

# outWord

A photograph of two shirtless men standing on a black metal ladder or railing, likely at a swimming pool. The man on the left is looking towards the camera, while the man on the right is looking off to the side. They are both wearing dark swim trunks. The background is a bright blue sky with scattered white clouds. The overall tone is sunny and relaxed.

No. 603 • June 28, 2018 • [outwordmagazine.com](http://outwordmagazine.com)

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CA 2018 BONUS CASH.....	\$1,750
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ISSN # 1084-7618 United States Library of Congress

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## Placer Stonewall Democrats Celebrate First Year

**O**n May 24, 2018, Placer Stonewall Democrats, first LGBTQ democratic club in Placer County celebrated the club's first anniversary in Rocklin.

The club marked the anniversary by awarding its first annual Equality Award to Gary Miller, a local leader who embodies the goals of the club and the Democratic Party.

Gary is the first LGBTQ person to win elective office in both Placer and Sacramento counties. In 1987, he was elected to the Robla School Board in North Sacramento and served for 19 years.

In 2008, he won a seat on the Roseville City School board in Placer County, one of the most conservative counties in the state of California.

"Despite anti-LGBTQ campaigns against him, Gary has prevailed," said the club's vice president Mary Huttner.

When he finishes his second term on the Roseville board, he will have served a total of almost 30 years; the longest of any currently LGBTQ elected official nationwide.

## Poll Finds LGBTQ Voters Mostly Identify as Democrats

**A** recent BuzzFeed News poll shows that LGBTQ voters overwhelmingly identify as Democrats and ideologically center-left with the partisan gap at an astounding 53 percent.

"LGBTQ voters know that Democrats have stood by their side in the fight for equal rights and equal opportunity," said Lucas Acosta, DNC LGBTQ Media Director. "The Republican strategy of ignoring the LGBTQ community and erasing us from mentions on websites, all while trying to strip us of access to quality and affordable health care, has long lasting impacts on our community."

### Party Affiliation:

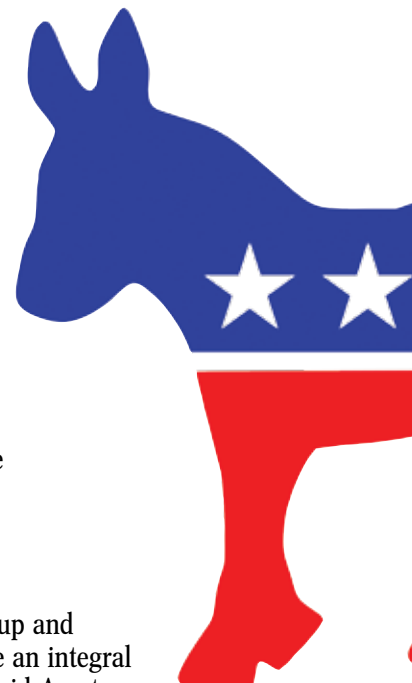
65 percent identify as Democrats  
21 percent identify as Independents  
12 percent identify as Republicans  
Partisan Gap: 53 percent

### Ideology

59 percent identify as somewhat or very liberal  
25 percent identify as moderate  
11 percent identify as somewhat or very conservative  
Ideological Gap: 48 percent

### Political Engagement

88 percent are registered to vote  
67 percent vote in state and federal elections  
"With more LGBTQ Democratic candidates running up and down the ticket than ever before, LGBTQ voters will be an integral part of sending Democrats to victory this November," said Acosta.

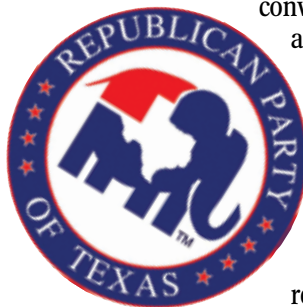


## Whomp, Whomp. Happy Pride Month from the Republican Party of Texas

**T**exas Republicans just passed a new platform that includes a shocking number of anti-LGBTQ provisions, including a call for the repeal of marriage equality, non-discrimination rules, and hate crime laws in Texas.

Out Smart magazine, Houston's LGBT magazine, reports that the platform also call for support for conversion therapy, a practice that has been deemed child abuse by leading LGBTQ organizations; and opposition to "all efforts to validate transgender identity."

Delegates to the GOP state



convention in San Antonio approved a rabidly anti-LGBTQ party platform over the weekend of June 16th.

The document opposes "all efforts to validate transgender identity," and calls for banning trans military service, and requiring trans people to use

restrooms in government buildings, including schools, based on the sex they were assigned at birth. It states that, "The official position of the Texas schools with respect to transgenderism is that there are only two genders: male and female."

Amid backlash from some younger Republicans, delegates removed an especially heinous anti-gay sentence from the platform stating that, "Homosexual behavior is contrary to the fundamental truths that have been ordained by God in the Bible."

Reprinted courtesy of Out Smart magazine, [www.outsmartmagazine.com](http://www.outsmartmagazine.com)

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### What is Mytesi?

Mytesi is a prescription medicine that helps relieve symptoms of diarrhea not caused by an infection (noninfectious) in adults living with HIV/AIDS on antiretroviral therapy (ART).

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Mytesi is not approved to treat infectious diarrhea (diarrhea caused by bacteria, a virus, or a parasite). Before starting you on Mytesi, your healthcare provider will first be sure that you do not have infectious diarrhea. Otherwise, there is a risk you would not receive the right medicine and your infection could get worse. In clinical studies, the most common side effects that occurred more often than with placebo were upper respiratory tract (sinus, nose, and throat) infection (5.7%), bronchitis (3.9%), cough (3.5%), flatulence (3.1%), and increased bilirubin (3.1%).

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### What Is Mytesi?

Mytesi is a prescription medicine used to improve symptoms of noninfectious diarrhea (diarrhea not caused by a bacterial, viral, or parasitic infection) in adults living with HIV/AIDS on ART.

**Do Not Take Mytesi** if you have diarrhea caused by an infection. Before you start Mytesi, your doctor and you should make sure your diarrhea is not caused by an infection (such as bacteria, virus, or parasite).

### Possible Side Effects of Mytesi Include:

- Upper respiratory tract infection (sinus, nose, and throat infection)
- Bronchitis (swelling in the tubes that carry air to and from your lungs)
- Cough
- Flatulence (gas)
- Increased bilirubin (a waste product when red blood cells break down)

For a full list of side effects, please talk to your doctor. Tell your doctor if you have any side effect that bothers you or does not go away.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

### Should I Take Mytesi If I Am:

#### Pregnant or Planning to Become Pregnant?

- Studies in animals show that Mytesi could harm an unborn baby or affect the ability to become pregnant
- There are no studies in pregnant women taking Mytesi
- This drug should only be used during pregnancy if clearly needed

#### A Nursing Mother?

- It is not known whether Mytesi is passed through human breast milk
- If you are nursing, you should tell your doctor before starting Mytesi
- Your doctor will help you to decide whether to stop nursing or to stop taking Mytesi

#### Under 18 or Over 65 Years of Age?

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### What Should I Know About Taking Mytesi

#### With Other Medicines?

If you are taking any prescription or over-the-counter medicine, herbal supplements, or vitamins, tell your doctor before starting Mytesi.

