

# outw<sup>o</sup>rd

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## Thanks for the Insightful Article on Choosing Art

Dear Editor,

I just read the current issue of Outword magazine, dated April 14, 2016.

What a special treat to feature a section, with advice on how and why to purchase artwork for your home.

It was well explained by your featured contributor, local artist, Steven Wiget.

I encourage you to feature him in later issues. He seems to know what he's talking about. His expertise comes through in this article.

I am going to grab more issues before they are taken, to share with co-workers and friends.

Thank you!

Kona Kaaihue.

## Gay Skate Night

Join Their Imperial Majesty's Jeo Treto and Taryn Thru-U for a night of family fun and skating on Tuesday, May 17th at The Rink, located at 2900 Bradshaw from 7 to 10 p.m.

Tickets are \$15 and includes entry and skates.

This event benefits CGNIE. You may purchase entry at the Door or in advance from by contact Empress 43 via email at tarynthruyou32@gmail.com.



## New Resource Launched for Homeless LGBTQ Youth

The National LGBTQ Task Force and the True Colors Fund have launched a collaborative resource for advocates working to support lesbian, gay, bisexual, transgender, and queer (LGBTQ) youth experiencing homelessness.

"At the Intersections," the new online resource written by 47 contributors, is a comprehensive guide for advocates, policy makers, service providers, and funders working to end homelessness among LGBTQ youth. The first-of-its-kind online publication highlights innovative approaches to supporting youth experiencing homelessness, provides case studies of replicable and successful models, as well as concrete solutions to ending LGBTQ youth homelessness.

"Close to 40 percent of youth that experience homelessness identify as LGBTQ," said Meghan Maury, National LGBTQ Task Force's Criminal and Economic Justice Project Director. "There are many factors that contribute to LGBTQ youth homelessness, including family rejection, abuse, aging out of foster care, economic

hardship, bullying and school harassment. This guide calls for a nuanced understanding in order to inform the creation of effective systems and programs that will meet the needs of the diverse population of LGBTQ young people experiencing homelessness."

On average, youth experience homelessness for the first time at age 15 and report being on the streets for nearly two years. Once they are out of their homes, LGBTQ youth suffer higher rates of physical and sexual assault than heterosexual youth experiencing homelessness. In order to survive, 28 percent of homeless LGBTQ youth report trading sex for basic needs such as food, clothing, and shelter. Additionally, LGBTQ youth are twice as likely as non-LGBTQ youth to attempt suicide.

To learn more about the guide, and to read it online, visit: [AtTheIntersections.org](http://AtTheIntersections.org).



AT THE INTERSECTIONS

A Collaborative Resource on LGBTQ Youth Homelessness



**Timing, teamwork,  
and technology  
saved my life.**

Meet Iwan van der Schoor – husband, father, expert skydiver and photographer. Following a hard water landing during a Fourth of July jump, Iwan was taken to a local hospital with five broken ribs and a life-threatening rupture in his aorta. Once stabilized, doctors rushed him by air ambulance to the level I trauma center at UC Davis – where the trauma team assembled to assist as vascular surgeons performed a minimally invasive aortic repair. Weeks later, with his doctor's permission – and that of his wife – Iwan is raring to get back in the air.

See Iwan's story at  
[healthierworld.ucdavis.edu](http://healthierworld.ucdavis.edu)

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# 12th Annual NorCal AIDS Cycle Is Underway

From May 12th to May 15, cyclists and crew in the NorCal AIDS Cycle will be riding 300 miles to raise money and awareness for HIV/AIDS service providers in the Sacramento Valley and beyond.

This year's ride will take the riders on an all-new route, concentrating the ride in the foothills around Auburn for four days, with a drop down to the valley and Yuba City.

Also new this year is a one day ride for cyclists who can't take the time for the full ride. They can still participate - and fundraise - on day four of the ride where in the final minutes of the ride all the cyclists will be flanked by a police motorcade escorting them to the steps of the State Capitol Building to cheering crowds - a heroes welcome!

Many of the riders in the NCAC have made the ride many times, including Mike Tentis, who is making the ride for the fourth time. "Day three is a century (100 miles) that starts in Auburn and heads down to Yuba City and then one has to climb back up to Auburn to finish that day," he said. "That's going to be a bit brutal after riding all day on Thursday and Friday."

All of the riders have a goal of raising \$2,000 each, and crew members will be raising \$500 each. And while raising money is an important aspect of the NorCal AIDS Cycle, for most of the cyclists, there is also a more personal reason for making the ride. "I ride to honor the memory of the 50 plus friends I've lost to the disease, including over 40 members of the Sacramento Gay Men's Chorus," said Tentis. "I also ride to help keep the conversation about HIV and safe sex alive in our community."

In 2015 the NorCal AIDS Cycle distributed \$197,000 to its beneficiaries. This amounts to 74 percent of the funds raised by participants and makes NCAC the largest HIV/AIDS fundraiser in the Sacramento and Northern California area. Over the past 11 years this group has raised over \$2 million dollars for local HIV service organizations.

Beneficiaries for this year's ride include: Cares Community Health: Caring Choices: Gender Health Center: Golden Rule Services: Harm Reduction Services: Nevada County HIV Testing Program: River City Food Bank: Sacramento LGBT Center: SANE (Safer Alternatives thru Networking & Education):



Mike Tentis

Shasta Trinity Tehama Food Bank: Sierra Foothill AIDS Foundation: Sierra Hope: Strategies For Change: (Turning Point): Sunburst Projects: UC Davis Children's Hospital Infectious Disease Clinic: Volunteers Of America: Women's Health Specialists: The riders are expected to return to the state Capital on Sunday at 11 a.m. where friends and family will be there to greet them, and the community is invited to join in the

celebration.

"My favorite part of the ride are the friendships that develop during the months of training that we do," said Tentis. "NCAC is a big family and it has caused me to rediscover the simple joys of riding a bike."

Contributions to individual cyclists fundraising goals or to the NorCal AIDS Cycle, can still be made by visiting [norcalaidscycle.org](http://norcalaidscycle.org).

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# RainbowPAC Endorses Steinberg for Mayor

RainbowPAC, the non-partisan political action committee of the Sacramento Rainbow Chamber of Commerce, has endorsed former Senate President Pro Tem Darrell Steinberg for Sacramento Mayor.

The endorsement was made by a vote of Chamber members in attendance at the organization's endorsement event on April 21.

"Darrell Steinberg has supported LGBT equality and inclusion since the earliest days of his political career when he served on the Sacramento City Council. He's marched in every LGBT Pride Parade; he's participated in Rainbow Chamber events; and he's demonstrated leadership in combatting hate crimes and hate speech against any minority," said Chamber President Paul Weubbe. "But just as importantly, our members believe Darrell possesses the experience, the leadership abilities and the wisdom that are crucial to ushering Sacramento into a new era of prosperity and economic growth."

"Rainbow Chamber and RainbowPAC are organizations that connect the progressive values of diversity, inclusion and equality with support for small business and economic development," Steinberg said. "I am honored to receive this endorsement and proud of the confidence Rainbow Chamber members have demonstrated in me to lead our city as Mayor."

RainbowPAC also endorsed Brian Caples, one of two Democrat running for the District 6 Assembly seat previously held by Republican Beth Gaines, who will be termed out in December.

Caples is pitted against two far-right conservative frontrunners, business owner Bill Halldin of Rocklin and Andy Pugno, lead counsel for anti-LGBT organization ProtectMarriage.com and co-author of Proposition 8.

Halldin, who is heavily endorsed, leads in fundraising. Pugno and Gaines faced off in the 2012 race for the seat, when Gaines took almost 70% of the vote in the general election. A total of 11 candidates are running in the geographically sprawling district,



Sacramento Mayor candidate Darrell Steinberg

which includes large swaths of east Sacramento and Placer counties.

Others who received RainbowPAC endorsement are former Assemblymember Mariko Yamada for Senate District 3; Folsom City Councilmember Kerri Howell for Sacramento County Supervisor District 4; Don Saylor for State Assembly District 4; Brian Caples for Assembly District 6; incumbent Kevin McCarty, who is running unopposed for Assembly District 7; and incumbent Ken Cooley for Assembly District 8.

The group also endorsed incumbents Allen Wayne Warren, Steve Hansen, Eric Guerra and Larry Carr for Sacramento City Council; Gary Miller for Roseville School District Board; and Walter Garcia Kawamoto for Twin Rivers School District.

