

# Outword

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# Letters

## Riding Again for the NCAC

Dear Outword,

It's that time of year when I think about whether I will do our local AIDS ride. I think that maybe I have done enough and I should take a year off.



**Jim McCann at the finish line of the 2011 NorCalAIDS Cycle.**

Then I learn that most of the new HIV cases in this country are in the 18-25 year age group. This means a lifetime of medicine and a lifetime of living with the side effects of those pills.

This epidemic is not over. How could I not do the ride?

I now believe that the stopping of this epidemic is through prevention education (how not to get it) and HIV testing (to know if you have the virus and learn how not to spread it).

That is what the AIDS ride is all about. That is where the money we raise and you give goes.

So it is back on the bike for me. In May, I'll be cycling 330 miles in four days, and in June I'll be cycling 545 miles in seven days.

If you would like to support me, or any of the other cyclists, please visit [norcalaidscycle.org/kintera.org/2012](http://norcalaidscycle.org/kintera.org/2012).

Thanks,

**Jim McCann**

## Enjoy a Taste of Amador Wine Country

Join the Sac. G&L Center for an all day trip to the Amador Wine Country, visiting three different wineries and enjoying the scenic beauty of the vineyards in early spring.

Start with Mimosas and a light continental breakfast before heading out to the wine country where you will enjoy three tastings at some of the area's best vineyards.

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## Reader Phone Camera Pic



Angel's seen better days...



There will be a delicious lunch included as well as time to stroll around the wineries and their gift shops.

Don't let the fun stop there though, upon arriving back in Sacramento the Center has arranged special pricing at a Midtown restaurant where you can enjoy a lovely dinner.

All that for only \$100 and the satisfaction of helping the Center.

The fun starts at 9:30 a.m. on Sunday, April 1. For more information and to RSVP visit [SacCenter.org](http://SacCenter.org) or e-mail Ginarose at [perinog@gmail.com](mailto:perinog@gmail.com).

### Spaghetti for Steve

For those of you who have not yet donated, or want to add to your donation, to elect Steve Hansen for Sacramento City Council District 4, Buzz and I are having one of our fabulous spaghetti and meatball dinners at our home on Wednesday, April 11.

We have found a great candidate in Steve Hansen, he is extremely well qualified and I am asking you to think - "I'm tired of waiting, I want a seat at the table and I think it IS our turn."

If this resonates with you, then let's join the Stonewall Democrats and work to get Steve elected. Please come to our fabulous dinner or sign on as a host. Please RSVP by email at [catalanosm@aol.com](mailto:catalanosm@aol.com) or call (or leave a message) at 916-359-1040.

Hugs,

Sam Catalano

### Petition FDA to Approve Over the Counter Sales of Orasure

The Centers for Disease Control and Prevention estimates that 1.2 million people in the United States have HIV, of which 240,000 are unaware.

To help reduce that number, a Change.Org petition has been started advocating that the Food & Drug Administration (FDA) approve the Orasure rapid HIV test for over the counter sales.

Organizers are trying to collect 5,000 signatures. You can add yours at [www.change.org/petitions/food-and-drug-administration-approve-ora-sure-to-sell-rapid-hiv-test-over-the-counter](http://www.change.org/petitions/food-and-drug-administration-approve-ora-sure-to-sell-rapid-hiv-test-over-the-counter)

### H8SUX.com Giving Away "OK4U2BGAY" T-Shirts to Teens



A new campaign is asking kids to fight homophobia in schools by giving away free T-shirts to any teen who simply makes a special YouTube video pledging to speak out against homophobia at school and support gay marriage. Adults can also help, and for every hoodie, tank top or tee sold on [H8SUX.com](http://H8SUX.com), the organization says it will send a teen an "OK4U2BGAY" tee for free.

### SFGMC Records World Premiere Work at Skywalker Ranch



Over 200 SFGMC singers recorded Stephen Schwartz's world premiere work "Testimony" at a session on Saturday, March 3, in George Lucas' state of the art Skywalker Ranch sound studio. "Testimony" is based on texts from the *It Gets Better Project*, and the chorus premiered it at their March 20 & 21 concerts in San Francisco. Didn't make it to the concert, well don't go all energico, a DVD will be available following the concert at [SFGMC.org](http://SFGMC.org).

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# EQCA Hosts Sacramento Equality Awards 2012

by Ken Pierce

Equality California (EQCA) hosted their 2012 Sacramento Equality Awards on Monday, March 5, recognizing three Sacramentans for their work on Sacramento's redistricting effort, a pioneer state legislature and a tireless advocate for farmworkers.



Cary Davidson (EQCA Institute Board President) and Clarissa Filgioun (EQCA Board President) flank Dr. Darrick Lawson, Rosanna Herber and Steve Hansen, recipients of the 2012 Sacramento Equality Community Advocate Award presented in recognition of their efforts to have Sacramento's LGBT community recognized as a "community of interest" in Sacramento's recent redistricting.

