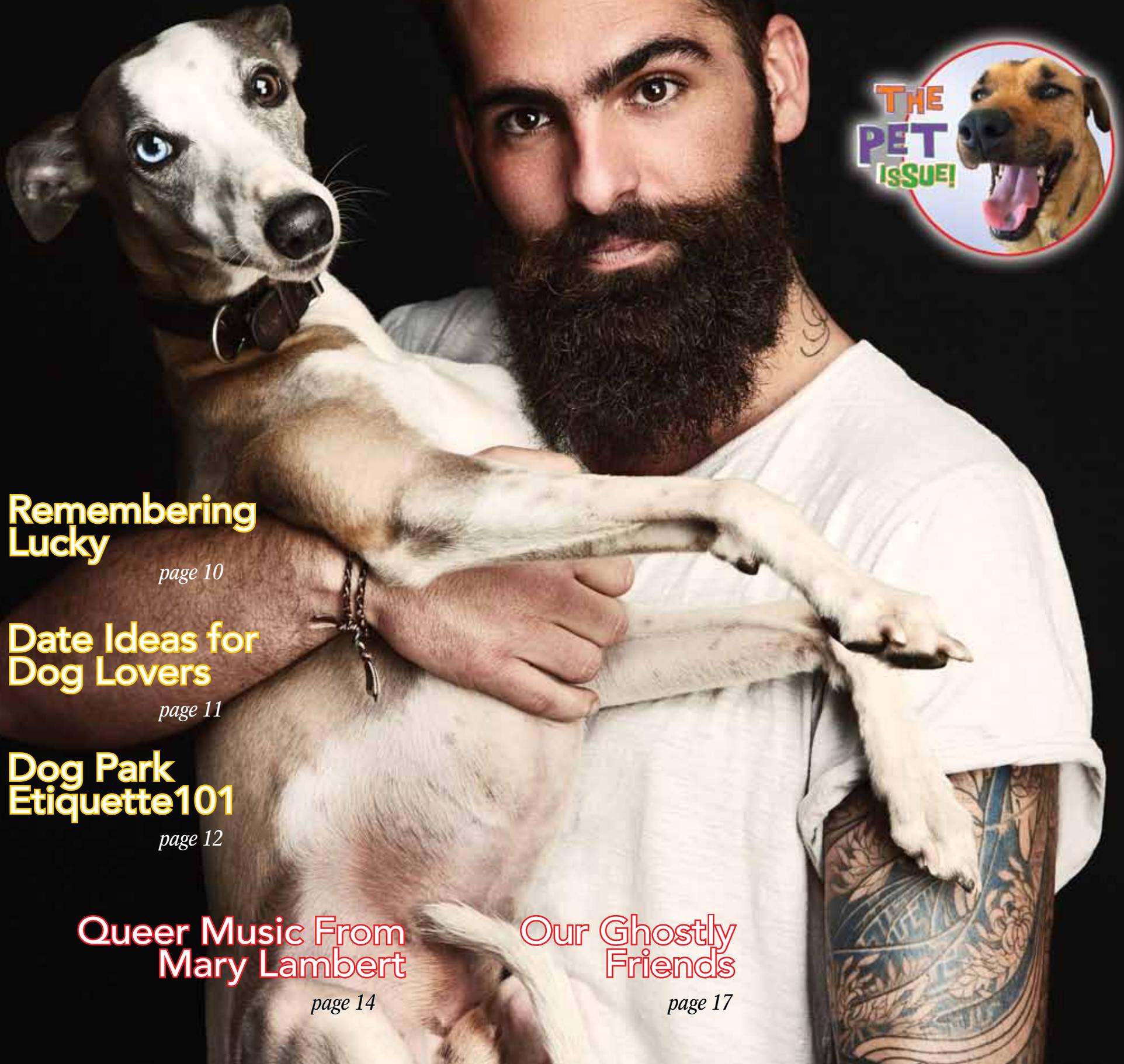


# outword

No. 515 • October 23, 2014 • outwordmagazine.com



## Remembering Lucky

*page 10*

## Date Ideas for Dog Lovers

*page 11*

## Dog Park Etiquette 101

*page 12*

## Queer Music From Mary Lambert

*page 14*

## Our Ghostly Friends

*page 17*

**Pride is something  
we can relate to.**

At Subaru, we believe in fairness for our employees and their loved ones. We're proud to have been the first car company to offer benefits to same-sex partners. And for more than 15 years we have supported the GLBT community through sponsorships, events, and advocacy. **Love. It's what makes a Subaru, a Subaru.**



**LASHER'S™**  
ELK GROVE **SUBARU**

8585 Laguna Grove Drive | Elk Grove, CA 95757  
(877) 360-0259 | [ElkGroveSubaru.com](http://ElkGroveSubaru.com)

# When it comes to Real Estate Who Do You Call?

Residential • Commercial  
Investment Properties • Short Sales



Proud to be the Rainbow Chamber of Commerce  
"2012 Business Leader of the Year"

**Brian McMartin**

Broker-Associate, REALTOR®  
DRE # 00997069

**916.402.4160**

Brian@BrianMcMartin.com



1819 K Street, Sacramento, CA 95811



## Everyone deserves to be in good hands<sup>SM</sup>

We believe you have the right to feel safe being who you are, wherever you are - especially in our office. Let us help protect all that's good in your life. Call us today for a quote.



**Jeff Beck**  
**(916) 684-3753**

Elk Grove  
jeffbeck@allstate.com  
CA Insurance Agent #: 0E12799



**Denise Regnani**  
**(916) 315-3030**

Rocklin  
deniseregnani@allstate.com  
CA Insurance Agent #: 0D02429

CELEBRATING OUR  
**10th YEAR**  
SERVING SACRAMENTO



luckybuddypetcare.com

**916 • 505 • 4375**

pet sitting • dog walking • animal companionship



**Allstate**<sup>®</sup>

You're in good hands.

Auto Home Life Retirement

Subject to terms, conditions and availability. Allstate Indemnity Co. Northbrook, IL. © 2013 Allstate Insurance Co.

88723



**Suzanne J Shephard**  
ATTORNEY AT LAW



- Wills and Living Trusts
- Pet Trusts
- Probate
- Trust Administration
- Evening & Saturday Appointments Available

**484-3929**

[www.sjshephard.com](http://www.sjshephard.com)

2775 Cottage Way • Suite 13 • Sacramento 95825

**Every Dream Home  
Deserves a Dream Loan**

*... simple as that.*<sup>®</sup>

Specialize In: FHA & VA, Conventional,  
Jumbo, USDA, HomePath<sup>®</sup>

**Brad Bauer**

Senior Loan Consultant • NMSL ID 259751

Mobile **916-715-7170**

**Dan Huffman**

Loan Consultant • NMSL ID 821086

Mobile **916-769-2217**



All rights reserved. imortgage 3013 Douglas Blvd., #205 Roseville CA 95661. Office Phone 916-74-8400. Licensed by the CA Department of Business Oversight CRMLA 4131040. Corporate NMLS ID 174457. All rights reserved. Information contained provided not an advertisement to extend consumer credit as defined by section 226.2 of Regulation Z. Rate, terms and programs are subject to change without notice.

**ARE YOU PAYING TOO MUCH IN TAXES?  
OR CONFUSED BY TAX LAWS?**

*We take the mystery out of taxes and help you make  
the BEST financial choices during life's changes.*

**FREE INITIAL CONSULTATION**  
**916-966-9366**

- Domestic Partnership • Marriage • Divorce
- Children • New Career
- Purchase/Sale/Foreclosure of Home
- Bankruptcy • Retirement
- Business Start-Up/Sale
- Death of Family Member • Inheritance

Tax preparation includes FREE electronic filing.



**FRITZ RUSSELL, CPAS**  
Certified Public Accountants  
[www.FritzRussellCPAs.com](http://www.FritzRussellCPAs.com)

# Sacramento LGBT Chamber Announces 2014-15 Officers

California Commissioner of Insurance Dave Jones swore in the 2014-15 officers of the Sacramento Rainbow Chamber of Commerce at the organization's annual casino night gala, held Sept. 19 at the Dante Club in Fair Oaks.

Paul Weubbe of Laughton Properties and an owner of Billy's Farm, a family-owned certified organic Christmas tree farm in Wilton, will serve as Chamber president. Other officers are Jerry Dunlap, owner of Hair Play Salon & Spa, vice president; Alfonso Sanchez of AAA Insurance-Woodland, treasurer; and Leticia Juarez of AAA Insurance-Sacramento, secretary.