RainbowPAC, the non-partisan political action committee of the Sacramento Rainbow Chamber of Commerce, was established in 2012. For more information about the Sacramento Rainbow Chamber of Commerce and RainbowPAC, visit [www.rainbowchamber.com](http://www.rainbowchamber.com).



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# Dining Out For Life Was a Delicious Success

**D**ining Out For Life Sacramento was held for the second annual time benefitting Sunburst Projects, a local agency that serves HIV-impacted children, youth and families, and while the accounting is not yet done, organizers are calling the event a success.



**Volunteers, friends and diners at Lotus Thai Cuisine. Photo by Todd Bailey.**

On Thursday April 28th, six local restaurants participated in this event by donating up to 33 percent of their income that day.

Sunburst Projects stationed volunteer event Ambassadors at each of the restaurants, who were responsible for selling raffle tickets and informing customers about the event and the beneficiary organization.

Raffle prizes included a stay package at the Citizen Hotel, Disneyland tickets, and an Amador Cellars winery tasting and tour.

The restaurants that participated this year were Kupros, Brasserie Capitale, Lotus Thai, Lowbrau, New Helvetia Brewing Company and Oak Park Brewing Company.

Raffle ticket sales alone raised over \$4,000 and plans for next year's event are already underway.

Sunburst Projects expresses gratitude for "amazing sponsors, volunteers, restaurant hosts and the Sacramento community for their support."

Sunburst Projects representatives also commented, "What makes this event successful is that we are able not only to raise funds for the necessary and amazing work Sunburst Projects does, but we are also raising awareness to the fact that HIV/AIDS is still a problem facing our young adults, and more so than ever in some communities."

If you are interested in volunteering with Sunburst Projects or becoming involved in next year's Dining Out For Life event, please contact Magali Robinson by emailing [dofl@sunburstprojects.org](mailto:dofl@sunburstprojects.org).

# DOE Urged to Clarify Legal Protections for LGBT Students

**U**.S. Sens. Al Franken (D-Minn.) and Tammy Baldwin (D-Wis.) led a broad coalition of 40 Senate Democrats in pressing the Department of Education to release comprehensive guidance on the protections afforded to transgender and gender non-conforming students in our middle schools, high schools, and colleges.

Students across the country are protected from sex discrimination by a law called Title IX, which says that any educational institution receiving federal funding – a public high school or college, and many private universities, for example – cannot treat people unequally on the basis of sex. And if a school violates that policy, its federal support may be suspended or terminated.

However, transgender and gender non-conforming students continue to face a disproportionate amount of discrimination compared to their peers. And so, amid attempts by legislatures in states like North Carolina to limit the rights of LGBT people and transgender students, the Senators are calling on Department of Education to release more comprehensive guidance on the full scope of protections Title IX affords transgender and gender non-conforming students.

"We strongly believe that it is our responsibility – not just as senators, but as adults – to protect our children and young people, and to help them flourish," wrote the Senators. "We applaud and thank the

Department of Education, as well as the Department of Justice, for sharing that goal, and for their commitment to equality and work in support of LGBT students. We respectfully request that the Department complete that work by issuing clear, comprehensive guidance."

The letter was also supported by some of the country's top LGBT rights organizations, including the American Civil Liberties Union and the Human Rights Campaign.

"As anti-equality activists mount campaigns across the country to pass radical laws that discriminate against transgender students, it's crucially important the Department of Education provide clear guidance to school districts about their responsibilities under federal law," said Human Rights Campaign Government Affairs Director David Stacy. "We commend Senators Franken and Baldwin for their leadership in working to ensure all students, regardless of their gender identity or sexual orientation, are able to learn in environments free from discrimination and harassment."



**Senators Al Franken (D-Minn.) and Tammy Baldwin (D-Wis.)**

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# SGMC To Be Honored at Artistic License Awards

by Andrew Neiman

California Lawyers for the Arts (CLA) will be celebrating the 9th Annual Artistic License Awards, honoring those whose extraordinary work empowers the communities they serve.

Two of this year's honorees – Senator Mark Leno and the Sacramento Gay Men's Chorus – have tackled the challenge of bringing the arts and creative resources to the LGBTQ community.

The awards will be held on May 17, at 6 p.m. at the California Automobile Museum, located at 2200 Front St. in Sacramento. Guests will enjoy delicious hors d'oeuvres, live music, a live auction, wine tastings from some of the region's best wineries and

the California state senate and among the first to the state's assembly, Leno was a triumphant leader in legalizing marriage equality in California. Recently, Leno authored bills establishing protections for transgender foster youth and prohibiting state agencies from engaging with companies withholding equal benefits from transgender employees.

Promoting collaboration and building bridges between the arts community, the



The Sacramento Gay Men's Chorus singing the National Anthem at a recent King's game.

artwork from talented local and regional artists.

Sacramento Gay Men's Chorus concerts are legendary for their whimsical ensembles and their prideful musical celebration of Sacramento's LGBT community. This luscious symphony of brawny baritones, electrifying tenors, and impeccable altos will surely put a smile on one's face.

The SGMC is an important part of the Arts Scene in Sacramento, singing at both a 2015 Kings Game and performing at the SacSings! Choral Festival since its 2014 inception. Their Spring Concert, *Seize the Day!* runs from May 20-21, but fans will rejoice when they take the stage three days prior at the May 17th ALA event.

Senator Mark Leno of San Francisco has been a fierce supporter of the arts, attending and speaking at various non-profit arts endeavors, including the 2015 California Arts Council Annual Meeting and the War Memorial Veterans Building, which provided space for artists and arts organizations.

Being the first openly gay man elected to

political community and the LGBT community is an endeavor that benefits us all as we continually strive to work together to build a community that is inclusive, supportive and representative of all its collective members.

This event is open to the public. We hope you can join us! Tickets are on sale at [www.eventbrite.com/e/9th-annual-artistic-license-awards-tickets-24234804954?ref=estw](http://www.eventbrite.com/e/9th-annual-artistic-license-awards-tickets-24234804954?ref=estw) and at the door.

California Lawyers for the Arts (CLA), is a non-profit organization that strengthens the arts community and the general public by providing education, representation, and low cost mediation services through the Sacramento Mediation Center.

For additional information visit [www.calawyersforthearts.org](http://www.calawyersforthearts.org).

*Andrew Neiman interns at California Lawyers for the Arts. He recently graduated from UC Santa Barbara, where he was active in student government. He begins law school this Fall*

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# Christy Ward Takes Over as Cares Community Health CEO

Cares Community Health, a nonprofit Federally Qualified Health Center (FQHC), has announced that the Board of Directors has appointed Christy Ward as Chief Executive Officer. Her first day at Cares will be Monday, May 23rd.

Ward is a highly experienced and passionate primary care leader and comes to Cares with more than 20 years of experience, recently serving as the Primary Care Services Director (a position similar to Chief Operating Officer) for the Multnomah County Health Department in the Portland, Oregon metropolitan area.

Under her leadership with Multnomah County, Ward has overseen more than 600 staff members at 21 FQHC sites that serve more than 45,000 patients at seven primary care health centers, an HIV primary care clinic, and thirteen school-based health centers.

"After an extensive nationwide CEO search, I am delighted that Christy jumped at the opportunity to join our team and lead the expansion of Cares in the Sacramento region while ensuring the long-term sustainability of our organization," said Richard SooHoo, Cares Community Health Board Chair. "Christy's strong focus on quality and clinical care combined with her longstanding service and passion to providing care to all regardless of their ability to pay make her the best fit for Cares during this time of unprecedented growth for our organization," Richard added.

During her tenure at the Multnomah County Health Department, Ward has overseen and expanded access to care for thousands of patients, many from diverse, underserved, and uninsured populations, as well as overseen the hiring of over 100 new staff and medical providers to meet Oregon's expanding health care needs in light of the federal Affordable Care Act. She has served in previous leadership positions at Kaiser Permanente in Oregon and at Oregon Health and Science University, understanding well the importance of community partnerships and collaborations with safety net clinics, regional health care organizations, and civic leaders.



**Christy Ward**

"I am very excited and humbled to be joining Cares Community Health as its next CEO," said Christy Ward. "During my discussions with Cares board members and senior staff, it became evident to me that those at Cares go far beyond just a name to truly encompass a compassionate way in which they approach caring for patients every day," said Ward. "I was touched and drawn to being a part of the Cares team given the passion they have for the work they do and the service they provide," added Ward.