#### What If I Have More Questions About Mytesi?

For more information, please see the full Prescribing Information at Mytesi.com or speak to your doctor or pharmacist.

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# Renewed Attempt to Implement Transgender Military Ban Denied

On June 15th, a federal court in Seattle denied yet another attempt by the Trump Administration to implement its discriminatory plan to ban transgender people from serving openly in the U.S. Armed Services.



**Lambda Legal and OutServe-SLDN clients Drew Layne, Staff Sergeant Cathrine ("Katie") Schmid, Petty Officer Second Class Phillip Stephens, and Ryan Karnoski.**

The ruling in the lawsuit brought by Lambda Legal and OutServe-SLDN and joined by the State of Washington denied the administration's motion to stay the preliminary injunction the court had granted in December 2017, blocking implementation of the ban and enabling transgender people to enlist in the military for the first time starting January 1, 2018.

"Yet again, the Trump Administration has tried to implement and expedite discrimination, and yet again, the court has said no," said Lambda Legal Senior Attorney Peter Renn. "You would think the administration would get tired of all the losing, and more importantly, would read the writing on the wall and abandon this discriminatory and harmful scheme to prevent brave and qualified transgender people from serving their country."

"Tomorrow, I will put on the uniform of U.S. Army and do my duty, as I did today and yesterday, and have done for more than 13 years," Staff Sergeant Cathrine (Katie) Schmid said. "Being transgender has no impact on my ability to perform my duties. I'm grateful that the court to date has

recognized the value in our service, and I look forward to the day when we can put this argument behind us and focus on what's really important- the accomplishment of our mission, and the welfare of our service members."

U.S. District Court Judge Marsha J. Pechman, quoting Chief of Naval Operations Admiral John Richardson who testified before the Senate Armed Services Committee recently, wrote, "The status quo shall remain 'steady as she goes,' and the preliminary injunction shall remain in full force and effect nationwide."

The case, *Karnoski v. Trump*, is on track to go to trial in April 2019.

In the lawsuit, Lambda Legal and OutServe-SLDN represent nine individual plaintiffs - six currently serving members of the armed services and three individuals seeking to enlist - and three organizational plaintiffs: the Human Rights Campaign (HRC), Seattle-based Gender Justice League, and the American Military Partner Association (AMPA), who joined the lawsuit on behalf of their transgender members harmed by the ban.

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# Report Finds Only 559 LGBTQ Elected Officials Nationwide

There are 559 known openly LGBTQ elected officials in the United States – and the nation needs to elect 22,837 more to achieve equitable representation – according to LGBTQ Victory Institute’s 2018 Out for America report.

The report, released June 14th, documents the severe underrepresentation of LGBTQ people in key positions of power, along with demographic data that demonstrates the need to elect more LGBTQ people of color, women, and bisexual and transgender people.

Among the report’s key findings:

559 known LGBTQ elected officials are currently serving in the U.S., just 0.1 percent of all elected officials nationwide (Newest estimates from Gallup find the U.S. LGBTQ population to be 4.5 percent of the general population – up from 4.1 percent one year ago. There are nearly 520,000 elected positions in the United States.);

22,837 more LGBTQ elected officials must be elected to achieve equitable representation;

Just 21.2 percent of LGBTQ elected officials are people of color; and

Only 2.7 percent of LGBTQ elected officials are bisexual and 2.3 percent are transgender.

The report also found that transgender representation more than doubled since the last Out for America report in 2017 (from six to 13 elected officials), and that fewer

LGBTQ Republicans are in office (16 instead of 19) since the last report, despite overall known LGBTQ elected officials rising by 24.8 percent.

“The severe underrepresentation of LGBTQ people in elected office – especially LGBTQ people of color and transgender and bisexual people – is one of the primary reasons we see hateful legislation and policies coming from the federal government and many state legislatures,” said former Houston Mayor Annise Parker, President & CEO of LGBTQ Victory Institute. “While the increase in out LGBTQ elected officials is worth celebrating, the enormous numbers we need to elect to secure equitable representation should be a call-to-action for our entire community.”

The Out for America report is an annual analysis of LGBTQ elected representation in government based on Victory Institute’s LGBTQ elected officials database – the largest and most comprehensive listing available. The interactive Out for America map displays all known LGBTQ elected officials and is available at [outforamerica.org](http://outforamerica.org).

Download the full 2018 Out for America report at [victoryinstitute.org/OFA2018](http://victoryinstitute.org/OFA2018).

## Celebrating Pride the Navy Way



Culinary Specialist 2nd Class Kyle Toby, from Anchorage, Alaska, cuts a cake on the mess decks of the Ticonderoga-class guided-missile cruiser USS Chancellorsville (CG 62) during a lesbian, gay, bisexual and transgender Pride Month celebration. Chancellorsville is forward-deployed to the U.S. 7th Fleet area of operations in support of security and stability in the Indo-Pacific region. (U.S. Navy photo by Mass Communication Specialist 2nd Class Sarah Myers/Released)

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# Realizing the Vision of The Lavender Courtyard

by Roberto Jimenez

**A**s you walk by the corner lot at 16th and F streets on a Midtown afternoon all you see are the browning weeds waving in the breeze, framed by a makeshift cyclone fence that limits your vision. But look deeper and you can see the future.

You can see the day when the vibrancy of Sacramento's LGBT community that sparked the creation of one of America's most dynamic urban neighborhoods improves it even more. With your mind's eye, you can see the brilliance.

All you need is a reminder, and here it is: the plans for Lavender Courtyard, the 53-household, LGBT-welcoming affordable housing community for people age 62 and up are still in full swing, with the city's support, while we at Mutual Housing

traditional senior-living facilities.

We know that some LGBT people feel compelled in spite of decades of living free and proud to repress their sexual identity in such hostile settings. We know that their senior and retirement years can be subject to isolation and loneliness and estrangement.

In understanding these challenges, Mutual Housing has invited the SAGE advocacy group that works on behalf of LGBT older adults to train all Lavender Court staff in cultural competency.



Rendering of the proposed Lavender Courtyard

California line up the \$18.8 million in financing needed to bring this reality to fruition.

We already have the land. Increment by increment, we are gathering the funds. In time, Sacramento will have its first affordable housing community planned and designed for LGBT seniors.

Mutual Housing California in recent months said goodbye to the retiring Rachel Iskow, whose force of will established one of the region's leading voices for affordable housing. Beyond just putting a roof over people's heads, it was Mutual Housing California's vision under Rachel to include the leadership and training programs that have made our residents powerful advocates for themselves.

As Mutual Housing California's relatively new CEO, I am fully committed to extending that vision bringing it to life in Lavender Courtyard idea that originated in the LGBT community of Sacramento.

Getting older brings challenges, especially so for people on the basis of their sexual orientation. Many are subject to harassment and bullying by residents and staff in

We are hugely confident that the residents of Lavender Courtyard will thrive in a community designed for their safety, comfort, and convenience. What better place to exhale after a life's work than to live, play – and maybe even continue to work – within walking distance of the heart of the dynamic neighborhood that they created. What better way to enjoy and reflect on lives of accomplishments than in a safe and LGBT-friendly setting.