Serving at large are Chamber board members Richard Hernandez, Director of Human Resources, Hyatt Regency Sacramento; Jennifer Kennedy, owner of Perfection Home Systems; Jose Rodriguez, a Realtor with Better Homes and Gardens Real Estate-Mason McDuffie; and Ranveer Singh of Wells Fargo.

Michael Sestak, owner of Sestak Lighting Design, will serve on the board as Immediate Past President. Sanchez, Hernandez, Rodriguez and Singh were elected in August to their first terms on the Rainbow Chamber board.

"It is a privilege to be chosen by my fellow board members to lead the Rainbow

Chamber of Commerce," Weubbe said. "Over the past few years, our Chamber has been instrumental in electing the first openly gay Sacramento City Councilmember, Steve Hansen; in passing two key pieces of state legislation that will expand contracting opportunities for LGBT-owned companies; and in building productive partnerships with other area business organizations to create an inclusive and prosperous business environment in Sacramento.

"A strong, successful LGBT chamber of commerce is a great asset for any city and will be an increasingly important factor in attracting a diverse, progressive mix of businesses and workers to the Sacramento area. I look forward to working with our Chamber members, corporate partners like SMUD, Wells Fargo, UC Davis Health System and Western Health Advantage, and other regional leaders who share our Chamber's vision of growth and prosperity"

For more information, visit [www.rainbowchamber.com](http://www.rainbowchamber.com).

## UCD Medical Center Repeats As Leader In LGBT Healthcare Equality

For the fourth consecutive year, UC Davis Medical Center has been recognized as a "Leader in LGBT Healthcare Equality" in the Healthcare Quality Index.

The Healthcare Quality Index is an annual survey conducted by the Human Rights Campaign (HRC) Foundation, the educational arm of the country's largest lesbian, gay, bisexual and transgender (LGBT) civil rights organization.

our highest priorities," said Ann Madden Rice, chief executive officer for the medical center. "It's very gratifying to again receive recognition from the Human Rights Campaign Foundation for our commitment to excellent health care to all."

**UC DAVIS**  
**MEDICAL CENTER**

The medical center earned top marks in meeting non-discrimination and training criteria that demonstrate its commitment to equitable, inclusive care for LGBT patients, and their families, who can face significant challenges in securing the quality health care and respect they deserve.

"Setting the conditions for our patients, their families and our employees to feel welcome and included has long been one of

The findings were part of HRC Foundation's Healthcare Equality Index 2014, a unique annual survey that encourages equal care for LGBT Americans, and recognizes healthcare institutions doing the best work.

For more information about the Healthcare Equality Index 2014, or to download a free copy of the report, visit [www.hrc.org/hei](http://www.hrc.org/hei).

# Outword Staff

**PUBLISHER**  
Fred Palmer

**ART DIRECTOR/PRODUCTION**  
Ron Tackitt

**GRAPHIC DESIGN**  
Ron Tackitt

**EDITOR**  
Charles Peer  
editor@outwordmagazine.com

**ARTS EDITOR**  
Chris Narloch

**SALES**  
Fred Palmer

**CONTRIBUTING WRITERS**  
Chris Narloch  
Colt McGraw  
Bonnie Osborn  
Charles Peer

**PHOTOGRAPHY**  
Charles Peer

**ON THE COVER**  
A hot guy with a dog.

**DISTRIBUTION**  
Kaye Crawford  
Michael Crawford

## ADVERTISING SALES

**Northern California**  
(916) 329-9280  
Fred Palmer  
Charles Peer

**National Advertising Representative**  
Rivendell Media  
(212) 242-6863

outword

media • marketing • events

## Outword Magazine Inc.

### Office

372 Florin Road, #133  
Sacramento, CA 95831

**PHONE: (916) 329-9280**  
**FAX: (916) 498-8445**

**www.outwordmagazine.com**  
**sales@outwordmagazine.com**

ISSN # 1084-7618 United States Library of Congress

Nat. Gay and Lesbian Chamber of Commerce  
Sacramento Rainbow Chamber of Commerce  
Nat. Lesbian & Gay Journalist Association  
Midtown Business Association



## World AIDS Day 2014 Ceremony Planned

Capitol City AIDS Fund (CCAF) is hosting a World AIDS Day event on Monday, December 1.

The event is free-of-charge and light appetizers will be served. Sacramento Supervisor Phil Serna will lead a candle lighting ceremony in honor and recognition of World AIDS Day.

The event is at FACES Nightclub, 20th and K Streets, from 6 – 7:30 p.m. There will be two speakers, a long-term survivor and a young person. The event simply is a moment to come together and salute.

For more information, visit [www.cacityaidsfund.org](http://www.cacityaidsfund.org)

## LGBTQ Scholarship Applications Available

LGBTQ students seeking financial assistance for their undergraduate or graduate school education are encouraged to apply for a Point Foundation Scholarship.

Point Foundation (Point) is the nation's largest scholarship-granting organization for LGBTQ students of merit and currently provides financial assistance and programmatic support to 80 full-time students.

Students enrolling in undergraduate or graduate programs for the 2015-2016 academic year are eligible to apply for Point's multiyear scholarship.

Applications open online at [www.pointfoundation.org/apply](http://www.pointfoundation.org/apply) on November 1.

## UN Human Rights Council Votes To Support LGBT Rights

The United Nations' top human rights body has approved a resolution condemning discrimination based on sexual orientation and gender identity, calling it an important step forward toward progress for equality and human rights for LGBT individuals.

The Human Rights Council resolution – led by Brazil, Chile, Colombia, and Uruguay – followed a resolution in 2011 on the same topic led by South Africa and asks the UN Office of the High Commissioner of Human Rights to gather and publish information on how best to overcome discrimination and violence.

"The Human Rights Council has taken a fundamental step forward by reaffirming one of the United Nations' key principles – that everyone is equal in dignity and rights," said Jessica Stern, executive director of The International Gay and Lesbian Human Rights Commission (IGLHRC). "This resolution puts the UN on a trajectory to address the discrimination and violence LGBT persons suffer daily across the world."

Opponents of the resolution employed

procedural tactics to defeat the text, by presenting a total of seven amendments that would have eliminated all reference to sexual orientation and gender identity from the text, and made it applicable only to countries who proactively declare support for sexual diversity and rights.

These amendments were defeated by vote, and the resolution passed by 21 votes in favor, 16 against, and seven abstentions on September 26, 2014.

"The council is confirming that LGBT people have universal human rights," said Stern. "We know, of course, that the struggle is long, and that we will need the Council to focus on the violations we suffer for many years to come. But for now, we celebrate that the majority of States stood with us to declare, unequivocally, that human rights are for everyone, everywhere."

## AG Holder Says Feds Will Recognize G&L Couples In Seven New States

Attorney General Eric Holder announced on Oct. 17, that the federal government will recognize same-sex marriages taking place in the states affected by the U.S. Supreme Court's recent decision to decline to review rulings from three federal appeals courts that had struck down bans on same-sex marriage.

The Attorney General added that the Department of Justice will work with agencies across the administration to ensure that all applicable federal benefits are extended to those couples as soon as possible.

"We will not delay in fulfilling our responsibility to afford every eligible couple, whether same-sex or opposite-sex, the full rights and responsibilities to which they are entitled. With their long-awaited unions, we are slowly drawing closer to full equality for lesbian, gay, bisexual, and transgender Americans nationwide," Attorney General

Holder said.

In a video message released by Holder he said that the practical consequences of the Court's decision are profound for families throughout the nation. "Within hours of the decision, same-sex couples in Indiana, Oklahoma, Utah, Virginia, and Wisconsin were able to have their unions recognized in the states where they live – to stand with their partners, and with their children, as loving and committed families with the full protection of the law."

The full video of the Attorney General's message is available at [www.justice.gov/agwa.php](http://www.justice.gov/agwa.php)

Buying or selling  
a home?

Make sure it's  
"DUNN" right!



JOAN DUNN  
(916) 716-5584

[joan@joandunn.net](mailto:joan@joandunn.net)  
[www.joandunn.net](http://www.joandunn.net)

REAL ESTATE  
"DUNN" RIGHT!

dre #01372320

Better  
Homes  
MASON MCDUFFIE

**Honesty.  
Respect.  
Professionalism.  
Courtesy.**

It's how I treat all my customers. And you can be sure I'll always do my best to meet your needs.

Like a good neighbor, State Farm is there.®

CALL ME TODAY.