Ward's hire as Cares CEO comes at a pivotal time for Cares Community Health given the present expansion of its Downtown Sacramento clinic location and further outreach and growth in the broader Sacramento region. Up to and since receiving its FQHC designation from the U.S. Department of Health and Human Services in May 2015, Cares Community Health has more than doubled its patient population to presently more than 5,340.

Visit [www.carescommunityhealth.org](http://www.carescommunityhealth.org)

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# Two Perfect Days in Maui - One in the Air and One Shirtless in a Porsche

by Fred Palmer

I love to travel and one of my favorite places is Hawaii. There is so much to offer and while visiting you can choose activities and outdoor excursions that are full of adventure, or just do nothing and sit on a beach or by the pool with a cocktail. No matter what you choose it will be your vacation to enjoy the way you want to.

While recently visiting the islands we spent some time in Maui and as always I was so happy that we did a few days of nothing and a few days of adventure.

Now, I know we all have a "bucket list" or a "I have to do this in my lifetime list," but I experienced two amazing things that are immediately on my "I am so glad I did this list" and both are now in my top three to five best things ever experienced list.

Flying high in the sky with the gods and goddesses was experience number one on Maui. The islands of Hawaii are spectacular but you can't see as much of its amazing beauty until you are in the air in a Helicopter.

You could jeep some of the island and even hike it too, but there is nothing like flying literally above it! The views are breathtaking and you can see millions of years of nature that created the various valleys, mountains, cliffs, rainforest, and waterfalls. There is just no way to accurately describe the experience without using words like majestic, spiritual, ad awe inspiring, but

it is true and you just have to experience it for yourself.

Blue Hawaiian Helicopters is well know for their quality staff and customer service as well as their fleet of Eco-star helicopters. They have been used to film many Hollywood movies including *Jurassic Park*, *Pearl Harbor* and many more.

The Eco star is quiet and smooth and very safe too. The inside of the helicopter itself is beautiful with first class leather seats and 60 square feet of panoramic glass for viewing. There were five people plus the pilot on our trip, and although you are assigned seats by weight, we were lucky enough to be in the front bench with the pilot so we had spectacular views

Our experienced pilot, who was a women and I love that, used to be a medevac helicopter pilot. Once in our seats, headsets on and harnesses buckled, she walked us through what to expect and took off into the air effortlessly. As we flew off, she shared with us her seemingly unlimited knowledge of the island, its history and culture and even how it was created.

Playing in our headsets, which by the way are Bose's aviation grade and noise cancelling, is perfectly timed music to match with the different sights, with magical Hawaiian drums beating softly in our ears as we soar into valleys, over mountain peaks and towards waterfalls that cascade into the rainforest.

Our pilot maneuvered the aircraft and made turns toward and around many waterfalls and valleys, offering different perspectives so that all could see and take photos from different angles as she described just how and where they were formed to every beautiful detail.

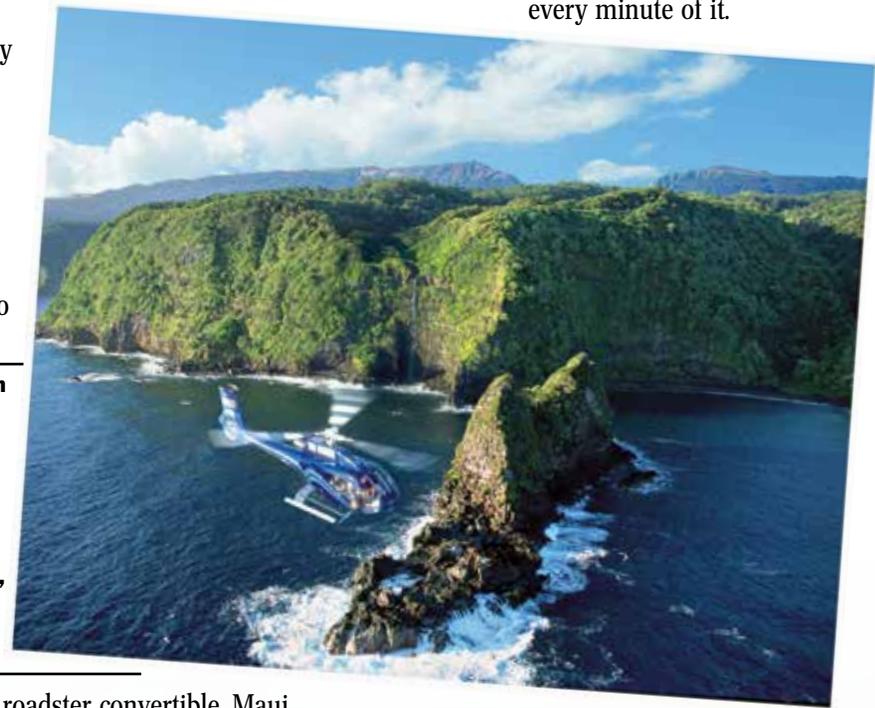
The trip we chose took us soaring above West Maui and then over to the Island of Molokai. On the way to the island of Molokai she pointed out whales, Mantas and great snorkeling spots. Over Molokai we saw the world's highest, most spectacular sea cliffs, Hawaii's tallest waterfall, remote valleys and the famous Kalaupapa peninsula that used to be a quarantined leper colony.

At the end of our 50-minute tour and once back on the ground you can even get a four-camera digital

recording of the entire trip with the sound, but it just doesn't do justice to the trip. I highly recommend taking this trip and having one of the most amazing experiences that you can in life and travel. You should book well in advance either on line [www.bluehawaiian.com](http://www.bluehawaiian.com), or call them at 800-745-2583

The following day was just an amazing James Bond experience! We had the rare and exhilarating experience to drive a 1957

**Blue Hawaiian Helicopters have been used to film many Hollywood movies including Jurassic Park, Pearl Harbor and many more.**



Porsche 356 roadster convertible. Maui Roadsters rents one of four reproductions for a half day or a full 12 hours . My partner does not know how to drive a stick shift so I was able to enjoy driving this iconic car all day while he sat as my very handsome and amazing passenger or as he called it, my Bond Boy! HOT! No really HOT HOT HOT!!!!

We decided to take the day and the Porsche on the road to Hana, and if you have ever experience the road to Hana I have to say you didn't actually.

Driving the road to Hana in this car was absolutely incredible and although I was very excited to have the opportunity to do the drive, my expectations were more than exceeded. I told my partner that this was on the top of my two or three things that I have done list and second to having him in my life it might be number two!

Even if you are not going to Maui soon, go to the website and look at one of the cars and I bet you will be booking airfare soon. Or maybe I should post some of our video of the drive? The four cars are named and include Mano, Hawaiian for shark with a sleek red interior; Lani, Hawaiian for Heavenly; Pele, Hawaiian for lava goddess; and Hoku, Hawaiian for star.

At this

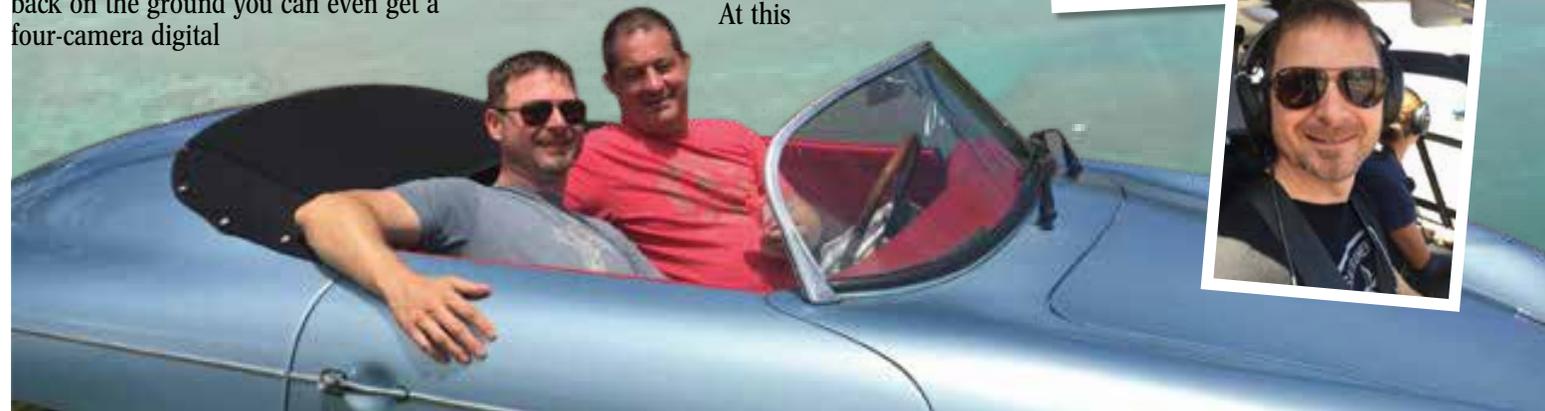
point I want to plan three more trips so we can drive all three.