Lavender Courtyard springs from the same grass-roots impulse that kick started the Midtown renaissance. The neighborhood's rebirth was decades in the making before it exploded in recent years to become a leading California center of art, food, music and human interaction. The dynamism of the neighborhood, unfortunately, carries with it the challenge of affordability.


It is a challenge that we at Mutual Housing California are designed to meet. For more information about the Lavender Courtyard, visit [www.mutualhousing.com/future-communities/lavendercourtyard/](http://www.mutualhousing.com/future-communities/lavendercourtyard/)

*Roberto Jimenez is the CEO, of Mutual Housing California*



# Addressing Bias Against Gay/Bi Men with Prostate Cancer

Medical science has conspicuously – and shamefully – been complicit in valuing straight white men above all others. Women, racial minorities, and members of the LGBTQ communities are underrepresented in clinical trials, which limits the ability to identify their needs and to respond to them thoughtfully.



**GAY & BISEXUAL MEN  
LIVING WITH PROSTATE  
CANCER**  
from diagnosis to recovery

To help alleviate that problem, a new book, *Gay and Bisexual Men Living with Prostate Cancer* has been released and is the most current and comprehensive book on the subject published to date, incorporating the tremendous new developments in cancer treatment from the past ten years.

In no disease is this inequality better encapsulated than in prostate cancer. Of the hundreds of thousands of studies devoted to prostate cancer, 88 small-scale efforts have focused on understanding the experiences of gay, bisexual, and transgender individuals with prostate cancer.

*Gay & Bisexual Men Living with Prostate Cancer* provides an overview of research and practice dealing with the specific needs of gay and bisexual men living with prostate cancer and features both cutting-edge research and powerful portraits of gay and bisexual men living with prostate cancer.

In Chapter 17, you hear from a man who wondered whether anyone was listening to him when he was diagnosed with prostate

cancer as a 46-year-old single gay man. He recalls, “What about anal sex? Penetrative sex? Receptive sex? How will the absence of semen affect my orgasm? How can you reach orgasm with a flaccid penis? Will I still be a sexual man? Will I feel attractive to other men? These were all such personal questions interconnected with my identity, and I needed answers to reduce my anxiety, and yet I just couldn’t bring myself to ask them. I felt embarrassed revealing myself to this man and caught up in a heterosexist world, just as I always had.”

If we are to make progress toward equality, we must listen to men like him and value his humanity as tenderly as we would his straight male counterpart.

*Gay & Bisexual Men Living with Prostate Cancer* is available from [www.harringtonparkpress.com](http://www.harringtonparkpress.com) and will be indispensable for health care, oncology, and mental health practitioners who seek to address their specific experiences and challenges.



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# LA Master Chorale Hosts *Big Sing CA* Across the State

This July the Los Angeles Master Chorale and choral music superstar Eric Whitacre will present the largest free group singing event in California history – Big Sing California.



**Eric Whitacre**

Big Sing California culminates in a concert in Walt Disney Concert Hall in Downtown Los Angeles on Saturday, July 21st at 2 p.m. The full 100-voice Master Chorale will perform from the stage and the 2,200-person audience will sing-along to selected works on the program.

The concert in Los Angeles will be broadcast live to five venues across the state where more singers will join the performance experience by viewing the concert on large screens and singing from the audience. Hub leaders drawn from the local choral communities have been engaged to coordinate the events and rehearse the singers leading up to the performance day.

The concert will be conducted by Whitacre, Grant Gershon, the Master Chorale's Kiki & David Gindler Artistic Director, and guest conductors Moira Smiley and Rollo Dilworth. Whitacre, who is currently the Master Chorale's Swan Family Artist-in-Residence – and who has a huge global audience through his Virtual Choir projects, popular choral compositions, and Grammy Award-winning recordings – will also serve as the event's host.

The five California hub cities are Sacramento at the Community Center Theater with ub leader Donald Kendrick and San Diego, San Francisco, Fresno and Riverside.

People can register online now at [lamasterchorale.org/big-sing-california](http://lamasterchorale.org/big-sing-california) to attend the Los Angeles concert or any of the five hub broadcast venues. Once capacity has been reached, a wait-list will be created for each venue, and ticket vouchers will be distributed 10 days prior to the performance.

Live feeds will take place during the concert, connecting the participants in the hub cities to Whitacre and the Master Chorale in Los Angeles. The event's reach is

further expanded with the concert being live-streamed on the Big Sing California website, making it possible for people around the world to participate. (The combined capacity of the six venues is 9,800; over 10,000 singers are expected to participate including the live-stream audience.)

In addition to providing ticket registration for the live events, the Big Sing California website enables participants to order the Big Sing California music book featuring the scores and lyrics for the songs they will sing, giving them the chance to learn and practice them before the event. The website also features video tutorials presented by singers of the Los Angeles Master Chorale demonstrating the four voice parts (soprano, alto, tenor, bass) of the songs. Guest artist Moira Smiley also presents a body percussion tutorial.

The songs selected for the participants range from straightforward sing-alongs such as Lean On Me, This Land Is Your Land, and Hey Jude, to choral works by Eric Whitacre and Morten Lauridsen, and arrangements by Moira Smiley and Rollo Dilworth. The program also features an exclusive arrangement of Pentatonix's "Sing" by Grammy Award-winning arranger Ben Bram (*Pitch Perfect*, *Glee*) created especially for Big Sing California.

Watch the big sing california trailer at [email.wordfly.com/click?sid=NjAyXzQzNV80MDc3Ml82OTk3&l=b5414969-1c5d-e811-8416-e41f1345a486](http://email.wordfly.com/click?sid=NjAyXzQzNV80MDc3Ml82OTk3&l=b5414969-1c5d-e811-8416-e41f1345a486)

Big Sing California is made possible with lead support from The James Irvine Foundation. Major support provided by Terri & Jerry Kohl and Philip A. Swan. Additional support provided by the National Endowment for the Arts, Los Angeles County Arts Commission, and the California Arts Council.



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# Cool Queer Movies That Bypassed Sacramento

by Chris Narloch

Most of the well-reviewed LGBTQ films – like *Call Me By Your Name* and *Carol* – find their way to Sacramento movie screens, but there were a number of terrific recent releases that were just too un-commercial and/or sexy for local theaters.

Check out three of my favorite queer titles from the last year or two, now available for home viewing.

## God's Own Country

I had to drive to Berkeley to see this film in a theater, but it was well worth the effort.

*God's Own Country* is a beautifully made, very realistic love story about a young Yorkshire farmer who lives with his parents and numbs his frustrations with alcohol and casual sex until a Romanian migrant worker sets him on a new path.

As antagonists who become lovers, actors Josh O'Connor and Alec Secareanu are fearless and fine (in every sense of the word). The movie is still at 99 percent on Rotten Tomatoes after being released eight months ago, and its emotional ending had me in tears.

It's hard to believe that *God's Own Country* is UK writer/director Francis Lee's directorial debut. The film is grittier and far more sexually explicit, but it has the assuredness and emotional power of a British *Brokeback Mountain*.