**Stephanie Slagel CLU, Agent**

Insurance Lic#: 0C34763  
6130 Fair Oaks Blvd, Suite E  
[www.stephanieslagel.com](http://www.stephanieslagel.com)  
Bus: 916-485-4444



**State Farm**

1101013

State Farm, Home Office, Bloomington, IL

# Wedding Services

**Stoney Folks Jewelers**



Original Wedding Sets & Bands · Jewelry Restyling  
Free Layaway · On Site Jewelry Repairs

*We're family owned and operated - 47 years and counting!*

**f** 916-363-0898 · StoneyFolks@sbcglobal.net  
10415 Folsom Blvd. #105, Rancho Cordova, CA 95670

## Save the Date!

**LGBT**  
*Wedding Expo*  
SACRAMENTO

Tuesday  
March 3, 2015

Vendor and Sponsor Space Available! For more information call 916.329.9280

[www.SacLGBTWeddingExpo.com](http://www.SacLGBTWeddingExpo.com)

brought to you by:

**outWord**  
media • marketing • events

**DETAILS·DETAILS**  
EVENTS & CONFERENCE PLANNING

# Join the Fun!

Drag Queens on Ice!

Gay Skate Night  
Wednesday - Nov. 12  
6 - 8 pm

✧ drag not required  
everyone is welcome ✧

✧ great music

price includes skate rental ✧

✧ support your fav charity  
fun stuff at the door ✧

7th and K Streets  
Downtown Sacramento

[downtownsac.org/events/ice-rink](http://downtownsac.org/events/ice-rink)

brought to you by

**outWord**  
media • marketing • events

ICE RINK

Here's how it works.

Simply buy your ticket from one of the charities listed below, either in advance, or at the door the night of the event, and that charity gets to keep 100% of that money.

Suggested Donation: \$10 (includes skate rental)

**CGNIE**

**BREAKING BARRIERS**



**ncac**  
norcal aids cycle  
norcal aids cycle.org



Shane Co.  
Wedding Club™  
powered by  
mywedding®



SOMETIMES PEOPLE NEED TO LOOK AT THINGS WITH A DIFFERENT PERSPECTIVE.

Finding the perfect rings is easy when you go to Shane Co. You'll enjoy our large selection, Free Lifetime Warranty and member-only discounts from wedding vendors with your free membership to the Shane Co. Wedding Club.™

Your friend in the diamond business.®

ShaneCo.com

In Roseville, on North Sunrise, across from the Automall.

Shane Co.®

DIAMONDS • RUBIES • SAPPHIRES • PEARLS



# Kate MacKenzie

L.C.S.W.  
Lic. No. LCS13330

- Solution-oriented brief therapy for couples.
- Individual psychotherapy utilizing traditional and non-traditional approaches to healing.

1731 "I" Street • Sacramento  
(916) 447-0350

## M. Jane Pearce

Attorney at Law

*Wills, Trusts, Adoptions &  
Domestic Partner Law*

455 University Ave. Ste. 370  
Sacramento, CA 95825

**(916) 452-3883**



THE HEALING TOUCH CHIROPRACTIC

**FREE EXAM  
for Outword Readers**

Some things in life...

Should be straight!

**Dr. Darrick Lawson**  
**916-447-3344**

Chiropractic • Massage  
Decompression Therapy

20 yrs. Chiropractic  
Experience

LOCATED IN MIDTOWN  
1919 21st Street, Suite 101  
Sacramento, CA 95811



[www.FixMyBack.com](http://www.FixMyBack.com)

# Gay and Bisexual Men See HIV as Top Health Issue, but Are Not Worried About It

More than 30 years into the HIV/AIDS epidemic, and at a time when infections among gay and bisexual men are on the rise in the U.S., a new national survey of gay and bisexual men finds that HIV/AIDS is named as the number one health issue facing their population.



Twenty-five young gay men get real about HIV as part of SpeakOutHIV, a campaign from Greater Than AIDS, that encourages people to break the silence around HIV. Watch the video at [greaterthan.org/speakouthiv/](http://greaterthan.org/speakouthiv/).

However, the study, undertaken by the Kaiser Family Foundation, shows that a majority (56 percent) are not personally concerned about becoming infected, and relatively few report having been tested recently.

Only three in 10 (30 percent) gay and bisexual men say they were tested for HIV within the last year, including 19 percent who report being tested within the last six months (these figures exclude the 10 percent who self-identify as HIV-positive).

Gay and bisexual men under the age of 35 are twice as likely as those who are older to report never having been tested for HIV (44 percent vs. 21 percent). The CDC recommends at least annual HIV testing for this population with more frequent testing advised by many health departments.

Only about a quarter (26 percent) know about PrEP (pre-exposure prophylaxis), a daily pill that people who are HIV-negative can take to lower their risk of becoming infected. Eight in 10 (80 percent) say they have heard "only a little" or "nothing at all" about the new prevention option.

Fewer than half (46 percent) of gay and bisexual men are aware that the current guidelines for people with HIV are to start

antiretroviral (ARV) treatment as soon as they are diagnosed, and only a quarter (25 percent) know about treatment as prevention. (Research shows that taking consistent ARV treatment can reduce the risk of passing HIV on to others by as much as 96 percent.)

More than half (56 percent) say that a doctor has never recommended they get tested for HIV, and six in 10 (61 percent) say they rarely or never discuss HIV when they visit their doctor.

"These survey results underscore the importance of getting the word out among gay and bisexual men about risk and new treatment and prevention options," said Kaiser Family Foundation President and CEO Drew Altman, Ph.D.

According to U.S. Centers for Disease Control and Prevention (CDC), one in five gay men in 20 major cities is estimated to be HIV positive with about one third not knowing they are positive. National estimates are that 12-15 percent of gay men are HIV positive. There is evidence that the situation is worsening. Between 2008-2010, CDC reports new infections rose 12 percent overall among gay men, and 22 percent among younger gay men, driven by increases among men of color.

# Smile Art Dental

Family & Cosmetic Dentistry

## Changing lives one Smile at a time



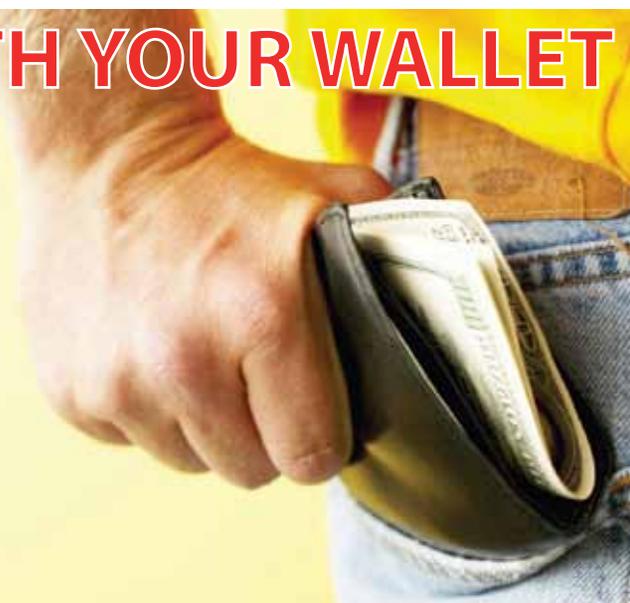
Joel Whiteman DDS  
Kristy Whiteman DDS

**SmileArtDental.com**

3171 Riverside Blvd.  
(916)446-0203

Next to Vic's Ice Cream and Images Salon Spa

# VOTE WITH YOUR WALLET



Support the businesses that  
support our community.

Spend your money with the  
advertisers here in Outword.

# Genderly Speaking Exhibit to Highlight Sierra College Pride Days

Photographer Ron Williams has captured the essence of gender identity and expression in photos he began taking in 1989 – dramatic images that capture the unique aesthetic of individual pride and gender expression as society evolves toward full equality for the LGBTQ community.

An exhibit of his work, *Genderly Speaking: A Retrospective Photo Exhibit from 1989 to 2013*, will be on display in conjunction with Sierra College Pride Days, November 4-6.

“Gender expression has always fascinated me, since my first experience seeing ‘female impersonators’ at world famous Finocchio’s, San Francisco’s infamous, popular nightclub during the 50s and 60s,” said Williams. “Whether it’s masculine or feminine, I believe people passionate about their gender expression, in radical and creative ways, are the bravest of souls.”

San Francisco’s annual Pride events. Also included are recent images from Sierra College’s recent Pride Days, drag show and fundraising calendar from 2013.

Williams is an activist/historian and photographer, originally from San Francisco. Born during WWII, he recently finished writing his memoirs, which focus on growing up in the 1950’s homophobic jungle of prejudice where he hid his sexuality before coming out in the early 60s.

