



Outward Word

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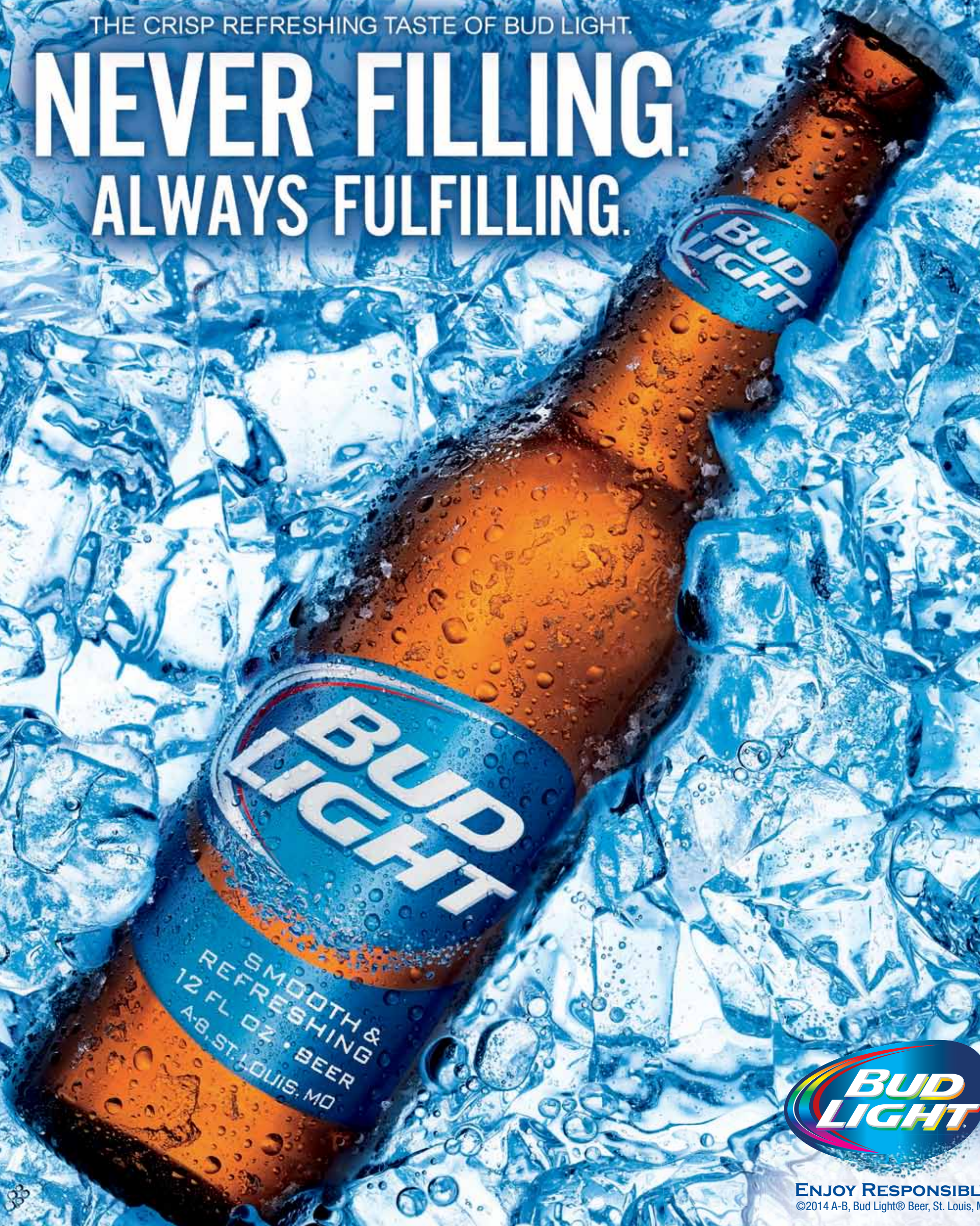


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Councilman Hansen Completes LGBT Fellowship

The Gay & Lesbian Victory Institute and the David Bohnett Foundation have announced Sacramento City Councilmember Steven Hansen as a graduate of the David Bohnett LGBT Leadership Fellowship.

Hansen was one of three fellows for the July 2014 class where he spent three weeks in intense state and local government programming at the Harvard Kennedy School in Cambridge, Mass.

The program helps senior executives hone their skills and furthers the leadership potential of already accomplished public servants.

"I congratulate Steve on this accomplishment - this intense program for senior executives at the Harvard Kennedy School is transformational," said Torey Carter, managing director of the Gay & Lesbian Victory Institute. "It provides a continuum of leadership development that bridges personal and professional growth with the skills necessary to address challenges that affect his community."

"The Bohnett Fellowship has fundamentally changed the way I think of my role and the opportunities to be a change agent," said Hansen. "The skills and ideas



Councilmember Steve Hansen (District 4) learned at the Harvard Kennedy School will undoubtedly impact the work I do in Sacramento, as will the lasting friendships formed there."

Hansen was elected to represent District 4 on the Sacramento City Council in November 2012. He has worked as an

advocate for neighborhoods, civil rights and responsive government.

For more than two years, Hansen worked for Equality California, a statewide advocacy group for the rights of LGBT Californians. During his two years as Legislative Director, California made tremendous progress in recognizing the LGBT movement as a civil rights issue. Hansen is a graduate of University of the Pacific McGeorge School of Law and has a Bachelor's Degree in International Relations from Gonzaga University.

"The current graduates from the Leadership Fellows program will join their alumni colleagues in leading exemplary lives of public service as open LGBT American citizens," said David Bohnett, chairman of the David Bohnett Foundation. "The Fellows program empowers LGBT leaders who are making a difference in the world, honing skills and furthering their leadership potential."

Hansen joins a distinguished group of alumni, including some of the country's top LGBT political leaders, including Houston Mayor Annise Parker and New York State Sen. Tom Duane (Manhattan).

Denmark Celebrates Equal Love's Silver Anniversary



While U.S. courts are invalidating state marriage bans faster than brides and grooms can say "I do," it was 25 years ago that the first same-sex couple was lawfully married under the Danish registered partnership law. To mark the occasion an exhibition: "Equal Love Silver Anniversary, Copenhagen 1989-2014" will be held September/October 2014 at the Copenhagen City Hall where the first couple said "yes" to each other 25 years ago. Learn more and see photos at www.lgbt.dk/equallove25.