## Women Who Kill

This lesbian satirical thriller from writer/director Ingrid Jungermann is a twisty, entertaining tale about the co-host of a true crime podcast who begins to wonder if her ex-girlfriend's new crush is really a murderer.

That promising premise pays off beautifully as we begin to wonder whether the exes might be making too much out of the mysterious love interest's red flags. Perhaps their suspicions are actually rooted in jealousy or fear of commitment?

I'll say no more about *Women Who Kill* for fear of spoiling its surprises, but I thoroughly enjoyed this intelligent and clever comedy-horror flick.

## Beach Rats

This film, about a troubled young man with a girlfriend who also has casual, unsafe sex with men, won't be everyone's cup of tea. If you only like movies with heroic, gay-positive protagonists then you should probably steer clear of *Beach Rats*.

But if you can handle a challenging, emotionally complex movie (with an unresolved ending) about a beautiful but screwed up young man, then you might like



God's Own Country

the film, which was written and directed by a woman (Eliza Hittman) who based the movie on her experience of watching gay cruising on the boardwalk at Coney Island.

Handsome Harris Dickinson gives a

gutsy performance as the beach rat anti-hero, but (as with *God's Own Country*) the film was probably too sexually explicit for mainstream movie theaters in Sacramento.

*Note: For reviews of new films currently in theaters, go to [www.outwordmagazine.com](http://www.outwordmagazine.com).*

### "Best Of" Online Survey

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(or, if you are reading this in the electronic version just click [here](#))



# Out & About

## Rainbow Chamber's June Mixer Was on Fire!

Rainbow Chamber monthly mixer hosted Tuesday June 19th at Elite HR Logistics. The mixer featured Eats by Fully Dressed – New Orleans Style, Drinks by Two Rivers Cider, Performance's by Obsidian Butterfly Fire and Mermaid, Art by local artists and alot of business people letting theri hair down.

Next mixer is July 17th 6-8pm and is a joint Chamber Mixer with Rainbow Chamber, Sacramento Black Chamber, Sacramento Asian Pacific Chamber, Sacramento Hispanic Chamber, hosted by Thunder Valley Casino Resort. For more info and to RSVP please go to [www.rainbowchamber.com](http://www.rainbowchamber.com).

Photos by Katie Fredrickson, [kfredricksonnn@gmail.com](mailto:kfredricksonnn@gmail.com).



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# Superheroes and Villains Comes to Kennedy Gallery

Not every hero needs a cape, and not every villain wants to rule the world. The most interesting among them are the ones who walk the thin lines of gray in between good and evil.

In this new collection at Midtown's Kennedy Gallery collection Juan Garcia delivers a haute couture fashion-inspired collection showing both beauty and elegance, while kicking some butt along the way.

Ever since he was a young boy Garcia has been fascinated by the constant battle between superheros and villains. The centerpiece of this exhibit is *Catwoman*. A

villain to some, a hero to others, she represents empowerment, courage and strength that empowers young girls not to fall into the trap of being a damsel in distress.

Superheroes and Villains, the art of Juan Garcia will be on display at the Kennedy Gallery 1931 L St., through July 10, noon-6 p.m.. Visit [kennedygallery.net](http://kennedygallery.net).

## Zach Adam and Adam Joseph Soar Together in "Gravity"

Multi-talented out musicians Zach Adam and Adam Joseph are uniting on the first single from Zach Adam's new LGBTQ music label, Magic Town Media, and fans will not be able to escape their "Gravity."

"Adam and I have been collaborating for years as songwriters, but this is the first time we are releasing an original track together," explains Zach Adam, the international music and video maker whose incredible skills on stage and in the recording booth have earned him the moniker as "gay music authority." "Originally, we had the idea to do a song about love being a force of nature but a new, deeper, meaning and feeling began to develop as we started laying down vocals in the studio,"

Written by the powerhouse duo and produced by Zach, "Gravity" is a soaring pop track about yearning to overcome addiction and depression. It features Adam Joseph's soulful tenor vocals over lush synths, sweeping choruses and intense percussion and is the first release from Zach Adam's new LGBTQ music label, Magic Town Media, as well as the first single from his upcoming album.

To gain attention across a wide array of dance floors and media platforms, Magic Town Media is supporting the record with a superstar collection of remixes and a captivating music video. "Zach Adam Feat. Adam Joseph: Gravity" is available now on iTunes, Amazon and Spotify.

Zach Adam and Adam Joseph have had experience with depression and suicide, both personally and through people they loved. Says Zach, "We're artists. We feel things deeply and have had to go through the motions. I'm hoping this song and its music video spark a conversation about suicide and help to bring it out of the dark because change will only happen when the stigma loses its power."

"It has taken me years to work through my serious battle with addiction and depression," reveals Joseph. "It is something I am still fighting today and will likely continue to do so for the rest of my life. It's not a feeling one can ever completely get over and that is why songs like 'Gravity' are so important. They are tools of encouragement that help people like me by reminding us to keep moving forward."

"Zach and I started writing together a few years ago when I was still living in NYC," explains Adam Joseph. "I was a fan of the work [outwordmagazine.com](http://outwordmagazine.com)



**Zach Adam**

he was doing with the group XELLE. He kind of reminded me of myself except way better at everything. We started chatting online, then got together and clicked really fast from that first writing session."

In addition to the radio version, Magic Town Media is releasing a remix package for "Gravity" featuring dance versions of the song by DJ Pacifico, GSP, Max Grandon, Melodika, Angelino Loren, Pumpkin Spice, Thiago and Adam Joseph.

The accompanying music video was directed by Zach Adam and shot in New York. Adam Joseph flew in from Los Angeles and he and Zach shot it in two days. "I will never forget how unhappy I was putting my face on that Brooklyn sidewalk," Joseph admits. "Just imagining how many dirty shoes and dogs that cement had seen before me was very unsettling but I sucked it up and did what I had to do."

"It was just one more thing that proved this multi talented guy can do it all," laughs Zach. "Adam's voice and energy shine brilliantly in 'Gravity' and I'm happy we did this together."

"Zach Adam Feat. Adam Joseph: Gravity" is available on iTunes. The "Gravity Remix Pack" is also available. Follow Zach Adam on Instagram @zachadammusic and visit [www.zachadam.com](http://www.zachadam.com). Watch the video at [youtu.be/0huRDII7U1A](http://youtu.be/0huRDII7U1A)



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# The Price of a Cab – Cabernet Sauvignon that Is

by Diana Kienle

Have you ever stood in the aisle of the Cabernet Sauvignon section at the store and wondered, “Why is this one \$8 and this one \$80?” I suspect you assumed the difference was quality.

That's a fair assumption, yet have you wondered what contributes to the cost of that quality? What is it about the winemaking process that leads to those differences?

First, let me stake out that there are no hard and fast rules, yet there are approaches and techniques in winemaking that make a quantitative difference in production costs. Here are some of the aspects that feed into the cost of your bottle of Cabernet, whatever you choose for whatever occasion.