“During the early struggles, there were no gay role models, it was a world of fear of



Collage of images by Ron Williams

The majority of the images are candid portraits, some are staged, some performance art. The close-up textures of the radical make-up, the saturated colors of costumes, the joy and sometimes sadness of one’s expression, are captured in this retrospective of images going back 25 years or more.

Many were captured on the streets in San Francisco’s Castro district during various Halloweens of the 1990s, fundraising events of the Sister of Perpetual Indulgence, Royal Court events and Sacramento’s and San

being found out,” Williams recalls.

*Genderly Speaking: A Retrospective Photo Exhibit from 1989 to 2013*, will be on exhibit from 11 a.m. to 6 p.m., November 3 - 20, at the Ridley Gallery, located in the Sierra College Library (LR102), 5000 Rocklin Road, Rocklin.

For more information, and a complete listing of all Pride Days events, visit [www.sierracollege.edu/events/upcoming/2014/11/ridley-williams-drag.php](http://www.sierracollege.edu/events/upcoming/2014/11/ridley-williams-drag.php).

Residents of El Dorado County for Over 40 years  
**“We Love Where We Live!”**



Jan Mannion, Realtor  
 Coldwell Banker  
 GRI, ABR, SRES  
 (530) 306-8093  
[jan\\_re2003@yahoo.com](mailto:jan_re2003@yahoo.com)



Susie Dilts Huber, Realtor  
 Coldwell Banker  
 GRI  
 530-957-3478  
[suediltsrealtor@gmail.com](mailto:suediltsrealtor@gmail.com)  
[eldoradocountyproperty.com](http://eldoradocountyproperty.com)

CABRE 01369590 CABRE 01190233



**CATER GALANTE**  
 ORTHODONTIC SPECIALISTS

**Deciding On Braces Versus Invisalign?**

Get a free report:  
 The Truth About Invisalign  
[www.sacramentoinvisalign.com](http://www.sacramentoinvisalign.com)

Or call us at  
**916.625.6720**  
 Cater Galante Orthodontics

To schedule your complimentary consultation and learn what is the best choice for you and your family



## Law Offices of Pamela Jones

Estate Planning, Probate, Estate and Trust Litigation and Tax Disputes

916-261-0628 Phone  
 916-481-5080 Fax  
[pam@pamjoneslaw.com](mailto:pam@pamjoneslaw.com)

1050 Fulton Avenue, Suite 218  
 Sacramento, CA 95825

Your Priorities, Our Experience,  
 Your Peace of Mind



## TRENDSETTERS HAIR DESIGN

HAIRCUTS • COLORING • TEXTURE

MICHAEL FARNHAM  
 PROPRIETOR



**916-455-0514**

2115 J STREET, Ste 102A  
 SACRAMENTO  
 95816

## Dedicated to Your Financial Success



**Al Roche**  
 Financial Advisor  
 (916) 447-9220  
 CA Insurance  
 License #0C47036



• Financial Planning\*  
 • Investments\*  
 • Employee Benefits  
 • Insurance  
 (Life, Health, Disability & Long Term Care)

1330 21st Street, Suite 201 • [www.midtownfinancial.net](http://www.midtownfinancial.net)

\*Securities and Investment Advisory Services offered through NFP Advisor Services, LLC (NFPAS), member FINRA/SIPC. NFPAS is not affiliated with Midtown Financial.

# ERNESTO'S

MEXICAN FOOD



• NOVEMBER 2014 •

# 23

ANNIVERSARY

## SOCIAL HOUR

"ERNESTO'S VERSION OF HAPPY HOUR"

MONDAY-THURSDAY EVERYDAY  
4 P.M. - 6 P.M. 9 P.M. - CLOSE

1901 16th Street Sacramento, CA 95811 | (916)441-5850  
www.ErnestosMexicanFood.com

## Remembering Lucky *by Janet Smith*

Given the intense bond most of us share with our animals, it's natural to feel devastated by feelings of grief and sadness when a pet dies. We each deal with that grief in different ways, and there is no right way or wrong way.

Janet and Lucky



One way though is to put your feelings in writing as Janet has done below in a letter to her cherished Lucky:

Dearest love,

You came into my life at just the right time. My heart was open and looking for a commitment, someone to care for and someone who relied on me.

I found myself making healthier choices in other areas of my life from lessons I learned from our relationship. I'd wake up in the morning, my eyes immediately looking for you. Reaching for you for that reassuring touch.

I shared my home, my meals, my bed, my love with you. We settled into a good daily routine. Making sure we made time to be outdoors together. You so enjoyed the beach and ocean.

We grew so close that we both seemed to read each other's faces. Your eyes could tell me exactly how

you were feeling. It was usually that you were happy to see me, regardless if I hadn't showered that day, didn't wear the latest fashions or my mood wasn't upbeat at the moment.

Likewise, just your presence made me feel better. As the years wore on, our friendship deepened. Most days my schedule revolved around what you needed. When I couldn't be around, I would ask a friend to keep you company. You were important beyond measure.

As the inevitable years wore on, your body began to let you down. Your sparkling, beautiful eyes became cloudy but you still searched for my gaze.

My voice saying your name guided you to me during these days. I made sure to get the medications you needed. Finding food that you would eat would be a daily challenge. The cost was never a factor. How could it be with the years of love you gave me?

There were many broken hearts as we shared with our family and friends that we would no longer reach to your soft face and say "I love you". It was the saddest of days and one where my heart was heavy the moment the syringe was placed in your vein.

The syringe that held the fluid that would stop your heart and end your suffering with my loving kindness to send you on to your next adventure, one that I hope will be filled with health, happiness and running in fields with no fences.

You were released from your failing body and you entered my heart forever. You were the greatest dog.

We're still loving you, Lucky.

Janet

*Janet Smith and her husband Will are the owners of Lucky Buddy Petcare, in their 10th year in business. They can be reached at 916-505-4375 or [www.luckybuddypetcare.com](http://www.luckybuddypetcare.com).*

## Tips for Coping With the Grief of Pet Loss

Sorrow and grief are normal and natural responses to death. Like grief for humans, grief for animal companions can only be dealt with over time, but there are healthy ways to cope with the pain. Here are some suggestions:

- Don't let anyone tell you how to feel, and don't tell yourself how to feel either. Your grief is your own, and no one else can tell you when it's time to "move on" or "get over it." Let yourself feel whatever you feel without embarrassment or judgment. It's okay to be angry, to cry or not to cry. It's also okay to laugh, to find moments of joy, and to let go when you're ready.

- Reach out to others who have lost pets. Check out online message boards,

pet loss hotlines, and pet loss support groups. If your own friends, family members, therapist, or clergy do not work well with the grief of pet loss, find someone who does.

- Rituals can help healing. A funeral can help you and your family members openly express your feelings. Ignore people who think it's inappropriate to hold a funeral for a pet, and do what feels right for you.

- Create a legacy. Preparing a memorial, planting a tree in memory of your pet, compiling a photo album or scrapbook, or otherwise sharing the memories you enjoyed with your pet, can create a legacy to celebrate the life of your animal companion.

- Look after yourself. The stress of

losing a pet can quickly deplete your energy and emotional reserves. Looking after your physical and emotional needs will help you get through this difficult time. Eat a healthy diet, get plenty of sleep, and exercise regularly to release endorphins and help boost your mood.

- If you have other pets, try to maintain your normal routine. Surviving pets can also experience loss when a pet dies, or they may become distressed by your sorrow. Maintaining their daily routines, or even increasing exercise and play times, will not only benefit the surviving pets, but may also help to elevate your outlook, too.

# Three Double Date Ideas for Dog Lovers

by Kris Rotonda

Are you looking for an afternoon or evening out that's both fun and different? Well, if you've had your eye on that hot number at the dog park, you might try taking your best friend on a double date.



"If you really want to get to know someone you're thinking of dating, then have them meet your cherished live-in companion, your dog – or, in my case, dogs," says avid dog lover Kris Rotonda, CEO of [www.YouMustLoveDogsDating.com](http://www.YouMustLoveDogsDating.com), a dating site for singles who love dogs.

With so many potential romances starting online, that first face-to-face meeting can be even more nerve-wracking, Rotonda points out. Conversations have occurred and expectations have built.

"Even though folks get to know about each other's background, actually meeting for the first time can be kind of tough," Rotonda says. "Bringing your dog is a great way to break the tension."

At a loss for where to take a doggy double date? Rotonda offers three ideas with lots of potential for a good time.