I just cannot say enough. What an amazing experience and opportunity this was. I can assure you that we did a lot of screaming and smiling as we passed tons of lurkers and gawkers. Driving as fast as we could on the windy road to Hana and loving every minute of it.

The owner told me to NOT baby the car and that it loves to be driven fast and to let the clutch wind high as that is the best way to drive it. Speaking of the owners, they are a wonderful husband and wife team and they take care of you as if you were family. Truly wonderful to work with!

You can't rent the cars overnight, just for the day or half day and the price it totally worth it. Price includes a special insurance policy too.

Book in advance at [www.mauiroadsters.com](http://www.mauiroadsters.com), where you can get more information, photos and rental information, or call them at 808-339-6204.



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# Mendocino FF Features Four LGBT Coming of Age Films

What would a coming-of age tale be without intrigue, splintering friendships, family obligations, and a few brushes with authority?



**First Girl I Loved**

Fortunately, you won't have to answer that questions, because all four films in the 2016 Mendocino Film Festival's LGBT program center on the struggles of the protagonists to define themselves while retaining their relationships with the families that have shaped their identities.

Each film explores LGBT relationships from a different vantage point, but certain common themes emerge, such as the importance of LGBT role models, the influence of parental involvement, and the pervasive discomfort that comes with trying to be something you're not.

*Viva*, *First Girl I Loved*, *Crossing Rachmaninoff*, and *Sunset Song* all explore that age-old dilemma of fitting in versus embracing an identity that may be rejected.

## Viva

Ireland's submission for Best Foreign Language Film, *Viva* follows a young man who dreams of taking to the stage in the Havana drag club where he does hair. Just as he is poised to accomplish his goal, his estranged father – a former champion boxer with strong ideas about appropriate displays of masculinity – turns up on the scene. What follows is a poignant portrait of a fractured family, as the two men slowly learn more about one another. *Viva* stars Héctor Medina, a rising young star from Cuba, and Jorge Perugorria, who starred as Diego in *Strawberry and Chocolate*.

## First Girl I Loved

This film charts the experience of a teen growing up gay in an LA outwordmagazine.com

high school. Though she never doubts her sexuality, when quiet yearbook nerd Anne (Dylan Gelula, best known as Xan in *The Unbreakable Kimmy Schmidt*) falls for the captain of the softball team (Brianna Hildebrand of *Deadpool*), trouble soon follows. Anne discovers that those around her don't view her identity as a foregone conclusion, and opposition comes from the last person she would have expected. Also features Cameron Esposito.

## Crossing Rachmaninoff

This music documentary that will have its U.S. premiere at the Mendocino Film Festival in June, and features a young man who not only denied his sexuality but also ignored his love of music for years, instead pursuing a career in tech in order to live up to his family's expectations. Finally choosing to follow his passion, pianist Flavio Villani moved to New Zealand, devoted himself to music, and excelled. Flavio Villani will be in attendance at the screening of this film.

## Sunset Song

*Sunset Song* examines a heterosexual romance, set against the brutal backdrop of Scotland on the eve of World War I, an era in which the territory began to push for greater autonomy, embracing the advent of modernization even as the war was bringing devastation. Perhaps unsurprisingly, given director Terence Davies's reputation as one of the legends of GLBT cinema, *Sunset Song* also explores themes of parent-child conflict, tradition versus progress,

and identity versus obligation.

Navigating the territory between youth and adulthood is never a simple task. During the time when young adults are struggling to define their own identities and plan their future, going against cultural and familial pressure can seem like an impossible task – but that's what makes for a good drama. And all four of the films in this year's program shine the spotlight on issues of identity, sexuality, and filial responsibility, while artfully depicting real and complex characters who have to come to terms with who they are and how their actions impact those closest to them.

The four films screen the weekend of June 2-5. Travel the world from the edge of your seat with these remarkable stories at the Eleventh Annual Mendocino Film Festival.

*Crossing Rachmaninoff* screens Friday, June 3, at 3 p.m. in Mendocino Village and Saturday, June 4, at 10:15 a.m. in Fort Bragg.

*Sunset Song* screens Friday, June 3, at 8 p.m. in Mendocino Village and Sunday, June 5, at 10 am in Fort Bragg.

*Viva* screens Saturday, June 4, at 8 p.m. in Mendocino Village.

*First Girl I Loved* screens Sunday, June 5, at 12:30 p.m. in Mendocino Village.

Additionally, *Ziggy Stardust*, a tribute screening and concert to the late David Bowie, screens Friday, June 3, at 8 p.m. in Mendocino Village.

For tickets and information, visit [MendocinoFilmFestival.org](http://MendocinoFilmFestival.org).

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For more information: [Saccenter.org/prideawards](http://Saccenter.org/prideawards)

# Local Chorus Digs for Roots of Choral Art

Musical styles may vary drastically from culture to culture, but are there universal themes? Perhaps. So this coming June, the adult a capella chorus, The Vocal Art Ensemble (VAE), will explore the common grounds of the human experience through a program entitled *Rooted—How Culture Shapes the Choral Art*.



The Vocal Arts Ensemble Madrigals in a previous concert.

“Life, death, love, dreams ... Everyone shares these life experiences, no matter their cultural background,” explains VAE director Tracia Barbieri. “So this program musically contemplates how differently—and not so differently—these universal concepts are perceived and expressed.”

The three-concert set will highlight historic works by composers Josquin Desprez and Claudio Monteverdi as well as modern arrangements by Jonathan Quick and Matthew Orlovich, plus pieces written in Bulgarian, Russian, and even Chinese and Japanese.

“Singing music from different time periods and in different languages illustrates that music is an important thread in the fabric of life, connecting humanity in space and time,” notes Cliff Ohmart, VAE tenor.

“Plus singing with no accompaniment means we can explore the range of tones, harmonies, and dynamics the human voice can achieve!” continues Ohmart. “It allows us to more intimately connect with each other,

as well as with our audiences.” Intertwining with these choral selections will be instrumental “soundscapes” by ceremonial sound practitioner René Jenkins, who tills sounds of nature via ancient indigenous and home-crafted instruments.

“Each instrument helps me express the qualities and elements for others to remember what has been forgotten or lost,” Jenkins told Sonoma’s local newspaper, The Press Democrat, in March\*.

Rooted will premiere on Friday, June 10 at 7:30 p.m. at the Trinity Episcopal Cathedral in Sacramento (2620 Capitol Avenue). Repeat performances in Davis are Saturday June 11, 7:30pm at the Unitarian Universalist Church (27078 Patwin Rd), and Sunday June 12, 4:00pm at the United Methodist Church, (1620 Anderson Road).

Suggested donation for the performances is \$10-25.

For more information, please visit [www.vae.trug.com](http://www.vae.trug.com) or call (530) 757-2396.

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# SGMC Presents *Seize the Day!*

The Sacramento Gay Men's Chorus is celebrating the beginning of its fourth decade with *Seize the Day!*, an exciting new concert that explores the feelings we all experience when facing change and growth.

More than ever before *Seize the Day!* presents SGMC's powerful musicianship and true strength as entertainers. Staged in the grandeur of The Crest Theatre, with dazzling lighting and poignant storytelling, the concert promises to inspire and energize audiences to take note, take a stand and *Seize the Day!* The show will run two nights only on May 20 and 21, 2016, with an 8 p.m. curtain.

The show evolves through an eclectic mix of music from pop and global songs to classical and modern choral music presented through the unique artistry of SGMC. The concert's program includes the eerily haunting "Past Life Melodies," which features harmonic overtone singing and aboriginal chants, as well as the powerful and driving "O Fortuna" from Carl Orff's *Carmina Burana*.

SGMC's voices deliver inspiring harmonies in the touching "Homeward Bound" by Marta Keen Thompson and a special arrangement of Neil Diamond's "Soolaimon" arranged by SGMC's own Paul Boisvert.