The first consideration is the cost of the land. The place where the grapes are grown is relevant. Napa Valley land is more expensive than the farmland of the central valley of California. The microclimates and soils in Napa are highly regarded for grape growing, and the price of an acre of land reflects that.

The yield of the crop is another consideration. How many vines will be planted on an acre, and how many grapes will be produced to make the wine?

In a recent article from *Wine & Vines*, they compared the yields from vineyards that went into three Northern California wines. At the modest price point of \$13 per bottle, the yield was 8 tons per acre; at \$35 per bottle, it was 3.5-4 tons per acre; and, at \$78 per bottle, it was 2.5 tons per acre. The yield depends on how closely the vines are planted, how many grape clusters grow on each vine, and the amount of sorting done to select the grapes that make it into the wine.

Cost of vineyard maintenance and harvest are considerations as well. Is it done by machines or by hand? For the \$13 bottle, farming costs were \$2,000-\$3,000 per acre. For the \$78 bottle, farming costs were \$10,000 per acre, and the farming was done entirely by hand.

The most interesting aspect, in my opinion, that affects price per bottle is cold soak time

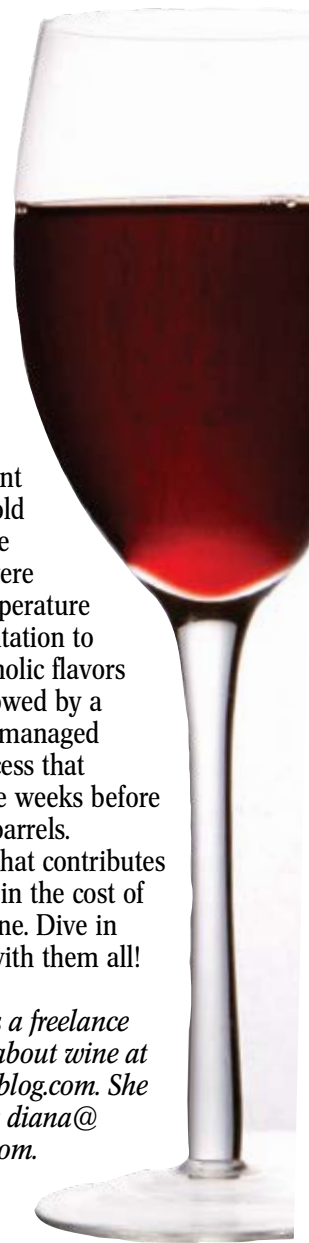
along with the fermentation process. All grape juice is colorless, whether it comes from a white or red grape. The color in red wine comes from contact with the skins. In order for that to take place, the skins must stay in contact with the juice. This happens with a cold soak and/or fermentation.

With our modest price wine, the grape skins were only in contact with the juice during fermentation for six days before they were aged for 12 months. The grape skins for the \$78 dollar bottle of wine spent seven days in a cold soak (the juice, the skins, the seeds were kept at a low temperature to prevent fermentation to extract color, phenolic flavors and tannins), followed by a more extensively managed fermentation process that spanned up to five weeks before settling into oak barrels.

There is much that contributes to the differences in the cost of your bottles of wine. Dive in and experiment with them all!

Enjoy!

Diana Kienle is a freelance writer and blogs about wine at [www.dianaswineblog.com](http://www.dianaswineblog.com). She can be reached at [diana@dianaswineblog.com](mailto:diana@dianaswineblog.com).



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# Yaysh Chills It Like a “Boss” this Summer

Yhip-pop artist Yaysh is proving she’s in charge in the music video for her rabble rousing new summer single, “Boss,” that is intended to motivate fans to go after what they want in life.

The sticky, steamy track – complete with the sound of cold water being poured over ice into a glass – is a call to action, setting the stage for a wild party about to go down. “We live in a world where challenges are high but our self esteem is low,” says Yaysh from her Denver home. “I wrote ‘Boss’ to inspire listeners to take the reins of life and have fun!”

Along with the song, Yaysh is releasing a music video that was shot in San Francisco. “It pays homage to the history of the LGBTQ community and the bravery of a people who continue to stand firm in their truth despite ongoing adversity.”

The “Boss” music video is on Youtube and Vimeo now. The single will be available through streaming on Pandora and Spotify and for purchase on iTunes, Amazon, and all other major retailers later this month.

“I have not always been a boss, especially when I first started out in music” admits Yaysh. She recalls adhering to producers that didn’t want her to cuss or talk about sexual things and managers who wanted her to wear make up and act more girly. “Being a female in hip-hop is certainly a challenge because it’s a male-dominated, misogynistic industry with a lot of people that are not that

woke,” she explains. “But I’ve always had a light in me that knows my worth and is proud of who I am.”

Yaysh says her confidence comes from accepting her faults and honoring her many gifts. Her faith, too, plays a key role. She’s a Shambhala Buddhist and an avid meditation practitioner. “I believe I’m here to serve others. There’s really no point in being alive if you’re not a benefit to others.”

“I’m a Scorpio,” she adds with a grin, “so I get like real deep and shit.”

Yaysh is also a proud member of the LGBTQ community, a big reason why she chose to film the music video for “Boss” in the gay capital of the U.S.A. “The video depicts a party in the streets of San Francisco with drag queens, go-go boys, lesbians and gay men all just being themselves and having a blast. My intention is to show fans that if you’ll just be you, let go of judgement for a second and open up a bit, you could have the time of your freakin’ life!”

Yaysh grew up a rebellious youth in Denver. She struggled in school and would often sneak out of her home to hang out with older boys from the hood. She encountered a conglomerate of drug dealers, gangsters, and ex-convicts. “I learned so



Yaysh (center) chillin’ on the beach with friends

much from those good people,” she reflects. “I was taught how to relax, roll blunts, drink forties, freestyle, be tough, kick it, and simply enjoy being with friends, all in the midst of incredible poverty.”

She later moved to Los Angeles where she met her producer, Troy “R8dio” Johnson (Solange, Chris Brown, Why Don’t We). They connected on their mutual interest of spirituality and began making music together. “Boss” was one of the first songs that Yaysh wrote and they experimented with its sound, actually

taking out the chord structure, leaving the track with a sound all its own.

“I love the dripping water sound,” reflects Yaysh. “It gives a unique layer to the song. It’s playful, emitting that summer pool and beach vibe while also giving the sense that a real party has begun. I hope it helps people let go and maybe even move a bit to the beat. Life doesn’t have to be so serious. We all need to chill a bit. Chill like a boss.”

Follow Yaysh on Facebook/Instagram/ Twitter @ yayshplz

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# Barefoot Wine Celebrates Pride with Rainbow Labels

In celebration of Pride Month, Barefoot Wine, an ally to the LGBTQ community since 1988, is launching its “Barefoot Bestie Labels,” allowing wine lovers everywhere to customize Barefoot wine labels for them and their best friends to enjoy.



Now through September 8th, anyone looking to celebrate their best friend or “sole mate” can choose from three varietals – Pinot Noir, Rosé, or Pinot Grigio – to customize their own special rainbow labels through the “Barefoot Bestie Labels” website found at [www.barefootbestielabel.com](http://www.barefootbestielabel.com).