- Look up the nearest dog beach or park: Dog parks and beaches are full of interesting

sights and smells, particularly if you're a dog, and room for running and playing games. You and your date can toss Frisbees, take a leisurely stroll with your dogs, or just kick back for some entertaining dog-watching.

- Dog-friendly bars and restaurants: More and more establishments are realizing the value of setting a place at the table for dogs. For those who aren't yet dog lovers, a dog-friendly restaurant or bar is a familiar setting and neutral place.

- Go shopping together. Pet stores are also dog-friendly zones. Check out fun new products together, scope out the fish and birds available for sale, you may even get a little paw mani-pedi together!

*Kris Rotonda owns four dogs and created [www.YouMustLoveDogsDating.com](http://www.YouMustLoveDogsDating.com), a dog lovers' matchmaking website, after discovering that dating dog lovers prevented a lot of romantic disappointment.*



Sometimes the best pets are the ones that just fly in for a free lunch — sharing their chirps, songs and flying acrobatics as they vie for a coveted perch at the feeder. I'm not an ornithologist, but I believe the birds at the feeder are House Finches — the male having the red plumage — while two smaller California Gold Finches get a sip of water as they wait their turn at the feeder. Both birds are common in Sacramento and can easily be attracted to your backyard, and they especially enjoy sunflower seed chips. Photo and caption by Charles Peer.

# Going the Distance for the Animals You Love

by Tracie Popma

Whether your animal best friend is a dog or cat or even a gerbil or parakeet, it is probably happiest when it is at home with you. That is why the Sacramento SPCA is expanding its efforts to help people keep their pets.

For decades the Sacramento SPCA and other local animal welfare organizations have been advocating for pet owners to spay/neuter their pets. As a result, the number of animals entering local shelters during that timeframe has significantly dropped.

The efforts have been extensive. In 2007, the Sacramento SPCA opened the first affordable spay/neuter clinic in Northern California. Now, it averages 24,000 spay/neuter surgeries each year. Sadly, there are still more animals entering shelters each year than there are homes looking to adopt.

"We'll continue our efforts with spay/neuter as long as overpopulation exists, but we've come to the realization in the past few years that more needs to be done," explains Rick Johnson, CEO of the Sacramento SPCA. "We started to ask ourselves how we can begin to prevent family pets from being surrendered to local shelters and instead keep them an important member of their family."

It's not uncommon for an animal to be surrendered to an animal shelter for a reason that could have been resolved if the owner had easy, affordable access to information providing them with a solution. So, since 2003, staff at the Sacramento SPCA have been developing programs to help people keep their pet(s).

This includes a robust behavior and training program, including a free behavior helpline,

affordable vaccination clinics, and programs for seniors that include in-home animal care assistance.

To date, thousands have taken advantage of these programs allowing the Sacramento SPCA to help keep many pets an important member of their family.

In recent months, it has partnered with other local shelters to develop KeepYourPet.com.

"This free website is a great addition to the programs and services already available at local shelters," notes Johnson. "Simply explained, it's a sort of Yellow Pages for pet owners in the Sacramento region to find assistance for their pet. There they'll find information on everything from what to do when moving with their pet to programs to help them cover the costs of veterinary care."

On average, the Sacramento SPCA takes in and cares for more than 11,000 animals in need each year – and it will continue to help them. Now, it asks that pet owners first seek to find a solution for their pet with the various local services available to them before bringing them to a local animal shelter.

*Tracie Popma is an animal lover and the Public Relations Manager for the Sacramento SPCA. She can be reached at 916-504-2828 or [www.sspca.org](http://www.sspca.org).*

Since 1977

57th St.  
Antiques

**Sacramento's Premier Antique Destination**

<p><b>Alchemy</b> 999-1409</p> <p><b>Amorini Antiques</b> 455-1509</p> <p><b>Cross Fit East Sacramento</b> 207-7500</p> <p><b>Dance 10</b> 769-4857</p> <p><b>Eclectic Antiques</b> 453-9085</p>	<p><b>Evan's Kitchen</b> 452-3896</p> <p><b>Fifty-Seventh Street Antique Mall</b> 451-3110</p> <p><b>The Lighting Palace</b> 817-9625</p> <p><b>Mike &amp; Greg The Pottery Guys</b> 731-4556</p>	<p><b>Picket Fence Antiques</b> 455-6524</p> <p><b>The Ruralists</b> 956-0776</p> <p><b>Sassi Salon</b> 739-0878</p> <p><b>Sekula's</b> 712-8303</p>
--	---	--

[www.57thStreetAntiqueRow.com](http://www.57thStreetAntiqueRow.com)

Over 120 Dealers · 45,000 sq. ft.

4-Star Dining · Free Parking

855 57th Street (between H & J Streets)

# Feeling Good and Looking Even Better

Full Grooming Services by our professionally trained staff to assure no long waits in a cage



Hair Dying  
Nail Polish  
Feather Extensions  
Paw Conditioning/Moisturizing



"I love Grateful Dog! Walker looks forward to playing with the other cool dogs and hanging out with the playful staff when she's there for daycare. I look forward to picking up my beautifully groomed dog. Perfect solution grooming and daycare all in one place!" -MJ

430 17th Street • 916.446.2501 • [gratefuldogdaycare.com](http://gratefuldogdaycare.com)  
Daycare | Boarding | Grooming | Pick-up and Drop-off Services

# Dog Park Etiquette 101

by Robert Espinosa

We are all seeing how popular dog parks are becoming; just look at all the great options we have here in Sacramento, from the latest pop-up dog park at the Midtown Farmer's Market to the long-time favorite Partner Park at Bell Coolidge. So, what are the guidelines and etiquette?



Clark enjoys time at the dog park. He sniffs every bench and tree, and most of the other dogs, but is always good at staying out of trouble. He really enjoys the social contact with new characters.

They don't teach you that when you adopt your new friend. So let's talk about some of the basics.

First, clean up after your dog. It seems obvious, but it never fails; there's always one that gets away!

Now, on to the finer points! Before you enter, wait outside and watch for five minutes. Are there dogs that are playing way too rough? Are the owners lost in their iPhone and not noticing that their dog is stressing out the rest of the group?

Remember that you are your dog's advocate and protector. Don't put him or her in a situation they can't handle or are not ready for. If it looks like the Wild West, then try elsewhere.

If your dog is park-savvy and flexible, then the rough and inappropriate players might not be a problem for your dog. However, if your dog is new to you or is a puppy, then you want to make sure that each experience is positive; go slow and follow your dog's lead. He or she will communicate to you how the experience is going.

Now there are some dogs that do not play, and that's OK! Some prefer to sniff every square inch of the park while others are at-home being the park socialite with the humans (this is a great way to get a date, by the way!).

It's all good as long as they are comfortable, but if your dog is not enjoying the group setting, then find somewhere your dog does enjoy. Remember, this is your dog's

time; they need this stimulation for a healthy mind and body. So find a place they can feel at ease and stimulated. For some, long walks are pure bliss, while others thrive on sustained, focused activities like fetch or jogging.

If you and your dog decide the park is a good fit, then please remember to stay engaged with your dog and aware of what's going on around you. Things happen quickly; rough play can easily turn into a fight. If it is escalating into that red-zone, then interrupt the play to let the dogs decompress for a minute. Moderating their play is a great way to teach good play skills, they soon learn what is appropriate and what is not.

Also, help your dog learn good gate manners. We've all seen an owner trying to bring a new or nervous dog into the park when there are ten dogs crowded at the gate to check out the new kid. Obviously, the new dog is putting the brakes on saying "NO WAY!!!" So, help out by leashing or calling your dog away from the gate to make it easier for the newbie.

Remember, have fun and pay attention to what your dog is telling you. They'll let you know if the dog park is their scene.

Robert Espinosa is the owner and one of the happy faces to greet your dog at Grateful Dog, downtown Sacramento's first dog daycare and cage-free boarding facility located at 430 17th St. He can be reached at 916-446-2501 or [www.gratefuldogdaycare.com](http://www.gratefuldogdaycare.com).

## FIND YOUR BEST FRIEND AND MORE AT THE



ADOPTION  
BEHAVIOR & TRAINING  
HUMANE EDUCATION  
SPAY/NEUTER CLINIC  
SENIOR SERVICES

AT THE  
SACRAMENTO SPCA, WE'RE  
MORE THAN A SHELTER

(916) 383-7387  
[WWW.SSPCA.ORG](http://WWW.SSPCA.ORG)

FOSTERING A LOVING AND  
COMPASSIONATE COMMUNITY  
FOR ANIMALS



# Entertainment

## Day of the Dead Lives On in Sacramento

by Chris Narloch

The Mexican tradition of Dia de los Muertos (“Day of the Dead”) allows family and friends to honor the lives of loved ones who have passed, with colorful and beautiful altars and artwork.

