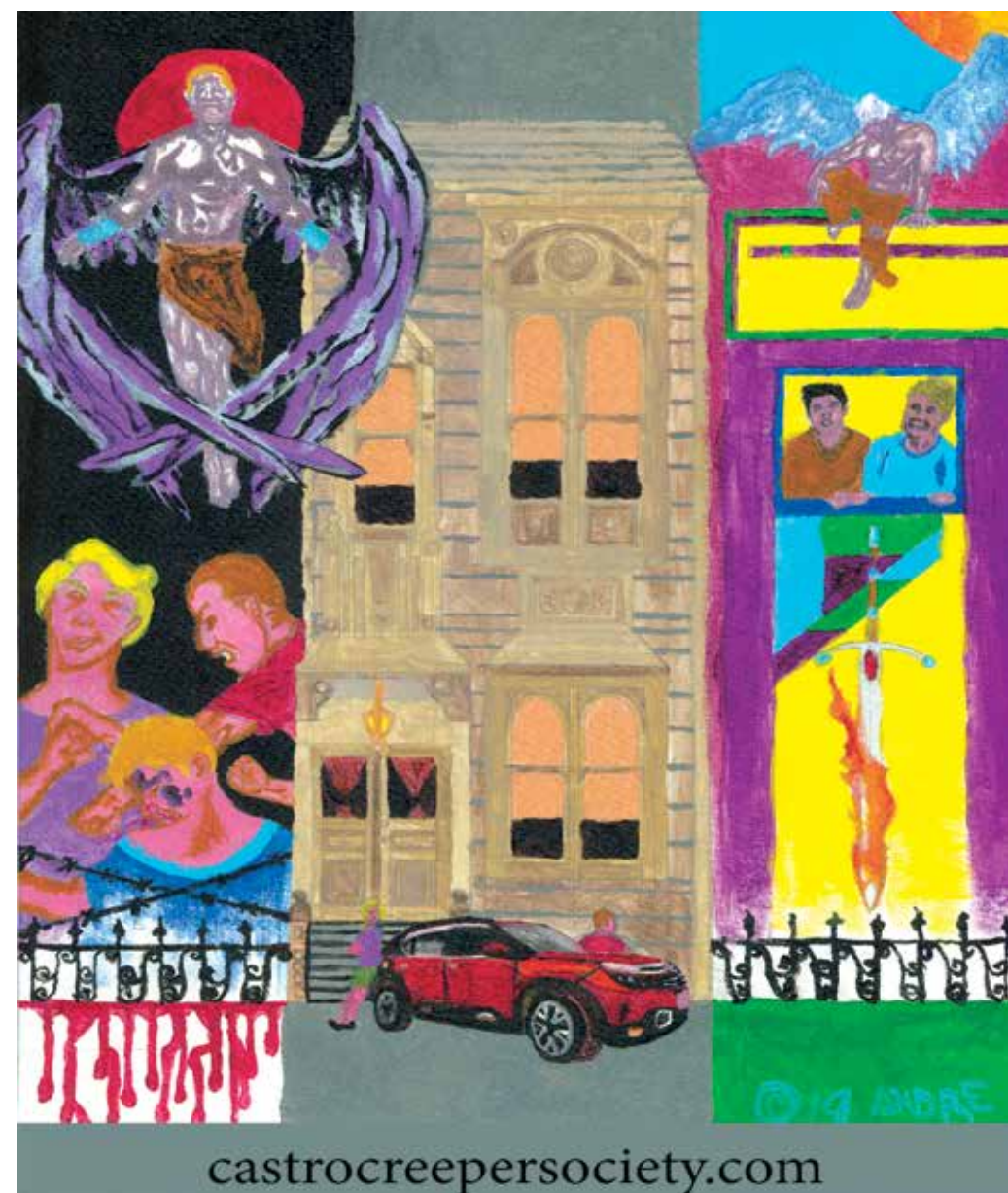
Wilder has transformed two of The InsideOut's windows into reversed stained glass beacons through the deconstruction of four of the most common slurs applied to individuals within the queer community. As these are reversed stained glass windows with their light source emanating from inside, their beauty is characterized by what they illuminate in the exterior world, not the origins of the deconstructed slurs. They emphasize the beauty of the human rainbow that is the community of Lavender Heights.

In the inner space, viewable only through the remaining, central window, Wilder has created a chapel of sorts that will evolve over the duration of the installation. Traditionally, a chapel is a site that has been sanctified by

holy rituals, relics, and saints. Instead, Wilder is creating a chapel sanctified by the history of Lavender Heights and the current struggles and triumphs of the Lavender saints who make it their home. Throughout the period of the installation, Wilder will be adding relics symbolizing the lived experiences of those in the Sacramento queer community.

Wilder seeks to transform the space into a visual reflection of local queerness with an impact greater than the power of spoken slurs. The resulting sacred space can be thought of as a centering place where the cosmic planes of heaven, earth, and hell are all in contact. At the center of the installation is a phantasmagorical mirror where the head of the artist and the head of the viewer are combined through a shared experience of perseverance through suffering. Wilder's work aspires to be a setting embedded in the Sacramento queer community for new rituals that make us larger than our individual selves through a shared pride of belonging.

This installation is viewable from the street and sidewalk on 21st Street just south of I Street 24 hours a day, 7 days a week from September 14 to November 1, 2019. This includes two receptions coinciding with Second Saturday on September 14 and October 12, approximately 6-10pm.