Free Introduction to Square Dancing Lessons Offered

Capital City Squares, Sacramento's LGBT square dancing club, is hosting two open houses for new dancers.

No square dancing experience is necessary, casual attire is fine and you don't need to have a partner.

The open houses will be on September 10 and September 17, with classes beginning on September 24, at the Fruitridge Community Center at 4000 Fruitridge Rd. Meet and greet starts at 6:20 p.m. and dancing will be from 6:30 to 8 p.m.

For information visit www.facebook.com/CapitalCitySquares or www.meetup.com/CapCitySquares.



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Briefly Put

6th Circuit Hears Oral Arguments in Six Marriage Cases

The 6th Circuit Court of Appeals in Cincinnati heard oral arguments on August 6, in marriage cases out of Kentucky, Michigan, Ohio, and Tennessee, seeking both the full freedom to marry and in-state respect for legal marriages of same-sex couples.

"After hearing the powerful stories of families from across the heartland, these judges should now understand clearly why the denial of marriage is both unjust and unconstitutional," said Marc Solomon, national campaign director of Freedom to Marry. "This panel of judges should do what 36 other courts have done to date and strike down these marriage bans." Of the six district court rulings that were appealed, three were made by Republican-appointed judges and three by Democratic-appointed judges. The 6th Circuit panel includes two judges appointed by Republicans and one by a Democrat, the same composition as the 10th Circuit panel which found the Utah and Oklahoma marriage bans unconstitutional.

Utah Asks U.S. Supreme Court to Hear Marriage Case

Utah's attorney general on Aug. 6, filed an appeal asking the U.S. Supreme Court to hear the marriage case *Kitchen v. Herbert*. This is the first time a case about marriage for same-sex couples has been appealed to the Supreme Court since last year's landmark ruling overturning DOMA in the case *U.S. v. Windsor*.

"The sting of discrimination and the crazy quilt of marriage laws are not just wrong but unconstitutional," said Marc Solomon, national campaign director of Freedom to Marry, who released the following statement: "The momentum is clear, the hardships of denial are real, and the country is ready for the High Court to act."

Since *Windsor*, 35 consecutive rulings from federal and state judges have concluded that excluding same-sex couples from marriage is unconstitutional, with no rulings to the contrary.

Uganda Court Reverses Anti-Homosexuality Act

The Constitutional Court of Uganda has annulled the country's Anti-Homosexuality Act, which drew condemnation from the United Nations when it was announced in February, and called for a 14-year jail term for a first conviction, and imprisonment for life for "aggravated homosexuality."

Challenged by 10 petitioners, including civil society, parliamentarians and academics, the law was annulled by the Court on a TKO, over a lack of quorum when the bill was passed.

While homosexuality remains illegal in Uganda, annulling the law could have positive public health implications. Studies show that when gay men and other men who have sex with men face discrimination, including abuse, incarceration and prosecution, they are less likely to seek HIV testing, prevention and treatment services.

North Carolina AG Will Not Defend State's Marriage Ban

Following a ruling by the 4th Circuit Court of Appeals striking down Virginia's ban on marriage for same-sex couples, North Carolina's attorney general says his office will no longer fight lawsuits seeking to overturn the state's ban on same-sex couples' freedom to marry.

Attorney General Roy Cooper is the ninth state attorney general across the country who has refused to defend a state marriage ban. Cooper's decision follows similar moves from the attorneys general in California, New Mexico, Illinois, Pennsylvania, Nevada, Virginia, Oregon, and Kentucky.

Each of these attorneys general refused to defend anti-marriage laws in their states, declaring them unconstitutional and indefensible, as have nearly 30 consecutive rulings in state and federal courts across the country.

4th Circuit Court of Appeals Strikes Down VA Marriage Ban

The 4th Circuit Court of Appeals in Richmond ruled in favor of same-sex couples' freedom to marry, upholding a lower court's February decision that found Virginia's marriage ban unconstitutional.


"It was in a case out of Virginia that the Supreme Court ended race discrimination in marriage," said Evan Wolfson, president of Freedom to Marry. "And today (July 28, 2014), in another Virginia marriage case, a federal circuit court ruled against discrimination in marriage, affirming the freedom to marry for loving and committed gay couples. It's time for the Supreme Court to bring the country to national resolution and secure the freedom to marry for all."

In total, 29 federal and state rulings in recent months have struck down state bans on marriage for same-sex couples.

Second Florida Judge Strikes Down Marriage Ban


Miami-Dade Circuit Judge Sarah Zabel on July 25, struck down Florida's ban on marriage for committed same-sex couples in what was the 28th consecutive ruling by a federal or state court in favor of the freedom to marry in the past year.

This decision affirms what another court found recently in a case out of Key West -- Florida's denial of the freedom to marry violates the U.S. Constitution. Sen. Marco Rubio (R-FL) reaffirmed his opposition to marriage for same-sex couples in a speech two days earlier at Catholic University.



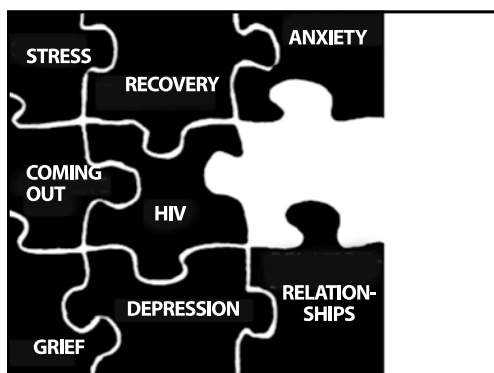
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New Project Aims to Save Sacramento's LGBT History

by Jerry Sloan

Since we now live in a post Stonewall era and we are having great victories in the courts for same-sex marriage, and as our younger post Stonewall generation takes its place in community leadership roles, much of our GLBT history is fast becoming lost.

A good example is our last Sacramento Pride celebration where there was little or no mention made that it was the 45th anniversary of the Stonewall Riots.

The Stonewall Riots are generally regarded as the catalyst of the modern LGBT movement. Certainly there were organizations and people speaking out for our rights before Stonewall, but much of that has been over shadowed by what happened at the Stonewall Inn on a hot June night.