This year, Day of the Dead begins on Saturday, November 1 and ends Sunday, November 2, but Old Sacramento’s Souls of the City program will host classes on traditional Dia de los Muertos crafts every Saturday in October.

Topics include decorating sugar skulls, and Souls of the City concludes with a free Dia de los Muertos festival on November 1 that features face painting, Aztec dancers and an altar-lighting ceremony.

For more information about local celebrations of Dia de los Muertos, please visit [www.oldsacramento.com/specialevents](http://www.oldsacramento.com/specialevents).



## Southern Baptist Sissies Sashays on to DVD

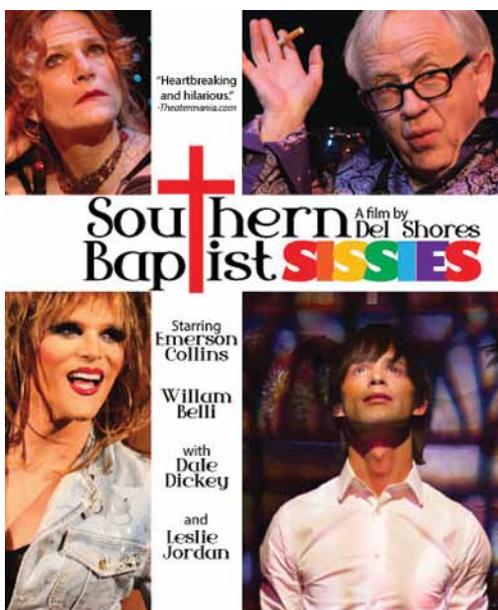
**S**outhern Baptist Sissies was a hilarious stage play, and now the two or three of you who missed it can check it out on DVD and laugh your heads off.

Del Shores’ GLAAD award-winning play is the story of four gay boys growing up in the Southern Baptist church and how they deal with the conflict between religion and sexuality.

*Southern Baptist Sissies* stars Emerson Collins (*Sordid Lives: The Series*), Leslie Jordan (*Will and Grace*, *The Help*), Matthew Scott Montgomery (*So Random*), Bobbie Eakes (*The Bold and the Beautiful*), and Willam Belli (*Nip/Tuck*, *American Wedding*).

*Southern Baptist Sissies* explores the conflict between the caustic rhetoric of dogmatic religion and the fragile development of adolescent homosexuality while challenging hypocrisy, exposing damage and offering hope.

*Southern Baptist Sissies* will be available on DVD November 4.



## Tommy Tune & Carol Channing Team Up

**D**iamonds are apparently still a girl’s best friends if the publicity photo for Carol Channing’s upcoming engagement in the Bay Area is any indication.



The legendary actress and singer will team with her good friend Tommy Tune, himself a legend in the theater, when the dynamic duo return to the SHN Curran Theatre in San Francisco for an evening of conversation and stories.

The discussion will chronicle the life and career of Channing, who will speak candidly about her 70 plus years in show business, and is moderated by nine time Tony Award-winning song and dance man, Tommy Tune.

The event, which does not include performances, features a talk between the two show-business veterans, who have known each other for decades.

“Time Steppin’ with Carol Channing & Tommy Tune” will be presented one night only, on Saturday, November 8 at 8 p.m.

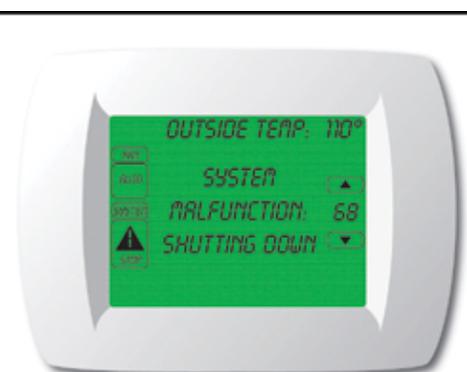
For more information, visit [www.shnsf.com](http://www.shnsf.com).

There is always so much happening, and you don’t want to miss a thing, so...



...join our email list!

[outwardmagazine.com/email\\_signup.htm](http://outwardmagazine.com/email_signup.htm)



If you find yourself in need of some serious help, you just found a serious solution.

## Perfection

• Home Systems, Inc. •

Heating • Air Conditioning  
Air Cleaners

[www.HotCold.com](http://www.HotCold.com)  
916-481-0658

15% off for  members

*American Standard*  
HEATING & AIR  
CONDITIONING

CUSTOMER  
CARE  
DEALER

BBB  
ACCREDITED  
BUSINESS

SACRAMENTO  
**LGBT**  
COMMUNITY CENTER

Creating events, programs, and pathways to services that help lesbian, gay, bisexual, and transgender people feel safe, welcome, and needed.



- YOUTH & FAMILY PROGRAMS
- HEALTH OUTREACH & HIV TESTING
- COMMUNITY RESOURCES
- OUTREACH & COMPETENCY TRAINING
- ADVOCACY, ARTS, & CULTURE PROGRAMS
- EDUCATIONAL WORKSHOPS
- VOLUNTEER OPPORTUNITIES
- COMMUNITY GROUPS FOR MEN, WOMEN, COMING OUT, SENIORS, ARMED FORCES, ADDICTION & HIV/AIDS SUPPORT, AND RAINBOW GIRL SCOUTS

**INVEST TODAY:**  
[SacCenter.org/donate](http://SacCenter.org/donate)

1927 L Street • Sacramento, CA 95811 • (916) 442-0185  
Facebook.com/SacLGBTCenter • SacCenter.org • Twitter @SacLGBTCenter

Make an ongoing commitment.

**BECOME A MONTHLY CONTRIBUTOR!**

Get noticed in the LGBT Community.

**SPONSOR AN EVENT!**

Give of yourself.

**PROVIDE GOODS OR SERVICES**

Let us celebrate with you.

**DIRECT GIFTS FROM YOUR NEXT EVENT TO THE CENTER**

Leave a legacy in your community.

**MAKE A GIFT THROUGH YOUR ESTATE PLAN!**

Impact the lives of LGBT youth, seniors, families.

**DONATE TODAY!**

# Queer Music From Mary Lambert & Erasure

by Chris Narloch

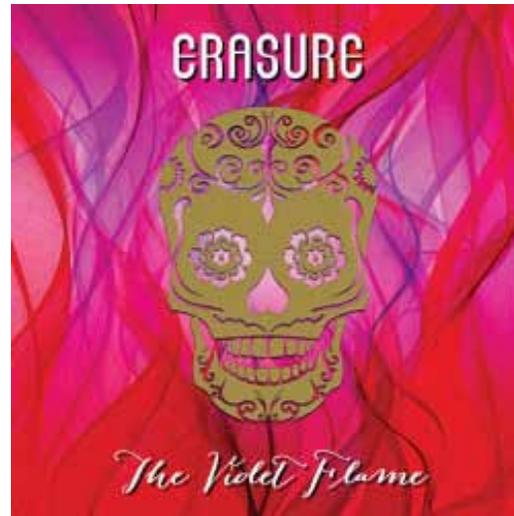
With openly gay artist Sam Smith riding high on the charts, it seemed like the perfect time to shine a light on queer music, or rather queer artists who make music.

Luckily, there are two superb new CDs – from Mary Lambert and Erasure – that allow me to do just that.

## Erasure – *The Violet Flame*

These disco daddies have been keeping dance floors thumping for three decades, and on their 16th studio album, Andy Bell and Vince Clarke show no signs of slowing down.

Richard X, who produced the duo's excellent holiday CD *Snow Globe* last year, again returns to guide the pair through ten tasty tracks that sound as good to my ears as



Erasure classics like “Chains of Love” and “Oh Lamour” from back in the day.

Clarke and Bell are obviously not interested in resting on their laurels, and new songs such as “Reason,” “Be The One,” “Sacred,” and “Under The Wave” showcase an invigorated band that sounds as if they are ready for their next 30 years.

## Mary Lambert – *Heart On My Sleeve*

This plus-sized powerhouse burst on to the music scene with an impassioned vocal on the great gay marriage anthem “Same Love” from Macklemore & Ryan Lewis.

After that stunning entrance, Mary Lambert does not disappoint on her debut disc with Capitol Records, which shows off both her singing and her songwriting to full advantage.

With *Heart On My Sleeve*, Lambert proves she is no one-trick pony, applying her lovely voice and personality to a satisfying range of material.