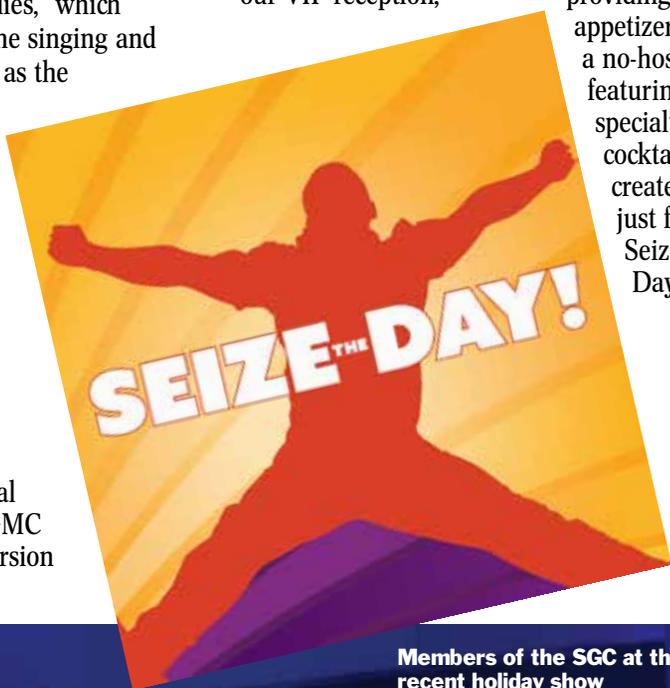
Known for playful choral versions of pop songs, SGMC will deliver a beautiful version of Coldplay's "Fix You"

their evening with dinner before the show are invited to take part in a special three-course, prix fix meal, created especially for SGMC, for just \$40 with seatings from 5:00 to 6:30 on Friday, May 20 and Saturday, May 21, only.

Reservations must be made ahead of time by calling Empress Tavern at 916-662-7694 or through [www.opentable.com](http://www.opentable.com). Reservations through OpenTable must include "SGMC" in the comments section for the reservation.

VIP tickets are available for *Seize the Day* and include early access to the theatre, lower level seating at the Crest and a special VIP reception starting at 6:30 pm the night of each show. Empress Tavern will be hosting our VIP reception,

providing appetizers and a no-host bar featuring two specialty cocktails created just for *Seize the Day!*



Members of the SGC at their recent holiday show

performed by Boy Howdy, SGMC's small ensemble, as well as OMI's "Cheerleader," Taylor Swift's "Mean," Journey's "Don't Stop Believin'," Disney's "Circle of Life" and, of course, "Seize the Day" from Disney's "Newsies!"

This year's concert experience is enhanced by SGMC's partnership with Empress Tavern and Chef Michael Thiemann to offer SGMC fans a true night out on the town! All audience members looking to round out

Tickets for *Seize the Day* are \$25 general and \$40 for VIP seating. Tickets are available through The Crest Box Office at 1015 K Street, online at [sacgaymenschorus.org](http://sacgaymenschorus.org) and at the Gifted Gardner located at 1730 J St.

For more information about the Sacramento Gay Men's Chorus visit their website at [sacgaymenschorus.org](http://sacgaymenschorus.org), email: [info@sacgaymenschorus.org](mailto:info@sacgaymenschorus.org) or call 877-283-1567.

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CROSSING RACHMANINOFF



FIRST GIRL I LOVED



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# Davis Pride Back for 2nd Year on May 22 with Fun for All

Last year Davis Pride resurfaced for the first time in a decade, brought back to life by the anti-violence organization Davis Phoenix Coalition and it was so much fun, they're doing it again!



In a partnership with the Sacramento LGBT Community Center, free HIV testing

all levels, will offer onsite check-in and continental breakfast at 9:15 a.m. at Davis's

In 2016, organizers have expanded the number of events, raised the profile of the performers appearing on two festival stages, and added new features designed to boost the fun quotient for everyone in the family.

"Davis Pride gives the entire community the opportunity to come together in a safe space to celebrate LGBT equality, inclusion and Pride," said Davis Pride Director Sandré Nelson. "Thanks to the generous support of our partners, exhibitors and sponsors, we're thrilled to be able to keep festival admission free, so that all families and individuals are able to be part of this joyful event."

The free day-long Davis Pride Festival will be Sunday, May 22, 11 a.m. to 5 p.m.,



Bay Area band The Seshen

at Central Park, on C Street between 3rd and 5th streets in Davis.

Headlining the festival's Wells Fargo Main Stage will be award-winning country music star Ty Herndon, who made headlines of another kind when he came out in 2014 in the pages of *People Magazine*.

Herndon, who says he struggled for years as a gay man in a once less-than-welcoming musical genre, followed up his announcement by organizing the GLAAD-sponsored Concert for Love and Acceptance during the Nashville CMA Music Festival.

The Davis Pride Festival will also feature performances by country singer-songwriter Anita Cochran, popular Bay Area band The Seshen, Sacramento Cheer, local band favorite JW and Friends, and, to close the day, a drag revue by UC Davis fraternity



Delta Lambda Phi.

Additionally, both the Wells Fargo Main Stage and the new Cal Aggie Alumni Association Community Stage will feature live performances throughout the day.

Other festival fun will include a vendor fair and food court, the Lasher's Elk Grove Subaru/Jeep/Dodge Pet Pavilion, featuring free pet adoption all day through the Yolo County SPCA and a cooling pool for canine guests; Kids Fun Zone and Pre-Teen Zone, featuring bounce houses, hula-hooping, origami art and face painting.



Anita Cochran

will be offered from 11:30 a.m. to 4:30 p.m.

Admission to the festival is free

and open to all ages.

The Davis Pride Festival will cap a long weekend's worth of Pride-themed events. Ty Herndon will arrive in town early to appear at the Davis Pride Community Bubbly Brunch at 11 a.m. on Saturday, May 21, at the UC Davis Walter A. Buehler Alumni Center, 530 Alumni Lane in Davis. The Bubbly Brunch will be co-sponsored by the Cal Aggie LGBT Alumni Association and Davis Phoenix Coalition.

The Run/Walk for Equality, offering 5K and 10K options for runners and walkers at

Central Park, followed by Opening Ceremonies at 10 a.m. Closing ceremonies and awards will be held at 11 a.m. on the Wells Fargo Main Stage. Pre-registration for the run/walk closes at 9 p.m. May 18. Participants who register after that date or on-site may participate but are not guaranteed a race t-shirt. Whole Foods Davis will provide a complimentary breakfast for all Run/Walk participants at the finish.

Now in its second year, the Run/Walk for Equality commemorates and honors all those whose lives have been changed by bigotry and intolerance. The event was launched in the aftermath of a brutal, anti-LGBT attack on Davis resident, Lawrence "Mikey" Partida, a 32-year-old long-distance runner, in 2013. Severely injured in the attack, Partida's love for running helped him get through months of rehabilitation and physical therapy.

Partida's mother, Gloria Partida, founded the non-profit, volunteer-driven Davis Phoenix Coalition to raise awareness about and help prevent hate crimes and bullying. Proceeds from Davis Pride and the Run/Walk for Equality support the organization's year-round work, which includes educational exhibits at community events such as the Davis Farmers Market, film screenings, and anti-bullying workshops for schools, churches and government agencies.

For more information about Davis Pride, the Run/Walk for Equality, or to volunteer, visit [www.davispride.org](http://www.davispride.org).



Anita Cochran

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# Country Hunk Ty Herndon Headlines Davis Pride

by Colt McGraw

This year's Davis Pride headliner, Ty Herndon, had finished a photo shoot for his upcoming album *House On Fire* when I spoke with him by phone. When I asked him about the shoot and his upcoming Northern California performance, he joked, "I haven't had a carb in nine days."



With a new album on the way and no end in site on his tour schedule, this country heartthrob is busier than ever.

I must admit to having a man-crush on Ty. To my great fortune, I got to spend Rainbow Festival 2015 with him and his talented friend, singer Anita Cochran.

I think that what gets to me most is Ty's graciousness and transparency. Yes, one more thing does come to mind - he's strikingly handsome.

When I asked Ty what he remembered most about his Sacramento performance he replied, "The crowd sang back to me. I love that."