While there may never have been riots in Sacramento for LGBT rights, we also have a rich heritage as a community and our struggle for LGBT rights is one we should take pride in and preserve. From town hall meetings to rallies on the steps of the State Capitol, our local LGBT history is vibrant and powerful and we need to remember those who helped accomplish it.

That is the purpose of the Sacramento LGBT History Project, a joint venture with

the Lavender Library and Cultural Exchange. The Project's goal is to document local history by establishing a timeline, collecting pictures and memorabilia of Sacramento LGBT events and people, and visually recording interviews with LGBT seniors.

Also, to establish a visible archive to be housed in a local institution such as the Crocker Art Museum, the Sacramento State University Library or the Sacramento Public Library.

Anyone wishing to help with the project or that feels s/he has a story they would like to share can contact the project coordinator Jerry Sloan at MrLambda1937@att.net or call 916-553-0031.

Flags Stolen from Sac LGBT Center, New Flags on the Way!

The Rainbow Flags, which for several years, have flown at Sacramento's LGBT community center were stolen from the Center overnight July 31. "The rainbow flags on the front of our building serve as a beacon of safety, compassion, love and pride for the community." They make it clear the Center is here for everyone," said the Center's interim executive director David Heitstuman in a released statement. "They let you know you will not be turned away regardless of your need and that you are valued!" Thanks to an outpouring of community support, replacement flags have been ordered and should soon be installed. Visit SacCenter.org to help.



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Report Finds LGBT Parents & Children Are Functioning Well

A new report from the Williams Institute finds that despite confronting heterosexism in a variety of social contexts – including healthcare, legal and school systems – LGBT parents and their children are functioning quite well.



The report provides an overview of the contemporary research on LGBT-parent families and highlights research gaps on the experiences of LGBT parents and their children, and was co-authored by Williams Visiting Scholars, Abbie E. Goldberg and Nanette K. Gartrell; and Williams Distinguished Scholar, Gary Gates.

“Studies on LGBT parenting have grown in number and scope over the past several decades which enables us to understand how LGBT parents and their children are doing when compared to different-sex parent families,” said Goldberg. “Despite concerns that the sexual orientation of LGBT parents will negatively affect children, research is consistent in indicating that sexuality is not relevant to adults’ parenting capacities and the outcomes of their children.”

Key findings in the report include:
• In the majority of contemporary LGBT-

parent families, the children were conceived in the context of different-sex relationships as opposed to being conceived or adopted in the context of same-sex relationships; however, research is lacking on LGBT stepfamily formation post-heterosexual divorce.

- Same-sex couples are approximately 4.5 times more likely than different-sex couples to be rearing adopted children. However, many LGBT prospective parents are vulnerable to discriminatory attitudes on the part of adoption professionals – or denied adoption altogether.

- Studies that have compared lesbian, gay, and heterosexual parents in terms of mental health, perceived parenting stress, and parenting competence have found few differences based on family structure.

- Research findings are consistent in showing that psychological adjustment outcomes, academic achievement outcomes and social functioning outcomes for children born into LGBT-parent families do not vary significantly from those in different-sex parent families. In addition, children of LGBT parents do not seem to self-identify as exclusively lesbian/gay at significantly higher rates than children of heterosexual parents.

“We’ve seen growth in the research on LGBT parenting, but many studies have focused on a very specific portion of this population,” said Gartrell. “More research is needed that explores the experiences of working-class and racial minority LGBT-parent families, as well as LGBT-parent families living in non-urban environments. Such work is especially timely given demographic data showing that many LGBT-parent families are residing in unexpected regions of the country.”

The full report is available at williamsinstitute.law.ucla.edu/wp-content/uploads/lgb-parent-families-july-2014.pdf.

New Operations Coordinator at Sac LGBT Center

Kent McCord, has become the new Operations and Office Coordinator at the Sacramento LGBT Center, where he will help support front office operations, facility management, information technology, marketing and communications.



Kent McCord

McCord received his B.A. in Community Studies from UC Santa Cruz, which focused on studying social justice movements through the lens of non-profit organization, action and services. Since then, he has worked professionally with corrections, youth-based recovery, and several mental health non-profits.

Most recently, Kent served as the Assistant Director of Student Support for several colleges around the country.

In a statement released by the Center, McCord said that he “is thrilled to be part of the Center’s team and looks forward to growing professionally and personally with the Center and its community.”

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Sacramento LGBT Sports Teams Gearing up for Fall

By Dr. Cameron Yee, OD

Sacramento is home to a number of LGBT sports leagues, and most of them are gearing up for their fall seasons. Whether you enjoy bowling, tennis, volleyball, basketball, softball or running/walking, now is the time to check them out.

Some of the leagues are fairly new, while one of the bowling leagues has been in existence since the mid-70s. All of the leagues are open to men and women of all skill levels, and while sports leagues would

the league on their website: www.go-bo.org

Frontrunners/Frontwalkers

The Sacramento chapter of Frontrunners/Frontwalkers was started in the early 1990s by a group of guys that wanted to make



Some of the athletes from Team Sacramento participating in Cleveland's Gay Games 9.

seem to imply competition a common thread for all of these groups is making exercise an enjoyable social experience, regardless of one's ability.

So, for all you athletes and wannabee athletes out there, this is a good opportunity to participate in a sport you may have been hesitant to play because you felt you were not good enough.

River City Bowlers

River City Bowlers started in the late 1970s and except for a bump or two in the road, it's been going strong ever since. Last year, the league consisted of 20, five person teams, men and women, young and old. While there was the excitement of getting to see three perfect 300 games bowled last season, the main focus of the league is to be a fun, social setting. So, regardless if you've been bowling for 20 years or never picked up a bowling ball, the league is happy to have you join them.

The fall season starts on Sunday, Sept 7. To join, contact Tom Lane (Tommy5647@aol.com) or show up at the organizational meeting at 5 p.m. on Sept. 7 at Land Park Bowl on Freeport Blvd. Full teams are welcome, or if you don't have a full team, Tom will be happy to place you on a team.