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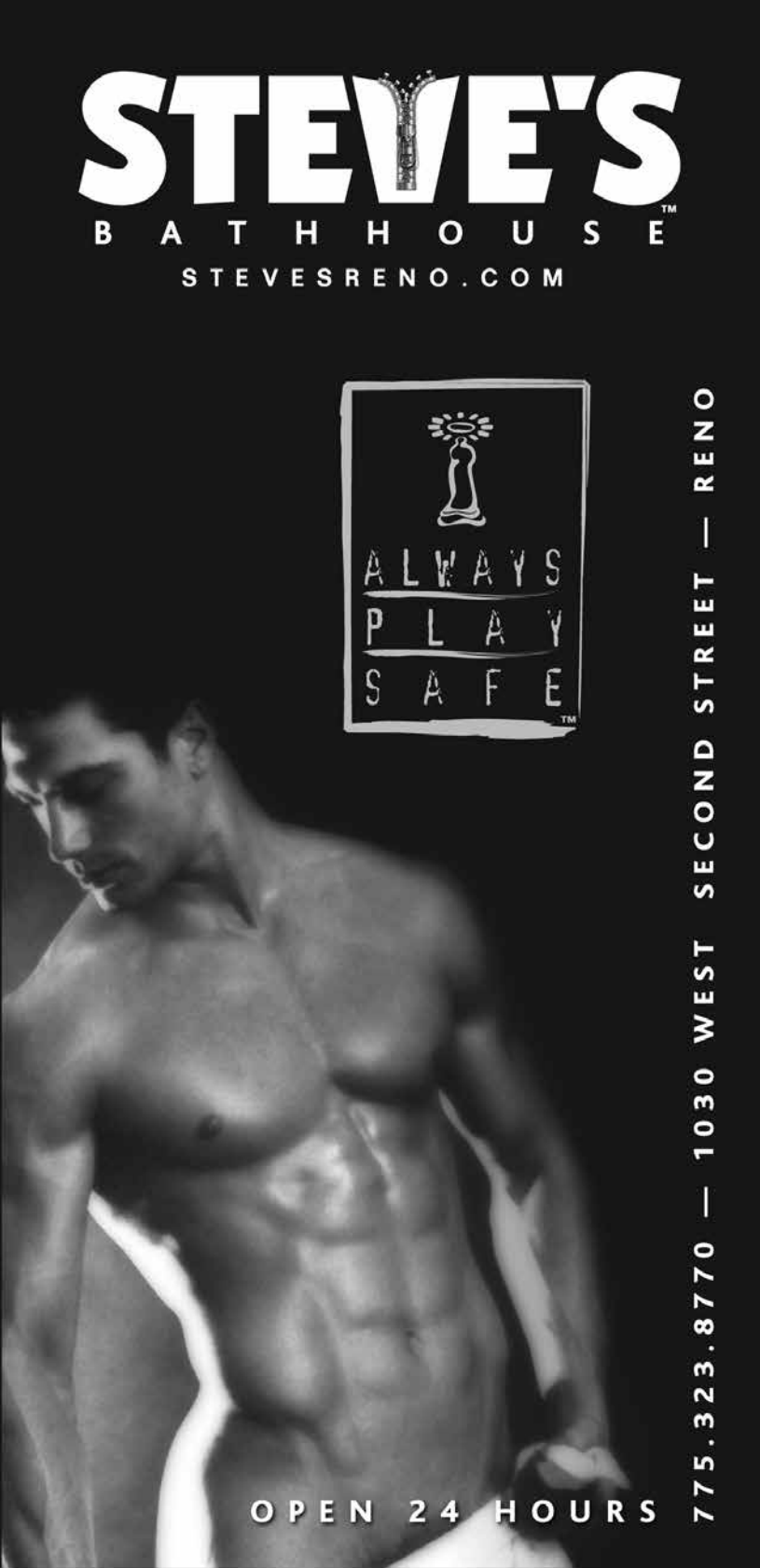
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## Meadows

*continued from page 14*

menus. He developed an All California Beef program with Harris Ranch Certified Angus Beef, who is now our exclusive beef provider.

He has brought new life to the kitchen, working with his staff to refresh their approach to the job, to involve them with menu changes and improvements at Scott’s on the River. He and his Chef De Cuisine Scott Longman have brought a number of new dishes to the menu from a more casual Shrimp Po’Boy to a Cajun Shrimp and Grits, a creative take on the southern standard, with unique variations on Brunch, Lunch and Dinner menus and an amazing Barramundi entrée with Herbed Couscous and a Coconut Chili Broth. In our recent Caviar celebration, he featured a Yellowtail and Caviar Crudo with avocado mousse, jalapeno mint pesto, finger lime caviar and Passmore Ranch Reserve Caviar. Delicious!

Brandon has a special place in his approach to food for those guests who have allergies, as his daughter Zahira developed a life-threatening allergy to nuts early on. He has brought a new mindfulness to us all, leading our staff in an allergy awareness training, helping us to understand just how important it is to listen and pay attention when the word allergy is spoken by a guest.

It is refreshing to work with someone like Brandon, whose passion for what he does challenges the people he works with to be better, to try harder and to remind us why we are doing what we do. Serve great food, serve it well to our guests, make sure they leave satisfied and they will keep our families fat and happy.





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