Lets take a quick look back. With the dream to make music, Ty left Alabama for the bright lights of Nashville. After fifteen years of hard work learning his craft, the singer released the chart-topping country single "What Mattered Most"

That hit was followed by many more, including "Living In A Moment," "Steam," "Loved Too Much" and "I Want My Goodbye Back." Nearly 20 more years passed before Ty would publicly announce his sexual orientation.

"At the end of the day, I'm a singer and a song writer," Ty explains about his identity. In November of 2014, Ty became the first major market male country singer to come out. He also welcomes others to join him.

As a proud gay artist, he recognizes that the small group of openly gay country singers, which includes Brandy Clark, Billy Gilman, Chely Wright, and Shane McAnally, has unofficially created a little family.

When I spoke with Ty back in September, I remember sharing with him that I knew he was gay before he came out. I assumed many others did too.

I asked Ty how he handled the rumors before he officially announced his orientation. He explained, "They chose to ignore what I chose to ignore."

I also asked Ty if he was going to sing his

hits the way they were written or change the "she's" to "he's." He told me, "I sing them the way they were written."

However, the artist's new music has him singing a different tune. As he finishes his newest project, Ty proclaims, "I am singing my truth through my music." He says about his new album, "For the first time I am actually listening to my music."

Ty is also excited about partnering with a new group of tech savvy entrepreneurs. They are the brains behind the new app, B-OUT.

This all-inclusive social media/content hub will be a one-stop shop for intelligent and relevant LGBTQ content. The singer's partnership with B-OUT will allow Ty the opportunity to introduce his new material to music fans in a whole new way.

About that recent photo shoot, Ty shared a secret that Reba told him. "They can change everything but your eyes. Those have to look happy," Reba told him.

Take it from me, ladies and gentlemen. Ty's photo-shop editor is going to have more time on his hands than Casey Anthony at a PTA meeting, because up-close and in person he's a knockout.

I encourage everyone to make it out to Davis Pride, if only to get the chance to hear some of Ty's new music and sing along to his classic hits.

In a world that often promotes very narrow gay stereotypes, Ty proves that gay men can cross all boundaries to be who they truly are. To solidify this, Ty admits, "I'm the gay guy with the truck."

As if we didn't already know.

Ty Herndon is currently scheduled to perform at 3:00 p.m. on Sunday, May 22 on the Main Stage at Davis Pride.

For more information, please visit [www.tyherndon.com](http://www.tyherndon.com) and [www.davispride.org](http://www.davispride.org).

Colt McGraw is a freelance writer in Sacramento, and frequent contributor to *Outword*. He can be reached at [mrcoltmcgraw@yahoo.com](mailto:mrcoltmcgraw@yahoo.com).

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# Delta Lambda Phi Celebrates Davis Pride

by Chris Narloch

The 21 active “brothers” of the Xi Chapter of Delta Lambda Phi want you to know that DLP is not a “gay frat” per se. Rather, the diverse chapter, which includes students at UC Davis, is part of an international social fraternity for all men, irrespective of sexual orientation or gender expression.

Founded in Washington, D.C. in 1986, Delta Lambda Phi was created by a law student at Georgetown University who had been providing legal counsel to another student who was denied fraternity membership due to the presumption that he was gay.

DLP offers a social environment and structure similar to other Greek-model college fraternities, and in 2007, was one of the fastest growing fraternities in the United States.

To help kick off this May’s Davis Pride, we thought it would be fun to speak with a couple members of Delta Lambda Phi about their organization

shared identities and common interests, and that makes it easy and fun to live with one another.

**Aaron, did you personally attend or participate in *Davis Is Burning*? From the clips I watched on YouTube, it looks like a really fun event.**

I performed at the last three *Davis is Burnings*, and it’s actually a total blast. The crowd is always incredibly energetic and excited to see us, and vibing off that energy while you’re in drag and trying to entertain them is like nothing else. This last *Davis Is Burning*, I served as a prop for my

**have misconceptions about what fraternity life (and DLP specifically) are all about?**

I believe that there are certainly misconceptions about Greek Life as well as problematic stereotypes about how that intersects with queerness. When I reflect on my experiences with DLP, I think of fond memories with my brothers that have really helped me grow as a person and as a queer individual, and I think about all of the positive change we have made, whether that is promoting visibility to break down misconceptions or working collaboratively with other



Mason Schmidt and the Brothers of Delta Lambda Phi at their 2016 Winter Retreat.



Aaron Miller

and activism, which includes the popular charity drag event, *Davis Is Burning*.

I spoke with Aaron Miller, a 21-year-old Physics major originally from Marina, California, who has been in DLP for three years, and with Mason Schmidt, a 20-year-old International Relations major, originally from Oakdale, California, who has been a member for approximately 2 years.

**Aaron, why did you want to join a gay frat, and what has the experience been like for you?**

Delta Lambda Phi is not a “gay frat.” It’s a fraternity for all men, irrespective of sexual orientation or gender expression. I wanted to join because after interacting with the brothers at their Rush events, I wanted to continue to hang out with them and to be a part of the connection they share. It’s been a rocky experience because fraternities involve a lot more business than they appear to, and sometimes the brothers have wildly conflicting ideas about what we should do. Overall, I’m unbelievably grateful to this fraternity for connecting me to a huge support network. DLP introduced me to people I couldn’t imagine my life without.

**Mason, do most of the brothers live together in Davis?**

The majority of DLP brothers live together. Delta Lambda Phi really brings us close to one another. We form such strong bonds through

roommate’s performance too, and she snatched my wig off!

**Mason, there have been several scandals that have rocked the Davis campus in the last couple years, several of them involving Chancellor Katehi. Does DLP usually stay out of political controversies like that?**

Because so many of us feel passionately about queer issues and activism, we are consistently engaging in dialogue with one another about current events and the issues that affect us. I find that we typically try to keep DLP as an entity disconnected from politics that do not affect the intersectional queer community, but we all are free and encouraged to involve ourselves as individuals in whatever type of activism we feel passionately about.

**Aaron, do you feel that DLP is totally accepted by the rest of the Greek system, and by that I mean the “straight” frats and sororities? Are they inclusive and gay-friendly?**

I think that there are many Greek-affiliated students at UC Davis who hold problematic, invalidating, or otherwise hateful and destructive opinions regarding queer people, but as far as I can see, the behavior of their groups don’t reflect this. I mostly interact with other Greeks at social events that we plan, and any frat or sorority that isn’t queer-friendly wouldn’t try to plan an event with us, so I wouldn’t interact with them.

**Mason, do you think some people**

queer orgs like the Trevor Project, the Gender Health Center, or the LGBTQIA Resource Center on-campus. We put on events that, first and foremost, help us to grow as contributing members, but also open so many people’s eyes to the queer community and queer issues.

**Aaron, talk to me about DLP’s community and queer activism.**

Brothers of the UCD chapter of DLP have a history of activism in the Davis community, and many active brothers are directly involved with social justice work that takes place on campus. We are also the longest continually running chapter, which is cool. It’s a lot of hard work to put together events like *Davis Is Burning*, and we take an immense amount of pride in our presence on this campus and in the help we’re able to provide. I also want people to know that our next recruitment event is Rush at the beginning of Fall quarter and that we’re all super friendly.

**Mason, what would you like to tell *Outword* readers?**

Keep an eye out for next year’s *Davis Is Burning*, which will take place during January 2017. As next year’s Vice President, I will be heading this event and it is going to be fierce. Go on Facebook and “like” Delta Lambda Phi, Xi Chapter to hear about upcoming DLP events and “like” *Davis Is Burning* to stay up to date on its progress.

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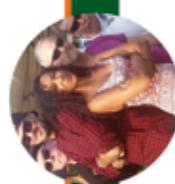
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# Celebrate Pride at the Crocker Art Museum

Sacramento's Crocker Art Museum is celebrating LGBTQ Pride with a full month of Pride activities, highlighted by Art Mix: Pride on Thursday, June 9, from 5 p.m. to 9 p.m.

What is Art Mix Pride? Well, it's like an art-themed nightclub, with live performances, art from social-justice activist Jamil Moises Liban-Ortañez, a dance party, a drag expose, mix-and-mingle games and more.

The always-entertaining Green Valley Theatre Company will be joining the party. This fun group is known for their cabaret shows as well as their skits. Surprises are in store, and one of the skits is titled "Take It Up the Ass," which can be a segue-way to remind you that Art Mix is a 21 and older

nod to Warhol's famous Factory, a hub/hangout for New York socialites, artists and the like in the 1960s through early 1980s. Take a trip down memory lane watching 1970's commercials, listen to Andy talk about his art via a pay phone (remember those?), sit in a beanbag chair, and take in the vibe.