Go-Bo League

This will be the first fall season for the league. Teams will consist of four bowlers. The league is meeting at Capitol Bowl in West Sacramento. First meeting is Sunday, September 7 at 6 p.m. You can register for

running a social activity and remains that today. Members often joke that the group is an eating group with a running/walking disorder. The group welcomes everyone of any ability, whether you're a novice walker or an experienced runner. If you have a difficult time exercising on your own, getting out with friends makes it easier. If you want some advice on how to get started or how to train for a race, there are a number of members who would be happy to help you. The group meets Monday and Wednesday evenings (at 6:30 p.m.) at McKinley Park (by the tennis courts) and on Saturday mornings at 9 a.m. at the Guy West Bridge. After a short meet and greet, runners and walkers are free to run/walk whatever distance they want at whatever pace is comfortable for them. More often than not, there's someone else there that will be running or walking at the same pace, too.

Their website is: FRSAC.org. Facebook: Frontrunners/Frontwalkers Sacramento. The group meets 52 weeks a year. Come join us.

916'ers Basketball League

The 916'ers is Sacramento's GLBT Basketball League and is a co-ed recreational league where all skill levels are welcome. The league has been growing for three seasons since its organization by Toua Thao and is looking forward to another fantastic season this fall, starting in late September

SPORTS

continues on page 22

outwardmagazine.com

Davis Musical Theatre Company Celebrates 30 Years

Sometimes it does take a village, and an army of volunteers, to achieve excellence. Davis Musical Theatre has discovered that formula time after time and show after show for 30 years, and now they are ready to celebrate.

DMTC was founded in 1984 when Jan and Steve Isaacson set out with the goal of preserving the Classic American Musical as an art form. For the past ten years, all productions have been offered at DMTC's own theater, in Davis.

To celebrate, they are hosting a 30th Anniversary Gala on Saturday, August 23, at 6:30 p.m. The evening will include a light dinner catered by Symposium Restaurant, followed by an evening of musical theatre songs and highlights from dozens of productions that have been offered by DMTC, performed by both past and present cast members representing much of the 30-year history of shows at DMTC.

DMTC is the longest-running, year-round, non-professional musical theater company in California. Six Main Stage musicals and five Young Performers Theatre musicals are produced each year. More than 100

performances are offered on the DMTC stage each year!

DMTC is an all-volunteer organization, including the Board of Directors, all cast members, and the entire orchestra. The only paid person at DMTC is the rehearsal piano accompanist for each show! Over 300 individuals participate in DMTC productions each year.

DMTC also hosts The Young Performers Theatre (YPT), which began 26 years ago, and features performers from age seven to 18. In addition to five youth productions each year, the program also offers a young performers' training workshop each summer, focusing on acting, singing, and dancing for musical theatre, which culminates in a recital at the end of the program.

For more information and tickets, visit www.dmtc.org

Race For The Arts & Chalk It Up Get Their Art On

by Chris Narloch

Two local events that put the fun in fundraising kick off in August in support of the arts in Sacramento. First up is Race For The Arts 2014 on August 23, followed by the 2014 Chalk It Up Festival over Labor Day weekend.

Race For The Arts

Don't miss the 16th Annual Race for the Arts benefitting California nonprofit performing, literary, cultural, and visual arts organizations and school music, literary, drama, and art programs.

Enjoy the shady racecourse at William Land Park, run or walk for the arts, and stay for the Arts Festival.

Enjoy entertainment, interactive booths, and a post-run party, and know that 100 percent of your pledge monies benefit your designated group or program.

The 5k Run/Walk and Children's Fun Runs take place on Saturday, August 23, beginning at 8:30 a.m. in Sacramento's William Land Park.

For more information, visit www.raceforthearts.com.

Chalk It Up

You'll want to stop by Fremont Park this Labor Day weekend, August 30-September 1, when the sidewalks come alive with free public art created by local artists in support of children's arts education and art activities.

Chalk It Up to Sacramento is a nonprofit organization, and funds are raised through an annual chalk art and music festival that has been held each Labor Day Weekend since 1991.

The festival features over 200 sidewalk

paintings done with soft chalk pastel mixed with water, and these concrete masterpieces are there for the public to enjoy throughout the weekend festival.

Be sure to view the drawings during the three days of Chalk It Up to Sacramento, as the artwork is ethereal. The elements take their toll beginning with the Fremont Park Farmers Market on the Tuesday morning following Labor Day.

For more information, visit www.chalkitup.org.




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On the Record with Rock and Roll Queen Adore Delano by Colt McGraw

Drag princess Adore Delano transitioned from *American Idol* fame to one of *RuPaul's Drag Race's* most celebrated Queens. Now, luckily for us, she is touring the world with her band promoting her new album, *Till Death Do Us Party*, including a performance right here in Sacramento.

As Adore draws closer to her Sacramento show, I took a moment to enjoy a candid conversation with her, where she let me know that above everything else, she is sick of dumb music.

Where are you and how are you feeling?

I'm in L.A., at a fitting, getting ready to shoot a music video. The clothes are gorgeous! I'm gonna be a hooker on the BLVD., I mean, it's my lifetime dream. I'm pretty excited!

The fitting is for a shooting of *My Address Is Hollywood*, part of a series of videos for her new album, so of course, I

totally ate shit. I bled all over the place, butt naked, it was AWESOME! Those are the memories you are gonna share with your children.

Naturally, I had to ask if she planned on having children.

Aah noooo, I think I'm cool with like a bunny or a bird or a turtle. Did you know that Ben De La Creme has a turtle named Pizza Party?

How do you decompress after a live performance?

I order pizza, I watch porn and I just relax! So, after a brief silence, I had to know



Adore Delano and her band will be at Badlands performing from her new CD *Till Death Do Us Party*.

had to ask what inspired her to make the album?

Just like Gaga, I wanted to make a really solid pop album, I really wanted it to show the hard work that we put into it. I was very involved with writing the album. I just wanted to make real music man, it's made it to #58 on the billboard charts, which is a first for any drag performer and I'm very proud of that.

What do you feel the "average" person thinks about drag?

People think we do drag for sexual pleasure. Let me tell you, I do not get hard by tucking my penis behind my bum, when I'm corseted for hours and have lashes on for days.

What can you get away with in drag that you can't get away with as just another gay man?

I talk shit to people! I mean, I can't get away with that as an overweight twink – I can grab go-go boy's butts, I can do anything!

What can we expect from your live show?

When I was in Vancouver, I didn't warn the audience that I was going to jump seven thousand feet into the crowd, but did and

what type of pizza and porn she prefers.