The bouncy lead single “Secrets” isn't even the best song on the disc, which features a cover of Rick Springfield's iconic hit “Jessie's Girl” that lends a haunting same-sex spin to the song's already tortured triangle.

Other standout cuts include the trippy “Ribcage” and the terrific title track.



Mary Lambert, photo by Autumn de Wilde.

## Outword Salutes Sacramento's Rainbow Chamber of Commerce

### FEATURED MEMBERS

Name	Company	Phone	Service
Joan Dunn	Better Homes & Gardens Real Estate	(916) 716-5584	Realtor
Jennifer Kennedy	Perfection Home Systems	(916) 481-0658	AC/Heating
Brian McMartin	Better Homes & Gardens Real Estate	(916) 402-4160	Broker-Associate
Bonnie Osborn	WriteAway Communications Services	(916) 212-9110	Full-service PR and Copywriting
Fred Palmer	Outword Magazine	(916) 329-9280	Publisher/Owner
Howard Papworth	Halo Branded Solutions	(916) 880-8226	Promotional Products
Jason Russell	Fritz Russell CPAs	(916) 966-9366	CPA
Stephanie Slagel, CLU	State Farm Insurance	(916) 485-4444	Insurance & Financial Services
Judy Tsukamoto	Wells Fargo Store Manager	(916) 498-3267	Financial Services
Your Name Here?			

To list your business call Fred at:  
Outword Magazine • 916-329-9280



Sacramento



Strength in Prosperity...  
Pride in Community!



### Why RCC is One of Northern California's Fastest Growing Chambers . . .

- Sacramento's BEST Networking Mixers... FREE, at a trendy new location each month!
- Professional Development Workshops & Educational Forums
- Free Listing in Our Online Member Directory
- Professional Networking with 1,000+ Chamber Members and Event Attendees
- Advertising Opportunities in Our Monthly E-Letter
- Multi-Chamber Networking Events
- Discount Group Health Insurance with Western Health Advantage
- Smart, Savvy, Fun Business Owners and Professionals!

**Call Us or Join Online Today!**

**RainbowChamber.com**

**877-RCC-RCC4 Toll Free / 916-266-9630**

# FACES

PRESENT'S

## CARNIVAL OF TERROR

FRIDAY  
OCT. 31

COSTUME CONTEST  
\$1,000 IN CASH AND PRIZES  
THEME (CARNIVAL)  
TRADITIONAL  
GROUP  
EROTIC

[www.FACES.net](http://www.FACES.net)

2000 K ST. SACRAMENTO

# L'AMOUR SHOPPE

**FOR THE FINEST  
LESBIAN & GAY  
EROTICA**

- VHS Rentals
- DVD Rentals • Magazines
- Sex Toys • Leather • Lingerie
- Novelties • Gifts • Accessories
- Knowledgeable & Helpful Staff

**2531 BROADWAY**  
(at 26th St. in Sacramento)  
**(916) 736-3467**  
**9AM - 1AM daily**

A Comfortable  
Environment for Women

[www.outwordmagazine.com](http://www.outwordmagazine.com)

**STEVE'S**  
BATHHOUSE  
STEVESRENO.COM

ALWAYS  
PLAY  
SAFE

775.323.8770 — 1030 WEST SECOND STREET — RENO

OPEN 24 HOURS

# Directory

## ACCOUNTING

FRITZ RUSSELL, CPAS  
Jason Russell, CPA Lic. 99177  
Jason@FritzRussellCPAs.com 916-966-9366

## ADULT STORES

L'AMOUR SHOPPE  
2531 Broadway, 916-736-3467

## ATTORNEYS

M. JANE PEARCE  
455 University Ave. Ste 370. 916-452-3883  
PAMELA JONES  
1050 Fulton Ave., Suite 218, 916-261-0628,  
hwww.pamjoneslaw.com  
SUZANNE J SHEPHARD  
2775 Cottage Way, Ste 13, 916-484-3929,  
www.sjshephard.com

## AUTO DEALERS

ELK GROVE SUBARU  
8585 Laguna Dr., Elk Grove, 877-360-0259  
ElkGroveSubaru.com

## BANKING

WELLS FARGO BANK  
www.WellsFargo.com

## BARS / CLUBS

BADLANDS  
2003 K St., 916-441-6823 SacBadlands.com  
THE DEPOT  
2001 K St., Sac, 916-441-6823 TheDepot.net

FACES  
2000 K St., Sac, 916-448-7798 Faces.net

SIDETRAX  
2007 K St., 916-441-6823  
facebook.com/sidetraxsac

## CATERING

FAT'S CATERING  
916-441-7966  
www.fatscatering.com

## CHIROPRACTORS

HEALING TOUCH CHIROPRACTIC  
Dr. Darrick Lawson, 1919 21st St, Ste. 101,  
916-447-3344 www.FixMyBack.com  
ROCKLIN CHIROPRACTIC  
James Carlson, D.C., 5875 Pacific St., Ste B1,  
916-624-0682 www.rocklinchiro.com

## CHURCHES

GOOD SHEPHERD INDEPENDENT  
CATHOLIC CHURCH  
920 Drever St, West Sac, 916-538-4774,  
www.goodshepherdcommunity.org.

## CLEANING SERVICES

HOUSE 2 OM  
916-9833-8510  
www.house-2-om.com

## COUNSELING

BRUCE GUNN, M.F.C.C.  
Lic. MM19480, 418 Alhambra Blvd.,  
916-443-7171  
KATE MACKENZIE, C.S.W.  
Lic. LCS13330, 1731 I St., 916-447-0350  
WEAVE SAFE ZONE  
916920-2952 WeaveInc.net

## DENTISTRY

SMILE ART DENTAL  
3171 Riverside Blvd.  
916-446-0203  
www.smileartdental.com

## DINING/BEVERAGES

ERNESTO'S  
1901 16th St., 916-441-5850  
www.ErnestosMexicanFood.com  
LUCCA RESTAURANT & BAR  
1615 J St., 916-669-5300  
www.LuccaRestaurant.com

## FINANCIAL PLANNING

MIDTOWN FINANCIAL  
Al Roche, 1330 21st St., Ste. 201,  
916-447-9220 MidtownFinancial.net

## HEARING

UNIVERSITY AUDIOLOGIC ASSOCIATES  
Deborah Powell, M.S., 1325 Howe Ave., Ste.  
101, 916-927-3137

## HEATING & AIR

PERFECTION HOME SYSTEMS  
916-481-0658  
www.HotCold.com

## HIV/AIDS SERVICES

BREAKING BARRIERS  
2210 21st St., 916-447-AIDS www.bbcsc.org  
CARES COMMUNITY HEALTH  
1500 21st St., 916-914-6305  
carescommunityhealth.org  
CONDOMFINDER.ORG  
916-914-6246 CondomFinder.org  
GOLDEN RULE SERVICES  
916-427-4653 www.goldenrules.info  
SIN SACRAMENTO HIV+ SUPPORT  
health.groups.yahoo.com/group/SINSacra-  
mento

## INSURANCE

ALLSTATE INSURANCE  
Jeff Beck, 916-684-3753  
Denise Regnani, 916-515-3030  
STATE FARM INSURANCE  
Stephanie Slagel, 916-485-4444  
StephanieSlagel.com  
WESTERN HEALTH ADVANTAGE  
888-227-5942 WesternHealth.com

## JEWELRY

SHANE CO.  
ShaneCo.com  
STONEY FOLKS JEWELERS  
916-363-0898

## LANDSCAPING

DEMETRE LANDSCAPES  
916-648-8455

## LIBRARIES

LAVENDER LIBRARY  
1414 21st St., 916-492-0558  
LavenderLibrary.com

## MEN'S CLUBS

STEVE'S  
1030 W. 2nd St., Reno 775-323-8770  
www.StevesReno.com

## MORTGAGE

iMORTGAGE  
Brad Bauer, 916-746-8410  
Dan Huffman, 916-769-2217

## OPTOMETRY

CAMERON YEE, O.D.  
6407 Riverside Blvd., 916-395-0673  
DrCameronYee@aol.com

## ORTHODONTICS

CARTER GALANTE  
916-625-6720  
www.sacramentoinvisalign.com

## PEST MANAGEMENT

EARTHGUARD PEST MGMT.  
916-457-7605  
www.earthguardpest.com

## PET SITTING

LUCKY BUDDY PET CARE  
916-505-4375 LuckyBuddyPetCare.com

## PR & MARKETING

OUTWORD MEDIA•MARKETING•EVENTS  
Fred Palmer, 916-329-9280  
OutwordMedia.com  
WRITEAWAY COMMUNICATIONS SERVICES  
Bonnie Osborn, 916-212-9110  
bonnie@writeawaycommunications.biz