Barefoot fans can craft their own special message or select one of six fun compliments for their bestie such as, “You always leave a little sparkle wherever you go” and “You’re made of 100% best friend material.”

Barefoot, America’s most awarded wine and bubbly brand, has been a long-standing ally to the LGBTQ community, making its first donation to an LGBTQ charity in 1988 and proudly sponsoring more than 200 LGBTQ events around the globe each year.

For every “Barefoot Bestie Label” ordered, Barefoot will donate \$1 to Outfest, the leading organization in promoting equality by creating, sharing, and protecting LGBTQ stories on the screen. Proceeds will be used by Outfest to continue building community by connecting diverse populations to discover, discuss, and celebrate stories of LGBTQ lives.

“At Barefoot, we believe that wine is better

when we’re together, and we continuously celebrate inclusivity, authenticity and community,” said Anna Bell, Senior Director of Marketing at Barefoot. “We’re thrilled to partner with Outfest to support its many initiatives that celebrate and share Barefoot’s similar values.”

Whether you’re a proud member of the LGBTQ community or a fierce ally, celebrate Pride with the “Barefoot Bestie Labels” and share your story with Barefoot by tagging @BarefootWine and using the hashtag #OneStride on Facebook, Twitter, and Instagram.

Barefoot®, the most awarded wine and bubbly brand in U.S. competitions, can be found bearing the fun, iconic footprint label. Barefoot has 16 still wine offerings available for an SRP of \$6 for 750 ml bottles and \$11 for 1.5-liter bottles. Barefoot Bubbly® sparkling wine has 11 available offerings with an SRP of \$9. Beyond still wine, Barefoot® now offers wine-based spritzer cans made in a fizzy & light wine style with added hints of fruit flavor. Barefoot Spritzer™ has five flavors available 8.4 oz cans, with an SRP \$8 for a four-pack and \$2 for singles and are now available nationwide. ©2018 Barefoot Cellars, Modesto, CA. All rights reserved.

# ¡Fiesta de Frida! Honors Mexican artist Frida Kahlo

The Latino Center of Art & Culture is hosting The 5th Annual ¡Fiesta de Frida!, a day to honor the legendary Mexican artist Frida Kahlo and celebrate not only her work, but also her iconic status for girls/women empowerment.

The hugely-popular centerpiece activity of the afternoon is the Frida Kahlo Look-A-Like Contest. Sign-up is requested at [www.TheLatinoCenter.com](http://www.TheLatinoCenter.com). The winner receives \$100 prize money.

Also featured will be art workshops, local craft vendors including John Huerta, Teresa Lerma-Gracia, Gabriela Torres, Maggie Gomez-Devos, and Nancy Garcia from KULTURA.

There will also be authentic Mexican food and drink, beer and wine, dancers from Mike Del Campo Dance School and cumbia performers, La Diferencia Por Siempre! ([www.youtube.com/watch?time\\_continue=16&v=VLC68i-DZfo](http://www.youtube.com/watch?time_continue=16&v=VLC68i-DZfo))

The Little Frida Children’s Parade will also return as a favorite featured event.

A special presentation by El Coro, Sacramento’s first Spanish language chorus, will feature favorites including “La Llorona” and “This Land is Your Land” in Spanish.

The Sacramento River Cats street team will be on hand with their games booth and info on their new spring/summer Latino outreach program promoting the Derados de Sacramento.

This popular free event is set for Sunday, July 8 at the tree-laden LCAC grounds at 2700 Front Street, just south of Broadway. Gates open at noon (free parking on the grounds) and the Festival runs from 1 to 6 p.m. Visit [www.TheLatinoCenter.com](http://www.TheLatinoCenter.com).

# Out & About

## Sacramento Pride Flashback!

We had so many fun pics from this year’s Pride Festival that we had to run a few more! Photos courtesy of Charles Peer and Jolanne Tierney.





# Out and About with Matt

by Matthew Burlingame

With so much coming up the next few weeks, who has time to just lay by the pool? Between the River Cats Equality Night on June 29 (RiverCatsEqualityNight.com) and Disney's *Newsies* at the Broadway At Music Circus starting July 10 this summer is shaping up to be a sizzler!

Rumor has it we all scream for ice cream. The ninth annual PFLAG Ice Cream Social is being held July 15 at Elk's Lodge #6, 6446 Riverside Blvd. from 2-4 p.m. Lactose intolerant? No worries, there's also wine and beer available at an additional cost. All proceeds will benefit PFLAG Sacramento.

Rainbow Chamber's July 17 mixer is not to be missed! Mix and Mingle will be held inside Illusions at Thunder Valley Casino Resort, 1200 Athens Ave. in Lincoln, the evening will have appetizers, no-host bar and Thunder Valley is offering complimentary round-trip shuttle service from Midtown Sacramento. Email [info@rainbowchamber.com](mailto:info@rainbowchamber.com) by Tuesday, July 10 to reserve your seat!

Sacramento Filipinx LGBTQ Interconnections is holding a special



“Coming full circle with our pasts, presents, and futures” event with food, workshops, performances and karaoke on June 30 at Bistro Filipino, 7909 Bruceville Rd. Featuring performances by Nia Poloitan, Brian Dublin and the Little Manila Dance Collective. Visit [Sampaguita.eventbrite.com](http://Sampaguita.eventbrite.com).

Sacramento LGBT Community Center's 10th annual Q-Prom for LGBTQ youth and allies welcomes over 700 youth ages 13-20

to a safe and authentic prom night at Sacramento State University Ballroom on June 30 from 7-11 p.m. Wear your best neon lights themed outfit.

Sacramento used to be called a “cowtown” back before we had an Ikea. If you're longing for the old days, grab your cowboy boots

and spend Saturday nights at Sidetrax, 2007 K St. for country dancing. After you've danced your boot off stay for Sing Out Loud Karaoke provided by Knight Vision. The drink specials alone make it worth it.

The Sacramento International Gay & Lesbian Film Festival has changed its name to BENT in an attempt to be more inclusive of the entire community. In a recent release the explanation given was “BENT is not an acronym. BENT is not straight. BENT is queer (British). BENT is an inclination or natural talent. BENT is determined to do something.” Plus they wanted something a little edgier. Entering its 27th year the festival, despite the name change, has always maintained a mission of bringing the best LGBTQ films to Sacramento audiences.

Lavender Library board member Trevor Neeley was recently interviewed on the *Big Gay Fiction Podcast* with Jeff Adams and Will Knauss about the library's 20th anniversary celebration this fall. [BigGayFictionPodcast.com](http://BigGayFictionPodcast.com)

Old-school Sacramento activists are sure to remember Boyce Hinman founder of Lambda Letters and California Communities Institute. He and two friends recently bought Auburn Needleworks and now sell supplies and give classes in needlepointing, knitting, crochet and weaving. Drop in or check out their website at [auburnneedleworks.com](http://auburnneedleworks.com).

Congratulations to Paul Curtis who was recently voted in as a board member of the

National Council for Behavioral Health (NCBH). The NCBH is the unifying voice of America's health care organizations that deliver mental health and addiction treatment and services.