The guys have to have big asses and do nasty shit and I love cheese pizza, I'll eat anything with cheese on it.

What advice do you give to upcoming queens?

It's simple, number one is be yourself and number two is there are no rules! Once you stop having fun, hang up your fucking wig and go back to school because this is supposed to be a celebration."

Adore Delano will be celebrating with Sacramento at her Till Death Do Us Party on Wednesday, August 20, at Badlands, 2003 K St. General Admission tickets \$18, and VIP tickets with a Meet & Greet are \$28. Tickets are available at Brownpapertickets.com.

Opening for Adore will be Cary Nokey, a musical collective and rave-esque rotation wherein the only constant is the electricity each member sparks. "I think of it (Cary Nokey) as if Kurt Cobain had been a DJ," says the man at the center of the collective, the multi-hyphenate musical ringleader 8bit.

Colt McGraw is a freelance writer in Sacramento, and frequent contributor to Outword. He can be reached at mrcolmcgraw@yahoo.com.

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Traveling

Seattle Is Well Worth a Weekend Getaway

by Ron Tackitt

For as long as I have lived in California, I have never managed to get any farther north than Eureka. So when I recently had the opportunity to visit Seattle, it was a fresh, new experience for me.

I was meeting friends in Seattle, but would be traveling up there alone and would have to navigate this unknown by myself. Surprisingly, I was a little stressed out about it.

Thankfully, the stress was unfounded. I spent some time online reviewing options for ground transportation from the airport to the hotel, and decided that \$2.75 for a 40 minute light-rail ride, worked out much better for me than a \$45 cab ride that was going to take about 30 minutes.

My hotel was in the downtown area of Seattle, and the light-rail pretty much went straight to it. The light-rail car was clean, the signage was easy to read and it dropped me off three blocks from where I needed to be.

Seattle is a big city, and my hotel room on the 24th floor afforded me a good view of the many other high-rises, the bay and even a cruise ship that had just docked.

I was taken with how clean and orderly the downtown area was, especially on a weekend. After walking around a bit, I found the main shopping area and was truly amazed at the sheer number of people walking on the street. It felt very cosmopolitan, very New York City (to me). So unlike Sacramento.

The friends I met up with took me down to the very happening gay area in town called Capital Hill - just a few city blocks up Pike Street. This is a really great, fun, creative part of town. This time I was reminded of the Haight-Ashbury in San Francisco. Lots of art, tattoos, hip, cool people and everyone seemed to be having a good time. (That part did Not remind me of SF, where people seem kinda mean and in a really big hurry).

The next day we went to the

Space Needle, just because we had to do touristy things. While we were there, we also checked out the Chihuly glass exhibit located just below the Needle. If you want to do both, buy the two-pack ticket. It will save you money. Both the exhibit and the Needle were a lot of fun to experience. The glass sculptures are simply amazing, and from up on the Needle, you get such a commanding view of Seattle, and surrounding areas.

I was only there for a short weekend, so I tried to get as much in as possible. That evening, we all went for Mexican food at a very popular place called Barrio, conveniently located just around the corner from a couple of gay bars. After dinner we walked over to them and met some locals. It

was good to see gay bars that had gay people in them, and I really enjoyed meeting some new people. That night we went to the Madison, Diesel and much later, the Cuff. They made for a great pub/club crawl.

The next morning several of us met up at the famous Pike Place Market and looked around. It's a great market with an amazing spread of fresh fish, food and flowers. It was sad that there was no way to bring some of that stuff back home with me.

Unfortunately, several of us needed to gather our suitcases at the hotel, and head to the airport. This time I tagged along and we called up an Uber SUV to drive us there. It was nice riding in style in a clean, beautiful, leather-clad



The glass house at the Chihuly exhibit.



Seattle from the Needle.

vehicle, and when split the bill between the three of us, came to under \$20 a person. Well worth the little extra over a cab.

It was a whirlwind tour of a city I had never seen before, but I came home feeling revived and like I had done something I really enjoyed. As much as I loved Seattle, this weekend escape has made me want to see other places in the Pacific Northwest, namely, Portland.

Maybe I will start saving now for a spring getaway to Portlandia?

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Is *Boyhood* a New American Film Classic?

by Chris Narloch

Don't even get me started about the current state of movie distribution and how millions of dollars get spent advertising cinematic diarrhea like *Transformers* while off-beat but fascinating films such as *Snowpiercer* and *The Immigrant* get dumped in one or two local theaters with little or no promotion.

The Immigrant, a highly-acclaimed movie that was released earlier this year, never even made it to Sacramento at all, playing in Davis for one week, despite an A-list cast that included Joaquin Phoenix, Marion Cotillard and Jeremy Renner.

The latest must-see movie that you may not

these days – but I think that this film by director Richard Linklater qualifies as just that.

Boyhood is epic in scope but incredibly intimate emotionally, and it basically charts 12 years in the life of one average boy as he moves through life and comes of age from first grade through high school graduation.

Incredibly, the same actor plays the lead role at every age, and this was accomplished by filming the movie for a week or so at a time over twelve years.

Ellar Coltrane is the young man in question, and by the end of the movie, you will feel like you know him – or his character, at least – as well as any in movie history.

So often in films of this sort, the different actors who play a character at various ages don't synch up physically, or one is better than the others.

Luckily, Linklater chose well, and Coltrane does a great job bringing Mason Jr. to life at every age and stage in his boyhood.

Of course, the other main actors age right along with him, and they are also superb. (Patricia Arquette plays mom, Ethan Hawke is her ex-husband and father to Mason Jr. and his sister, and the director's daughter, Lorelei Linklater, plays that sister, Samantha.)

Nothing momentous ever happens to Mason Jr., but that's Linklater's stroke of genius. As writer/director, he has crafted a near-perfect portrait of 12 years in a young man's life, when every ordinary thing that happens to any boy – whether it be his first kiss or his first breakup – feels absolutely momentous, both to him and to us.

Note: For more reviews of movies currently in theaters, please visit www.outwordmagazine.com.



have even heard of snuck into town recently and was playing at Sacramento's Tower Theatre as I wrote this. Hopefully, you can still find it there if it hasn't vanished into thin air by the time you read this.