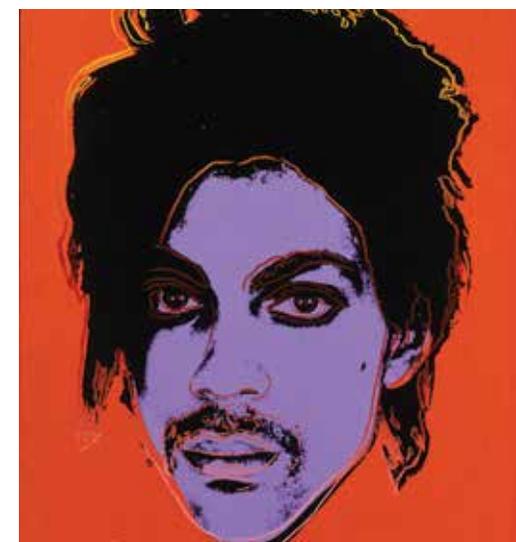
There will even be an Andy Warhol-inspired art project: making Polaroid themed magnets using LGBT icons from past and present, including entertainers RuPaul and Liza Minnelli, comedians Margaret Cho and Ellen DeGeneres, musicians David Bowie and Freddie Mercury, and San Francisco Supervisor/activist Harvey Milk.

Also on hand will be community organizations including Wind Youth Services, the Lavender Library, the LGBTQIA Resource Center at Davis and the Sacramento LGBT Community Center.

Additional LGBTQ inspired activities include a showing of the film *The Adventures of Priscilla, Queen of the Desert* on Thursday, June 2, at 7 p.m. Arrive early to enjoy campy Happy Hour cocktails in the Crocker Cafe by Supper Club, then head into the auditorium for an evening of film and fun. The short film *Hold Me While I'm Naked* (George Kuchar, 1965) will start the evening.

The Crocker's monthly Classical Concert features Black Cedar, a guitar, flute, cello ensemble on Sunday, June 12, at 3 p.m. In the final week of the Andy Warhol exhibit, it will include the 2015 work "Miscellaneous Music" by Durwynne Hsieh, commissioned by Black Cedar, drawing a connection with the art of Warhol by inflecting his music with popular culture, much as Warhol did in his famed, and at times jarring, portraits.

Tickets may be purchased at [crockerartmuseum.org](http://crockerartmuseum.org) or at the Museum admission desk. The Crocker Art Museum is located at 216 O St. in Sacramento. Parking is available at meters and lots but consider beating traffic by cycling to the Crocker, there will be free bike valet service.



Andy Warhol's "Portrait" of Prince

event.

Also in the house will be the Sacramento Gay Men's Chorus, which just celebrated 30 years making music that, according to the group's mission statement, "inspires its members and audience by instilling pride in our diversity and common humanity."

If you haven't yet seen the exhibit "Andy Warhol: Portraits," it closes June 19, so this is a great opportunity to see it if you haven't or visit it again one more time. "Portraits" includes portraits of Jackie O, Judy Garland, Arnold Schwarzenegger and – how timely – Prince. (Prince's portrait, done in 1984, is one of the later Warhols.)

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**EMPRESS**

## New Music from Bonnie, Cyndi & Gwen

by Chris Narloch

Three of our favorite rock goddesses, Bonnie Raitt, Gwen Stefani and Cyndi Lauper, have new music out. Read on to find out whose CD soars and whose sinks.

### Bonnie Raitt – Dig in Deep

Few artists still have something interesting to say after 20 albums, but Bonnie Raitt is not just any artist. One of the best slide guitarists in the business, male or female, Raitt also continues to be a superb singer and songwriter after decades honing her craft on the road.

On *Dig in Deep*, the artist does just that, with personal and passionate songs such as “All Alone With Something To Say,” “Gypsy In Me,” and “The Ones We Couldn’t Be.”

Raitt doesn’t forget to kick up her heels too, especially on a cover of INXS’ “Need You Tonight” that is almost as sexy as the late, great Michael Hutchence’s original version.

Only one track, “Shakin’ Shakin’ Shakes,” left me cold, but the other eleven tracks are all first-rate.

### Gwen Stefani – This is What the Truth Feels Like

I really tried to like this CD, Gwen Stefani’s first solo effort in ten years, but there really is no getting around the fact that it’s the weakest of her three studio records without No Doubt.

Stefani is unbelievably beautiful, but her thin, flat voice requires strong songs and even stronger production, which she does not get here. Especially unfortunate are the singer’s attempts to be current on “Send Me a Picture” and “Naughty,” which totally pander to Top 40 radio formula.

Even the CD’s opening track (“Misery”), which should be an album’s calling card, is a dud. Stefani wails “put me out of my misery” over and over, and by the end of the song, I wanted to say, “Okay, Gwen. Sounds like a good idea.”

Only on the last two tracks does the CD show some spark. “Me Without You” actually has some poignant, personal lyrics, and the closing song “Rare” is a dynamite dance pop track.

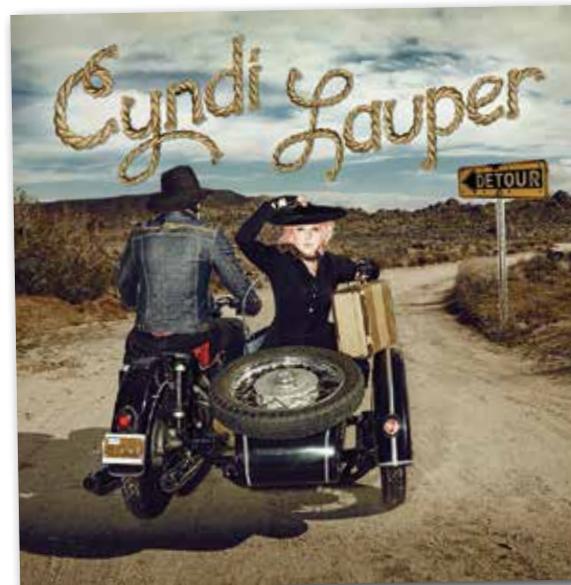


### Cyndi Lauper – Detour

The one and only Cyndi Lauper has recorded everything from disco to blues on recent records, and now she tries her hand at country music on this fun, if uneven, disc.

Lauper’s voice isn’t actually a fit for every tune on “Detour” – two covers of classics by the late, great Patsy Cline (“I Fall to Pieces” and “Walking After Midnight”) are not great, and her duet with Willie Nelson on “Night Life” is nowhere near as good as their duet on his recent disc – but when she chooses the right song, watch out.

Her duets with other country legends besides Nelson are the real highlights here, including a ready remake of Dolly Parton’s “Hard Candy Christmas” featuring Alison Krauss, a funny cover of “You’re The Reason Our Kids Are Ugly” with Vince Gill, and “I Want To Be A Cowboy’s Sweetheart,” which successfully teams Lauper with Jewel.



Cyndi Lauper. Photo Chapman Baehler

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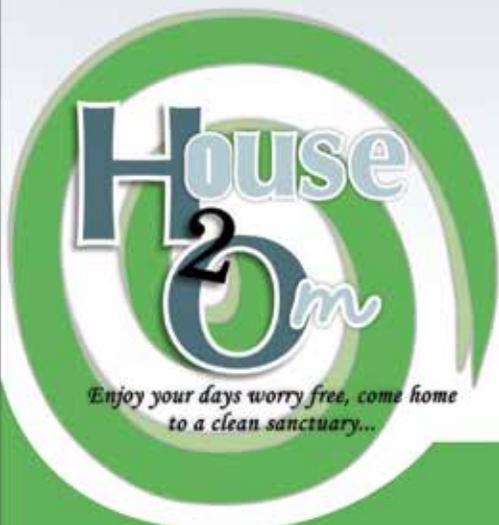
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# Motown The Musical and Avenue Q Plus Mud Blue Sky at B Street Theatre

by Chris Narloch

A hilarious musical featuring foul-mouthed puppets and another one boasting the back-story of the greatest soul music label in the history of America are just two of the don't-miss shows currently playing or coming soon to a theater near you.

If musicals aren't your bag, check out a highly acclaimed comedy packing them in at Sacramento's B Street Theatre.