Congratulations to Lisa LaChapelle-Naranjo, Allied Health/Nursing, Sacramento City College, California Endowment Scholarship; Luna Lund, Sociology, Folsom Lake College, California Endowment Scholarship; and Paul Sherrer, Marketing, Sacramento City College for being awarded Point Foundation scholarships ([pointfoundation.org](http://pointfoundation.org)). They were among the 45 students selected from a field of over 2,000 applicants. Way to represent!

Lots of happiness to Will Crews and Michael Dennis as they celebrate 29 years together, and also to Troy Butler and David Baker on their anniversary. Congratulations to John Hayden on his new job, and J. Scott Coatsworth on the release of his Sacramento based book *River City Chronicles*. Welcome back to Sac DJ Robert Long. Happy birthday to Jayna Anderson, Craig Cannon, Allen Schmeltz, David McDonald, Kacen Maples, Jackson Harris, Bonnie Osborn, Cal Specht, Michelle Aulisio, Sean Allen Murray and all the other early July babies.

*Got events, birthdays, anniversaries, or did something awesome happen to you recently? Let Matt know at [matthew.burlingame@gmail.com](mailto:matthew.burlingame@gmail.com). And check out his other work at [JustKissTheGuy.com](http://JustKissTheGuy.com).*

## Outword Salutes Sacramento's Rainbow Chamber of Commerce

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# What's New On Local Stages?

by Chris Narloch

There is always something worth seeing on Sacramento stages, and this month I found two must-see shows that are already open and will be playing into July: *Boy* and *Seven Brides For Seven Brothers*.

## Seven Brides For Seven Brothers

I haven't seen any cast photos yet, but the new Broadway At Music Circus production of this classic show is bound to include at least one – if not seven – strapping studs dancing and singing their hearts out.

That makes this a gay-friendly show, even though the book (about an assertive young bride who attempts to civilize and marry off her six rowdy brothers-in-law, with comic results) couldn't be more hetero-normative.

Aside from the fun and funny story, *Seven Brides* contains spectacular choreography. Set in the 1850s Oregon wilderness, the musical is based on the beloved MGM film from 1954.

*Seven Brides* will be directed by the always reliable, go to guy at Music Circus, Glenn Casale and plays through July 1 at Wells Fargo Pavilion. For more information, visit [www.BroadwaySacramento.com](http://www.BroadwaySacramento.com).

## Boy

I wasn't able to see it before our deadline, but this intriguing queer play at Big Idea Theatre on Del Paso Blvd. is receiving great reviews.

Inspired by a true story, *Boy* explores the

tricky terrain of finding love amidst the confusion of sexual identity, and the inextricable bond between doctor and patient.

In the 1960s, a well-intentioned doctor convinces the parents of a male infant to raise their son as a girl after a terrible accident. Two decades later, the repercussions of that choice continue to unfold.

Don't miss *Boy*, playing through July 14. For more information, visit [www.BigIdeaTheatre.org](http://www.BigIdeaTheatre.org).



Boy poster art

# Don't Miss The Next LOLGBTQ Comedy Classic

This event will probably sell out again so get your tickets early for the next LOLGBTQ Comedy Extravaganza, which sashays into Punch Line Sacramento the evening of July 15, for one night only.



Drag queens can do a lot more than just lip sync to the latest pop songs – the talented performers coming to the Punch Line in Sacramento are ready to “stand up” and strut their stuff for this special LOLGBTQ comedy show.

Eight drag comics, including Apple Adams, Mercury Rising and Anna Mosity, are scheduled to take the stage, all leading up to a headlining set by Kelly Pryce, whose credits include *Last Comic Standing*, *Lopez Tonight*, *NickMom Night Out* and more.

Talent is subject to change. For more information, visit [www.punchlinesac.com](http://www.punchlinesac.com).

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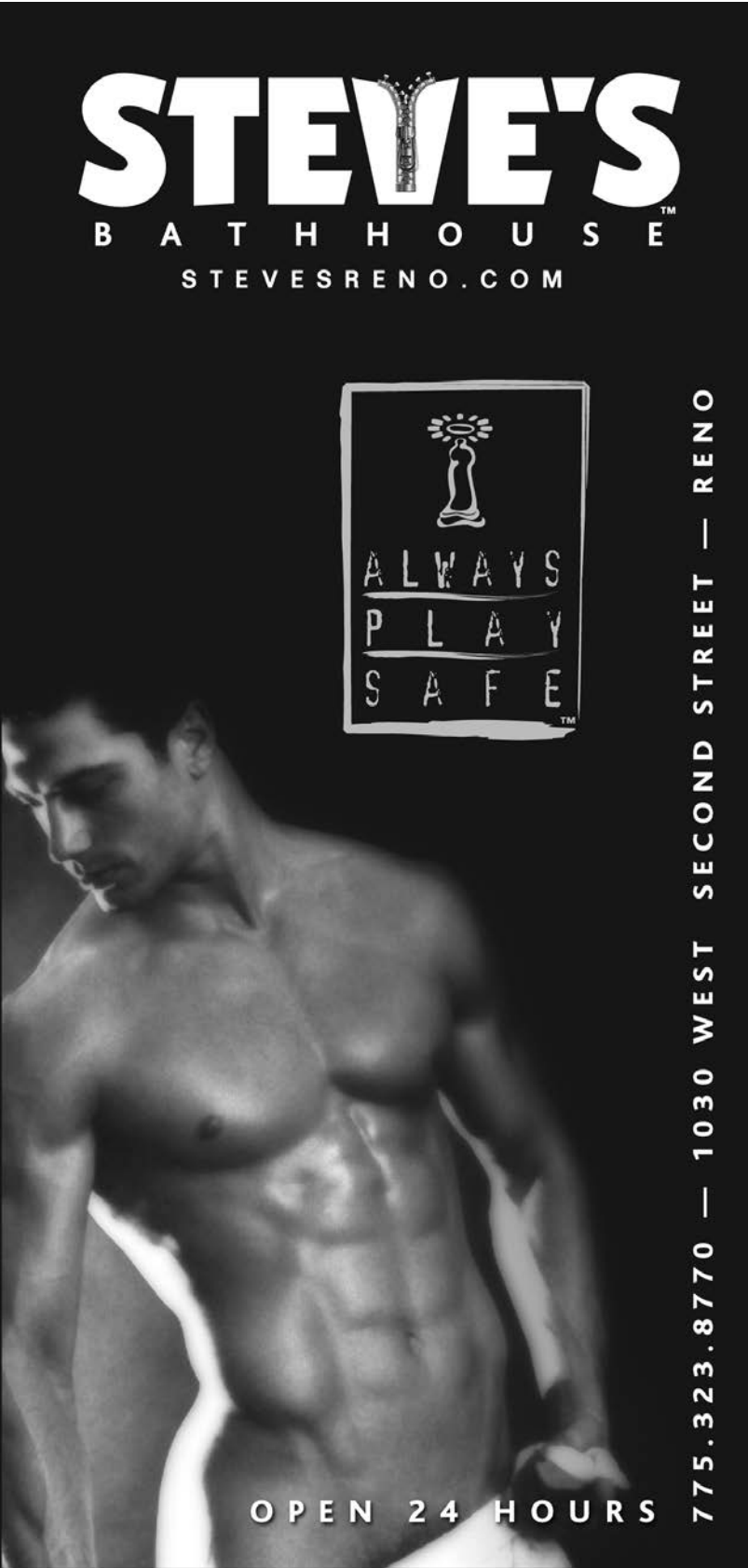
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## Sky Vodka Champions Boldly Optimistic Americans With New *Proudly American* Campaign