Anything can happen between now and Academy Awards season, but I wouldn't be surprised if *Boyhood* gets Oscar-nominated for Best Director and Best Picture and possibly in several acting categories.

Boyhood

I don't see many movies that deserve to be described as a masterpiece – especially not

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La Cage Wraps Up Music Circus 2014

by Chris Narloch

Sacramento's Music Circus goes out with a bang this summer, concluding its superb five-show season with Harvey Fierstein and Jerry Herman's hilarious *La Cage aux Folles*.

Teeming with song, dance and fabulosity, this bawdy musical comedy won six Tony Awards in 1984, and inspired the 1996 film *The Birdcage*, which starred Robin Williams and Nathan Lane.

La Cage focuses on a gay couple that preside over a Saint-Tropez nightclub featuring drag queens, and the farcical adventures that ensue when the son of one of the men brings home his fiancée's conservative parents to meet his non-conservative (and non-traditional) parents.

La Cage aux Folles is based on a 1973 play of the same name by Jean Poiret which was also the inspiration for a 1978 French film that was a huge hit internationally.

Broadway veterans Brent Barrett and Alan Mingo, Jr. will play the lead roles of Georges and Albin at Music Circus.

La Cage aux Folles plays August 19-24 at the Wells Fargo Pavilion. For more information, please visit www.SacramentoMusicCircus.com.



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Honey Mahogany to Host Hair & Fashion Battle Expo

Honey Mahogany, from *Rupaul's Drag Race*, will join Richard Hallmarq, from *Project Runway*, as celebrity hosts for this year's Hair and Fashion Battle Expo & Fundraiser to benefit the Roberts Family Development Center, that provides academic assistance, enrichment and recreation services for the North Sacramento community.

The evening of the Hair & Fashion Battle Expo on Saturday, August 23, will include a runway showcasing the leading, most innovative, creative salon hair stylist and fashion designers with a cocktail party atmosphere and special performances, entertainers, food, shopping, and prizes for attendees.

The Hair & Fashion Battle Expo is a professional competition and tradeshow that



Honey Mahogany

highlights Northern California's best in the field of hair and fashion, and will feature the most innovative stylists and fashion designers emphasizing avant-garde hair and

fashion styles worn by trendy fashionistas from every background, body shape & size for this amazing Battle themed "Going Hollywood."

"It is our goal to produce a unique and exciting event in Sacramento that will merge a diverse audience and add to the participation of all attendees, sponsors, and contestants to support a great cause," said the event's organizers. "This is why the Hair and Fashion Battle stands apart."

All presentations will be judged by local celebrity judges and adding to the battle, will be a day trade show from 11 a.m. to 4 p.m. featuring a wide array of vendors and live demonstrations giving attendees a chance to shop and network with different businesses in the areas of hair, fashion, accessories, styling and education, produced by A Berry Special Event.

The Hair & Fashion Battle Expo is open to the general public and is a family oriented event that welcomes all ages in an alcohol free environment. The event will take place August 24, at the Sacramento Scottish Rite. Tickets are currently available and can be purchased in advance online at www.HairandFashionBattle.com, salon ticket locations and at the door on the day of the show.

Howard Jones and The English Beat Rewind at Thunder Valley

by Chris Narloch

North America's premier '80s rock music tour hits the stage at Thunder Valley to close out August, and your favorite 'synth and soul' acts will be represented.



The lineup for the '80s Rewind Music Fest 2014 includes Howard Jones ("No One is to Blame"), Thompson Twins' Tom Bailey ("Hold Me Now"), Katrina from Katrina & The Waves ("Walking On Sunshine"), and the great British ska band The English Beat ("Can't Get Used to Losing You").

The '80s Rewind Music Fest will rock Thunder Valley Casino Resort's Outdoor Amphitheater on Sunday, August 31, at 6 p.m.

For more information, visit www.thundervalleyresort.com.

United Nations Music Video Goes Bollywood for Gay Rights



A Bollywood-inspired United Nations music video with a message of gay acceptance has rapidly become one of the most watched UN videos of all time, exceeding one million viewers worldwide. The two-and-a-half minute video, *The Welcome*, stars Indian actress Celina Jaitley, and can be seen at www.unfe.org/the-welcome.

Freefall Returns for Season Two



Most of the Web series revolving around LGBT storylines are romantic comedies. *Freefall* is an exception, highlighting many social justice issues including sexual health, relationship violence, and sexual orientation related persecution. With over 1.4 million views for season one, this look at the dark side of Atlanta has found a loyal following. Visit vimeo.com/ondemand/freefallallaccess.

Ride, S&M Sally, Ride



From the award-winning director of *Butch Jamie* and *Heterosexual Jill* comes a provocative queer comedy - *S&M Sally*. The film is currently on Kickstarter and you can watch a promo video and read more about how you can support the project here - <https://www.kickstarter.com/projects/1411838707/sandm-sally-a-feature-film-comedy>

***Motown The Musical* and *Buyer & Cellar* Set for SF**

by Chris Narloch

Two new shows that were huge hits in New York City are making their way to the West Coast this month, with stops in San Francisco. Both *Motown The Musical* and *Buyer & Cellar* are worth a drive to the Bay Area for fans of Motown and Michael Urie.

Motown The Musical

If they have to keep cranking out jukebox musicals – and it seems that they do – there is no better jukebox to pilfer from than the era and the music known as Motown.

Motown The Musical is based on Berry Gordy's account of the founding and subsequent ups and downs of his hugely successful record label, which produced much of the finest American soul music ever recorded.

The musical touches on Gordy's personal and professional relationships with Motown superstars such as Stevie Wonder, Diana Ross, Marvin Gaye, Smokey Robinson, and Michael Jackson, but the paper-thin book is really just a framework for hit after soulful hit, performed by a talented cast that is coiffed, costumed and choreographed to resemble the original artists.



Michael Urie in *Buyer & Cellar*

Since Jackson, Gaye and several other Motown hit-makers are no longer with us, *Motown The Musical* is the closest thing to a real reunion that Motown fans like me will ever get.

Motown The Musical plays August 15 through September 28 at San Francisco's SHN Orpheum Theatre.

Buyer & Cellar

This truly original one-man show is a not-to-be-missed hilarious off-Broadway hit starring Michael Urie, of *Ugly Betty* fame, as an underemployed, gay L.A. actor who goes to work in Barbra Streisand's Malibu basement.