## PROMOTIONAL PRODUCTS

HALO BRANDED SOLUTIONS  
Howard Papworth, 916-880-8226  
Howard.Papworth@halo.com

## REAL ESTATE

COLDWELL BANKER  
Mark T. Peters, 916-341-7794  
www.MarkPeters.biz  
Jan Mannion, 530-295-4626  
jan\_re2003@yahoo.com  
Susie Dilts Huber, 530-957-3478  
eldoradocountyproperty.com  
BETTER HOMES & GARDENS  
1819 K St. 916-491-1516  
www.BHGHome.com/midtown  
Joan Dunn, 916-716-5584  
joan@joandunn.net  
Brian McMartin, 916-402-4160  
Brian@BrianMcMartin.com

## THEATERS & MOVIES

BROADWAY SACRAMENTO  
MUSIC CIRCUS  
916-557-1999  
www.BroadwaySacramento.com



## The Great Gatsby Returns to Sacramento Ballet



The 20s roar back into town with Ron Cunningham's *The Great Gatsby*, complete with live music by Billy Novick's Blue Syncopators, in a delicious retelling of the Prohibition era's extravagant appetite for the excess of power, greed and desire. Performances are October 23 - 26. Visit [sacballet.org/gatsby](http://sacballet.org/gatsby) for more information and tickets.

## Our Ghostly Friends



Clayton Whitehead, Clint Vigen, Steve Thompson and David Van Dyken are veteran performers in the Old City Cemetery's Lantern Tours, including this latest incarnation where they each brought back to life the spirits and tales of remarkable and infamous Sacramentans, demonstrating the diversity of the city's history and culture. Visit [OldCityCemetery.com](http://OldCityCemetery.com) and see more photos at [lanterntour2014occ.shutterfly.com/4](http://lanterntour2014occ.shutterfly.com/4)

## My Straight Son Puts a Spin on Question All Parents Ask



*My Straight Son* flips the classic story of a gay child trying to win a straight parent's approval in this Spanish language tale of a gay father trying to reconnect with his unaccepting straight son. Available on DVD or Streaming at [www.tlvideo.com](http://www.tlvideo.com). Watch the trailer now at [www.youtube.com/watch?v=qEUcsPDHMU](http://www.youtube.com/watch?v=qEUcsPDHMU)

## The Carnage Continues at *Evil Dead: The Musical*



If wacky, bone chilling humor is your cup of blood, then you won't want to miss this production of *Evil Dead: The Musical*, playing through Nov. 1 at the Sutter Street Theatre in Folsom. Visit [www.sutterstreettheatre.com](http://www.sutterstreettheatre.com). Photo by Cassidy Cagney.

Life's Hectic, Let Us Do The Dirty Work.

# House 2om

Residential/Commercial Cleaning

Bill Sylliaasen-Lee, Mike Lee-Sylliaasen,  
Stephani Tavares Owners

[www.house-2-om.com](http://www.house-2-om.com)  
[info@house-2-om.com](mailto:info@house-2-om.com)  
916-833-8510

## DRAG QUEEN BINGO!

069

GAMES START  
AT 7PM.  
COME EARLY  
FOR DINNER!  
AT MANGO'S  
(FORMERLY HEADHUNTERS)  
ON K STREET.

Nov  
6

BROUGHT TO YOU BY  
outWord  
media • marketing • events

benefitting  
THE SAC  
VALLEY VETS

# Jerry Lee Stages *An Iliad*

by Chris Narloch

SacImpulse Theatre presents the Sacramento premiere of *An Iliad*, by Lisa Peterson and Denis O'Hare, based on Homer's *The Iliad*.

The multi-talented Jerry Lee will play the poet, who sings the story of the Trojan War and its cast of characters: Achilles, Hector, Agamemnon, Hecuba and Helen.

His poem still has much to say about war, even as it is fought today, and *An Iliad* illuminates the profound gulf between civilian existence and life on the front lines.

The highly acclaimed work also describes both the love between soldiers who fight together and the frightful losses of war: of a soldier losing his closest companion, of a father losing his son.

The narrator is doomed to sing his story of war through the ages – "Every time I sing this song, I hope it's the last time."

*An Iliad* plays Oct. 24-Nov. 2 at The Wilkerson Theatre in Sacramento. Please visit [www.sacimpulse.com](http://www.sacimpulse.com).



Jerry Lee

## Shakespeare's *R&J* Is an Inspired Look at the Classic



Four school boys in Egypt break the rules when they secretly reenact *Romeo and Juliet* – the timeless story of dangerous forbidden love, in this "vibrant, hot-blooded adaptation?" (*The New York Times*) *Shakespeare's R&J* plays Nov. 7 - Dec. 14 at the NCTC in SF Visit [www.nctcsf.org](http://www.nctcsf.org).

# Out & About

## Mr. Bolt Leather 2015 Chosen

Mr. Bolt Leather 2014, Matt Bunch, wrapped up a successful year of representing Sacramento's Leather Community on Saturday, Oct. 18 at the Bolt Bar, passing his title to Mr. Bolt Leather 2015, Davie Colfescue. Also competing for the title were Patrick Dean Holstine and first runner-up David Lyons. In addition to representing Sacramento's Leather Community at events here in Sacramento, Colfescue has earned the right to represent Sacramento at the International Mr. Leather Contest in Chicago in May. Photos by C. Peer



# Interstellar Blasts Off in IMAX

by Chris Narloch

Beginning November 4, you can see one of the most buzzed-about movies of the year in the original 70 mm format that director Christopher Nolan intended for the film to be seen in, when *Interstellar* docks at the Esquire IMAX on K St.



Matthew McConaughey in *Interstellar*

The Esquire IMAX is the only theater in the region showing the sci-fi spectacular in this format, and regular theaters won't get the film until November 6, two days after its debut in IMAX.

Reserved seats are already on sale for this blockbuster event, which stars Matthew McConaughey, Anne Hathaway, Jessica Chastain, Ellyn Burstyn and Michael Caine.

McConaughey plays a widowed engineer who has to leave behind his two children to join a dangerous space voyage with the goal of saving humanity from an environmentally devastated Earth.

For tickets, go to <https://www.imax.com/oo/esquire-imax>.



## Announcing:

returning the second Friday of each month...

# Outword's monthly happy hour



and introducing

Liquid  
Therapy

You could win a  
two-night stay at the  
Jupiter Hotel in  
Portland, OR!



We will also be  
giving away other  
Fun prizes!

@

## BADLANDS

Friday  
November 14, 2014  
5:30 - 8 pm

Outword will pay for your  
second drink - everyone  
gets a buck!

buy One cocktail, get the  
2nd for \$1

AND  
If your birthday is in Nov.  
your first drink is on Badlands!

special \$5 cosmos  
\$2 domestic drafts  
\$4 micro drafts

2003 k street • 448-8790

outword

media • marketing • events

A photograph of two men in plaid shirts packing gear into the trunk of a blue car. One man is leaning into the trunk, and the other is standing by. The background is a bright, sunny outdoor setting with trees.

**HIV**  
TREATMENT  
WORKS

**“I wouldn’t be enjoying my life like I am today if I hadn’t started my HIV treatment early.”**

**TAKE THE TEST** - Too many people don’t know they have HIV. In the United States, almost one in six don’t know they are infected. Getting tested is the first step to finding out if you have HIV. If you have HIV, getting medical care and taking medicines regularly helps you live a longer, healthier life and also lowers the chances of passing HIV on to others.

**GET IN CARE** - Getting into care and on treatment will help you learn more about HIV and make decisions that will help take better care of your health. HIV care and treatment not only help you live longer, but they can help you live well.

**STAY IN CARE** - Learning about and understanding your health care options will help you manage your HIV infection. Support and resources are available to help you find health care, decide what HIV treatment options are best for you, and stay in care so that you can live a longer and healthier life.

**LIVE WELL** - Being aware of your overall health beyond HIV can help you manage your HIV and improve your well-being. In addition to staying in care and on treatment, there are many things you can do to stay healthy and live well.

Come in to Cares Community Health or call **916.443.3299** to make an appointment for your free, confidential rapid HIV test today. We offer testing Monday through Friday, 9:00AM–5:00PM, and Thursday, 9:00AM–6:00PM.

Cares Community Health is located in Midtown at 1500 21st Street, between O & P Streets.

CaresCommunityHealth.org



**cares**  
community  
health

Be you. Be healthy. Be well.