SKYY Vodka, the American-made vodka in the cobalt blue bottle, has launched *Proudly American*, to celebrate the spirit of today's bold, optimistic Americans. *Proudly American* captures SKYY's progressive and innovative origins and will debut in a series of phased programs featuring influencers from all walks of life, kicking off with out-and-proud Olympian Gus Kenworthy and "RuPaul's Drag Race" favorites Trixie Mattel and Dusty Ray Bottoms. Watch the video at [www.youtube.com/watch?v=ar5TqYGObvM](http://www.youtube.com/watch?v=ar5TqYGObvM)





# New Music For Theatre Lovers

by Chris Narloch

This year's Tony Awards are history now, with *The Band's Visit* the clear victor, after winning 10 of the 11 categories in which it was nominated, while Tina Fey's *Mean Girls* got shut out completely, despite 12 nominations.

While we wait for *The Band's Visit* to make its way to the West Coast in a year or two, its cast recording can already be enjoyed and is reviewed below. I also spotlight two recently released solo CDs by theater queens Betty Buckley and Sutton Foster.

## The Band's Visit – Original Broadway Cast Recording

Featuring a topical storyline and a rich tapestry of music, this new Broadway musical deserved every one of the Tony Awards it won recently.

Based on a foreign film screenplay by Eran

collaborator T Bone Burnett provided three compositions for the album, including the haunting "My Least Favorite Life," and true to her love of the great standards, the album also features two timeless classics – sensitive interpretations of the Jerome Kern and Ira Gershwin gem "Long Ago and Far Away" and "Young At Heart" by Johnny Richards and Carolyn Leigh.

Other highlights include two numbers from the seminal jazz-rock fusion group Steely Dan, including the wry "Any Major Dude Will Tell You" and the scintillating rock groove of "Don't Take Me Alive."



Kolirin, the show features music and lyrics by David Yazbek and a book by Itamar Moses and currently stars Tony winners Katrina Lenk and the great Tony Shalhoub.

After a mix-up at the border, an Egyptian Police Band is sent to a remote village in the middle of the Israeli desert, and with no bus until morning and no hotel in sight, the travelers end up being taken in by the locals.

Under the spell of the desert sky, the lives of the musicians and the villagers become intertwined, and the musical celebrates the deeply human ways music, longing and laughter can connect us all.

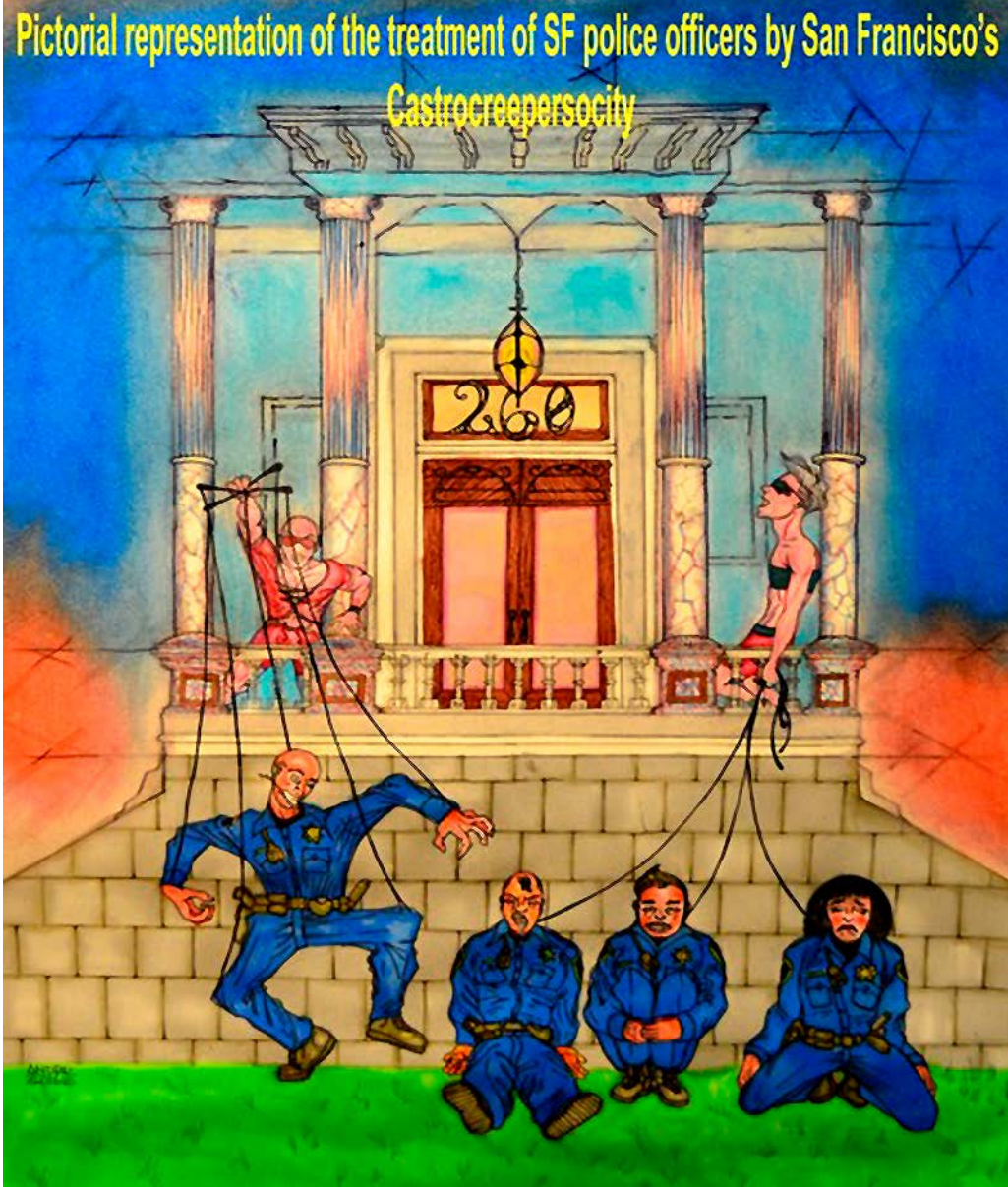
The cast recording of *The Band's Visit* is available now from Ghostlight Records.

## Betty Buckley – Hope

This multi-talented performer has enjoyed successful careers in movies, television and theater for decades. She won a Tony in 1983 for her show-stopping performance in the musical *Cats*, and she will take over for Bette Midler on the national tour of *Hello, Dolly!* later this year.

Betty Buckley is also a sought-after cabaret singer with an excellent ear for choosing great songs to record. That impeccable taste in lyrics does not desert the artist on her latest release, *Hope*.

Buckley's childhood friend and







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