Urie is perfection as a fan that becomes a "friend" to the ultimate diva, whose real-life coffee table book *My Passion For Design* inspired the play's wacky but moving plot.

Buyer & Cellar plays August 19 through 31 at San Francisco's SHN Curran Theatre.

For information about both these productions and other SHN shows coming to San Francisco, please visit www.shnsf.com.

Sex, Lies and Silverlake Now on DVD



EastSiders, which successfully debuted as a Web series, reveals the aftermath of infidelity on a gay couple from Los Angeles' Silver Lake District with heart and hilarity. If you missed it on the Web, the feature version of *EastSiders* is now available on digital platforms from Wolfe Video. You can buy, rent or just watch the trailer at www.wolfevideo.com/products/eastsiders/

***It's Only A Play* Right Here in River City**



It's Only a Play is wowing them on Broadway, but luckily for you, you won't have to travel so far, as the Closet Door Theatre is presenting Terence McNally's alternately raucous, ridiculous and tender look behind stage, right here in Sacramento. You'll have to hurry to catch it though, as it's closing weekend for the show that has been wowing Sacramento audiences, too. Visit www.closetdoortheatre.org.

Cheech & Chong Still Smokin' Tour



You will have to travel to Santa Rosa to see the show, but Cheech & Chong, one of America's top comedy duos is still going strong. They defined an era with their hilariously irreverent, satirical, counter-culture, no-holds-barred comedy routines and are as funny as ever, catch them live Sept. 26. Info: wellsfargocenterarts.org



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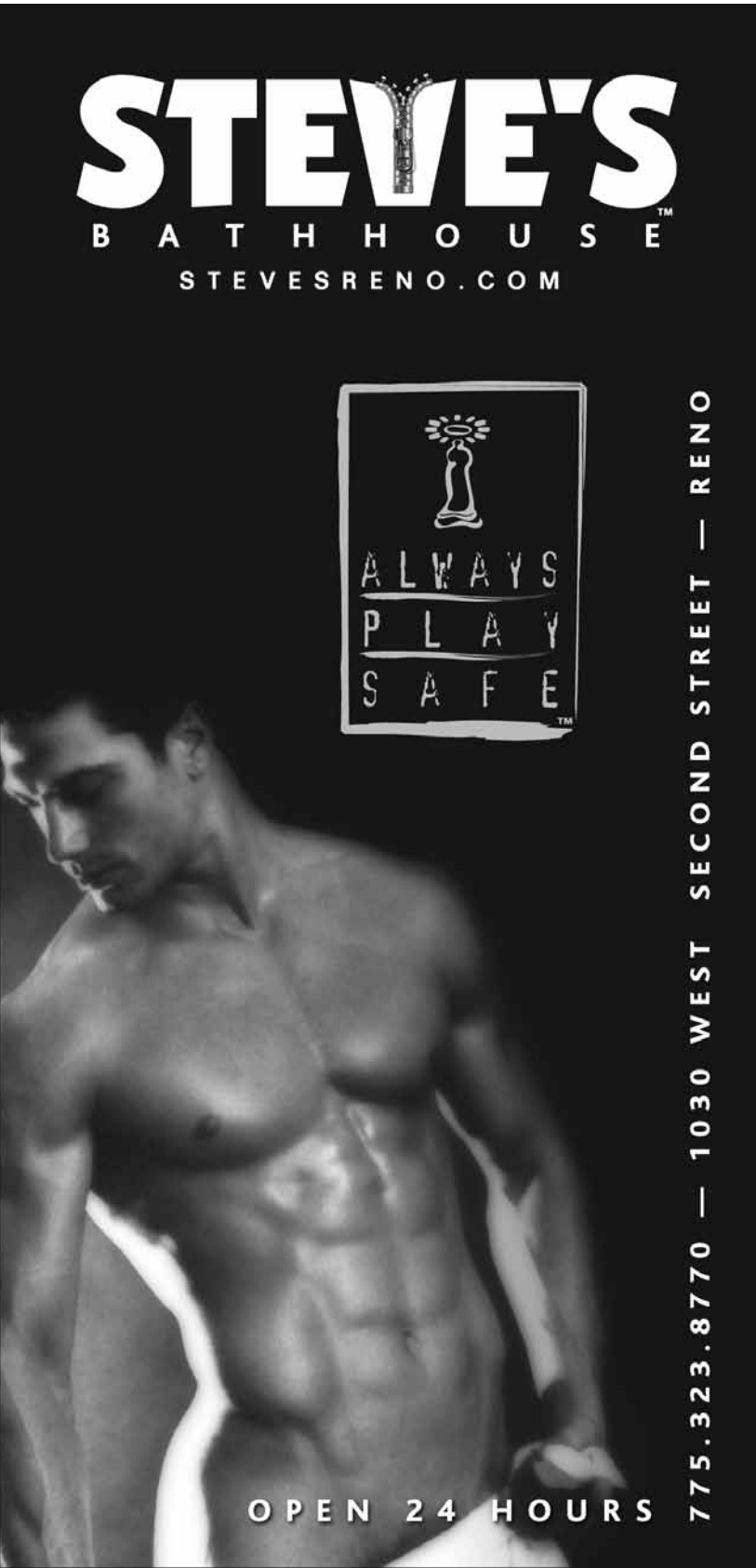
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Out & About

Drag Queen Bingo Raises \$1,514 for Camellia Softball Tournament

Sluggo Domemoore hosted another great night of Drag Queen Bingo on Thursday, August 7, raising \$1,514 for the Sacramento Camellia Softball Classic. Thanks to all you generous, and fun, bingo players, DQB is only \$26 away from raising \$90,000! Join us for the next DQB on September 3 at Mangos at Head Hunters as we blast past that milestone and race towards raising \$100,000!



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Sports

continued from page 10

and ending in November. They are currently finalizing a new venue and encourage anyone who is interested to sign up for their mailing list at www.916ers.org and their Facebook page: 916'ers Sacramento GLBT Basketball League.

Capital City Volleyball Club

Capital City Volleyball Club (CCVC) is Sacramento's LGBTQ Volleyball organization and is open to all individuals, of any ability, who want to play volleyball. The league is scheduled to begin on September 15 and will run for nine weeks. Their website, www.sacvball.com, is currently under construction and should be up and running soon. Folks can also find them on Facebook: Capital City Volleyball Club to obtain information about CCVC and you can leave a message, if you have any questions.