## Motown: The Musical

*Motown The Musical* is the true "American dream" story of Motown founder Berry Gordy's journey from featherweight boxer to the heavyweight music mogul who launched the careers of Diana Ross, Michael Jackson, Stevie Wonder, Smokey Robinson, Marvin Gaye and so many more.

Featuring more than 40 classic hits such as "Dancing in the Street," "Get Ready," "My Girl," "My Guy," and "Ain't No Mountain High Enough," *Motown The Musical* tells the story behind the hits as Diana, Smokey, Marvin, Michael and the whole Motown family fight against the odds to create the soundtrack of change in America. Motown shattered barriers, shaped our lives, and made us all move to the same beat.

*Motown The Musical* plays May 18 - 29 at Sacramento's Community Center Theater, courtesy of Broadway Sacramento. Visit [www.BroadwaySacramento.com](http://www.BroadwaySacramento.com).

## Mud Blue Sky

I haven't had a chance to see this one yet, but as soon as I get back from vacation, I will be making a beeline to B Street Theatre because the synopsis below sounds like a hoot.

Air travel was once considered glamorous. But when three seasoned flight attendants are reunited at a motel near O'Hare Airport, the grungy accommodations and looming morning flight make them question their

lives in the "friendly" skies.

Joined by an unlikely fourth companion, a teenaged boy adrift on prom night, their typical layover is turned completely upside down.

Fasten your seat belts low and tight across your lap and put your cell phone in airplane mode as you join B Street Theatre on their flight across the "Mud Blue Sky."

*Mud Blue Sky* plays through June 5 at Sacramento's B Street Theatre. Visit [www.bstreettheatre.org](http://www.bstreettheatre.org).

## Avenue Q

Back by popular demand, *Avenue Q* has returned to the intimate stage of the West Sacramento Community Center Black Box Theatre, Runaway Stage Productions' summer home away from home.

This Tony Award-winning musical - it beat out *Wicked* for Best Musical, believe it or not - is the bawdy and very funny story of New York's Avenue Q, where humans, puppets, and even Gary Coleman coexist, live and love.

Imagine an R-rated version of *Sesame Street* and you'll have some idea of the fun in store for you at this decidedly adult puppet show. (Best not to bring the kiddies.)

One of the main storylines in the show features Rod, a closeted (and Republican) professional coming to terms with his sexual identity and his fears of coming out to his friends.

*Avenue Q* plays through May 29 in West Sacramento. Visit [www.runawaystage.com](http://www.runawaystage.com).



Avenue Q

## Present Laughter Lets You Party with Noël Coward



*Present Laughter* is one of Coward's most personal and wittiest comedies and follows a self-obsessed actor in the midst of a mid-life crisis who freely indulges his considerable appetite for wine, women and sleeping late. Plays May 21 - June 18 at the Eureka Theatre SF [TheRhino.org](http://TheRhino.org). Photo by David Wilson.

## B Street's *Mud Blue Sky* Is a Flight Full of Laughs



When three seasoned flight attendants are reunited at a motel near O'Hare Airport, the grungy accommodations and looming morning flight make them question their lives in the friendly skies. Joined by an unlikely fourth companion, a teenage boy adrift on prom night, their typical layover is turned upside down. Plays through June 5th. [bstreettheatre.org](http://bstreettheatre.org). Photo by Rudy Meyers.

## Outword Salutes Sacramento's Rainbow Chamber of Commerce

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Dr. Darrick Lawson, 1919 21st St, Ste. 101,  
916-447-3344 www.FixMyBack.com

ROCKLIN CHIROPRACTIC  
James Carlson, 916-624-0682  
www.RocklinChiro.com

## CLEANING SERVICES

HOUSE 2 OM  
916-9833-8510  
www.house-2-om.com

## COUNSELING

BRUCE GUNN, M.F.C.C.  
Lic. MM19480, 418 Alhambra Blvd.,  
916-443-7171

WEAVE SAFE ZONE  
916920-2952 WeaveInc.net

## DENTISTRY

SMILE ART DENTAL  
3171 Riverside Blvd.  
916-446-0203  
www.smileartdental.com

## DINING/BEVERAGES

ERNESTO'S  
1901 16th St., 916-441-5850  
www.ErnestosMexicanFood.com

IL FORNAIO  
400 CAPITOL MALL, 916-446-4100  
www.ilfornaio.com/sacramento

LUCCA RESTAURANT & BAR  
1615 J St., 916-669-5300  
www.LuccaRestaurant.com

## FINANCIAL PLANNING

MIDTOWN FINANCIAL  
Al Roche, 1330 21st St., Ste. 201,  
916-447-9220 MidtownFinancial.net

## GOLF

GRANITE BAY GOLF CLUB  
916-791-7578  
www.GraniteBayClub.com

## HAIR

TRENDSETTERS  
2115 J Street, Suite 102A  
916-455-0514

## HEARING

UNIVERSITY AUDIOLOGIC, INC.  
Deborah Powell, M.S., 1325 Howe Ave., Ste.  
101, 916-927-3137

## HEATING & AIR

PERFECTION HOME SYSTEMS  
916-481-0658  
www.HotCold.com

## HIV/AIDS SERVICES

CAPITAL CITY AIDS FUND  
1912 F Street, 916-448-1110  
CARES COMMUNITY HEALTH  
1500 21st St., 916-443-3299  
carescommunityhealth.org  
GOLDEN RULE SERVICES  
916-427-4653 www.goldenrules.info  
SIN SACRAMENTO HIV+ SUPPORT  
health.groups.yahoo.com/group/SINSacra-  
mento

## HOTELS

HOTEL RENEW  
129 Paoakalani Ave.  
Honolulu, HI 96815  
1-844-HTL-RNEW (1-844-485-7639)  
hotelrenew.com

## INSURANCE

NATIONWIDE INSURANCE  
916-245-2199  
www.NationwideSacramento.com

STATE FARM INSURANCE  
Stephanie Slagel, 916-485-4444  
StephanieSlagel.com

## JEWELRY

STONEFOLKS JEWELERS  
916-363-0898

## LANDSCAPING

DEMETRE LANDSCAPES  
916-648-8455  
THE GARDEN TUTORS  
916-606-6029  
www.gardentutors.com

## LIBRARIES

LAVENDER LIBRARY  
1414 21st St., 916-492-0558  
LavenderLibrary.com

## MEN'S CLUBS

STEVE'S  
1030 W. 2nd St., Reno 775-323-8770  
www.StevesReno.com

## OPTOMETRY

CAMERON YEE, O.D.  
6407 Riverside Blvd., 916-395-0673  
DrCameronYee@aol.com

## PET SITTING

LUCKY BUDDY PET CARE  
916-505-4575 LuckyBuddyPetCare.com

## PHARMACY

NATOMAS PHARMACY  
2087 Arena Blvd. Sac. 95834  
916-575-7827  
www.NatomasPharmacy.com

## REAL ESTATE

BETTER HOMES & GARDENS  
1819 K St. 916-491-1516  
www.BHGHome.com/midtown

Joan Dunn, 916-716-5584  
joan@joandunn.net  
Brian McMartin, 916-402-4160  
Brian@BrianMcMartin.com

COLDWELL BANKER  
Mark T. Peters, 916-341-7794  
www.MarkPeters.biz

SELLSTATE FIRST CHOICE REALTY  
Rick West, 916-247-8952  
rwest92924@aol.com

## THEATERS & MOVIES

BROADWAY SACRAMENTO  
MUSIC CIRCUS  
916-557-1999  
www.BroadwaySacramento.com  
MONDAVI CENTER  
1 Shields Ave, Davis, 530-754-5000  
www.mondaviarts.org/events

## Cabaret from Beyond the Grave!!



Featuring comedy, burlesque, music, magic, drink specials, shenanigans and much, much more, Cabaret from Beyond the Grave is a fundraiser for 16th Annual Sacramento ZOMBIE WALK. Friday May 13, at 9 p.m. at On The Y Sacramento, 670 Fulton Ave. facebook.com/events/477603769093141/



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# PrEP YOURSELF AGAINST HIV

## A DAILY PILL CAN PREVENT HIV INFECTION

If you are HIV negative and want to protect yourself from HIV, PrEP (pre-exposure prophylaxis) may be right for you:

- If you don't always use a condom.
- If you have multiple sex partners.
- If you have an HIV-positive partner.

Take an important step to reduce your worry about HIV.  
Ask your medical provider about PrEP.