Open Gym is currently in session at Jackson Sports Academy, 5209 Luce Ave., McClellan Park. Warm-ups start at 6 p.m. (Beginners/Intermediate Clinic is currently on hold), Advanced Open Gym from 7-10 p.m. and the cost is \$7/week.

The League's big North American Gay Volleyball Association Tournament is Nov. 8-9, and will have nearly 400 volleyball players and supporters from across the U.S.

Sacramento Rainbow Softball

Rainbow Softball is a LGBT league formed by softball enthusiasts now in its second season, with the first season having over 80 registered players and six teams. The league is intended to encourage active lifestyles, fun, socializing and building friendships.

League play is always on Sunday for an hour time slot from 10 a.m. to 2 p.m. beginning Sept 7. All games are played at Grant Park (205 21st St.) Registration is now open for the eight game Fall Season, and registration is \$25, which includes a game shirt. Sponsor the league, obtain registration forms, pay registration or get additional information at www.scsclassic.com. Registration forms and entry fee can be turned in to the Sacramento Rainbow Softball League at our open registration day on August 24 from 11 a.m. to 1 p.m. at Grant Park.

Sacramento Valley Gay and Lesbian Softball

A small group of dedicated volunteers founded this league in 2010 following a trip to San Francisco where they had gone to watch some fellow Sacramentans playing in a softball tournament. Last season the league had expanded to 17 teams in three divisions ranging from strictly recreational to highly competitive. SVGLS welcomes all people of any playing level, and before the season starts instructional clinics are held. Once formed, many teams have weekly practices where the coaches can give advice to those players that want it. The League strives to create a safe, healthy and supportive environment to develop skills, promote competition and build fellowship within our community.

Registration and more information can be found at SVGLS.org

Sacramento Gay and Lesbian Tennis

Although this league has already started, there may still be open slots for players, and you are always welcome to come out and enjoy the matches and get to know the players. League play is on Tuesday nights, from 6 – 9 p.m. at the McKinley Park tennis courts. Visit sgltennis.org.

Team Sacramento

Team Sacramento is not a league per se, but was formed to be an umbrella group for all of the Sacramento athletes interested in going to the Gay Games. Team Sacramento helps gather and dispense information on the Games in general, including travel, housing and other helpful information, etc. They also have put on fundraisers to help defray some of the expenses of going to the Games. As *Outword* went to press, Team Sacramento was already competing in Cleveland's Gay Games 9, which will wrap up August 17. For those of you who like to (really) plan ahead, Gay Games 10 will be held in Paris in 2018.

If any *Outword* readers know of a golf or soccer team/league please let *Outword* know and we can write about them too.

Dr. Cameron Yee is an avid athlete, and can often be found on the lanes, courts and trails of Sacramento.

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Not All Sunscreens Are Equal, Be Sure to Choose a Safe One

by Roddy Scheer and Doug Moss, EarthTalk

The calendar may say that summer is winding down, but summer's heat and sun are still strong and burning. With Sacramento's cool pools, rivers and lakes beckoning, you need to be sure that you take precautions. Even a mild sunburn can have severe effects, including cancer, and some sunscreens may have health hazards of their own.



Skin cancer is by far the most common form of cancer in the United States, with more new cases each year than breast, prostate, lung and colon cancers combined. The rate of newly diagnosed cases of the most deadly skin cancer, melanoma, has tripled over the last three decades.

For protection, most of us turn to sunscreens, but many of the sunscreens on the market do not provide enough protection from the sun's damaging rays. Also, some of them contain chemicals that can also cause health problems in their own right.

According to the non-profit Environmental Working Group (EWG), which assessed the safety and effectiveness of more than 1,400 "SPF" (sun protection factor) products for its 2014 Guide to Sunscreens, only one in three sunscreens for sale on the shelves of American stores offer good skin protection and are free of ingredients with links to health issues.

"That means two-thirds of the sunscreens in our analysis don't work well enough or contain ingredients that may be toxic," reports the group.

A big part of the problem is the lack of tougher rules from the U.S. Food & Drug Administration (FDA).

"The FDA's first major set of sunscreen regulations, 36 years in the making, took effect in December 2012 and proved far too weak to transform the market," reports EWG.

While the new rules did restrict some of the most egregious claims on sunscreen labels (such as the "patently false" 'waterproof' and 'sweatproof' claims) and ended the sale of powder sunscreens and towelettes that were too thin to provide protection against ultraviolet rays, they didn't address inhalation threats from spray sunscreens or take into account the risks of exposure to so-called "nanoparticles" from

zinc oxide and titanium dioxide varieties.

So what's a health-conscious sun worshipper to do about sunscreen?

For starters, read labels. Some common sunscreen ingredients to watch out for and avoid include: oxybenzone, which can cause allergic reactions and hormone-like effects; Vitamin A (AKA retinyl palmitate), a skin irritant and possible carcinogen; and fragrances which can contain allergens and chemicals.

Also, spray sunscreens are suspect because inhaling some of the ingredients can irritate breathing passages and even potentially compromise lung function. EWG warns to avoid products with SPF ratings higher than 50, as their use can tempt people to apply too little and/or stay in the sun too long. Sticking with products in the 15-50 SPF range and reapplying often makes much more sense.

Some of the best choices are those sunscreens that employ either zinc oxide or avobenzone, both which have been shown to block the most damaging ultraviolet rays effectively without the need for other potentially troublesome additives.

Some of the leading brands that meet EWG's criteria for both safety and effectiveness include Absolutely Natural, Aubrey Organics, California Baby, Elemental Herbs, Goddess Garden, Tropical Sands and True Natural, among others. Find these and other winners on the shelves of natural foods retailers as well as online. For a complete list of all 172 recommended sunscreens and to learn more about the risks, check out EWG's free online 2014 Guide to Sunscreens at www.ewg.org/2014sunscreens.

EarthTalk is written and edited by Roddy Scheer and Doug Moss and is a registered trademark of E - The Environmental Magazine (www.emagazine.com). Send questions to: earthtalk@emagazine.com.

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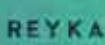
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