The Sacramento Equality Awards honor the persons who most exemplify the work

EQCA does in improving the lives of LGBT Californians, creating a stronger California

and defending LGBT rights and protections. Similar awards ceremonies are planned for Los Angeles, San Francisco Palm Springs and San Diego.

Dr. Darrick Lawson, Steve Hansen and Rosanna Herber worked countless hours on the new plan that they hoped would make it possible for an openly LGBT candidate to be elected to the City Council. The Sacramento County Board of Supervisors. EQCA helped in that effort by providing demographic information, but it was largely through the efforts of Lawson, Hansen and Herber that an LGBT "community of interest" was identified and recognized, literally putting the LGBT community "on the map."

The EQCA Leadership Award, was presented to California State Senator Christine Kehoe. In 2002 Sen. Kehoe was a founding member of the California LGBT Legislative Caucus, and has worked tirelessly during her time in the Assembly and Senate on environmental and LGBT issues.

EQCA's Equality Lifetime Achievement Award went to American labor leader and civil rights activist Dolores Huerta. Along with César Chávez, Huerta co-founded the National Farmworkers Association, which later became the United Farmworkers Union and has been a strong advocate for LGBT civil and marriage rights.



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## White House Conference Addresses LGBT Housing and Homelessness Issues

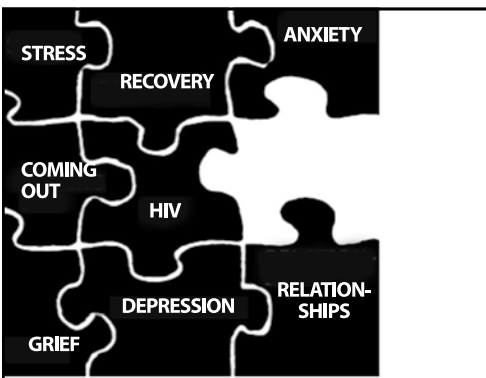
Saying that no one should be subject to mistreatment or denied access to housing assistance because of their sexual orientation or gender identity, HUD Secretary Shaun Donovan said at a conference in Detroit that HUD's new equal access to housing rule "says clearly and unequivocally that LGBT individuals and couples have the right to live where they choose."

Secretary Donovan addressed the housing problems facing the LGBT community at a conference at Wayne State University in Detroit, on Friday, March 9.

"Each of us here knows that rights most folks take for granted are routinely violated against LGBT people," he said, recounting the story of

Mitch and Michelle DeShane who were denied affordable housing by an agency because they did not meet its definition of "family." They were told to try a neighboring agency that "accepts everyone – even Martians."

**WHITE HOUSE**  
*continues on page 18*



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# Can You Walk the Walk?

Over 500 men will be strutting their stuff in high heels with a common goal – bringing an end to sexual violence in our community. These bold and brave men will be part of the second annual Walk a Mile in Her Shoes event to benefit WEAVE, Inc. on April 28, on the Capitol Mall.

The men who will take part in Walk a Mile in Her Shoes will represent the best of our community – business leaders, elected officials, students, and more who come together to run, walk and limp for WEAVE – and this event is not for the faint-hearted. These men will don the real deal of high heels – 2" and 3" heels are the norm (accommodations can be made for men who cannot walk in heels due to injuries).

The event is on pace to raise more than \$150,000 to support WEAVE's sexual assault services including the 24 hour Sexual Assault Response Team (SART) which provides an advocate to every victim at the hospital undergoing an evidentiary examination.

WEAVE knows that violence is not isolated to a single community, gender, or sexual identity. WEAVE services are available to any victim of interpersonal or sexual violence.

Walk a Mile in Her Shoes is being made possible thanks to its generous sponsors, including presenting sponsor Western Health Advantage. They are joined by Premiere Access Dental, Activate Direct, Townsend Raimundo Besler & Usher, Wells Fargo, Dignity Health, UC Davis Medical Center, Molina Healthcare, and Kaiser Permanente amongst others. Early media sponsors include CBS Radio and *Outword Magazine*.

Any man wishing to strap on a pair of heels, can register for \$35, which includes their shoes! Once registered, each walker has an opportunity to create a personal fundraising page and raise funds for WEAVE.

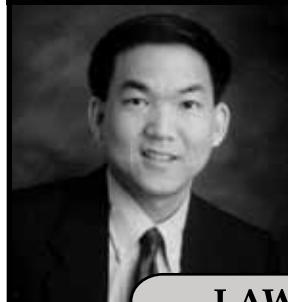
The event festival will include beer, wine, cocktails, food, and lifestyle services vendors and begins with shoe pick up at 8:30 a.m. and the race begins at 10:30 a.m. The festival will continue until noon on April 28 on Capitol Mall with the event festival being located between 5th and 7th Streets and the route covering 3rd to 7th Streets.

To learn more, go to [www.weaveinc.org](http://www.weaveinc.org).



Last year, team "Outword Streetwalkers" led by Fred Palmer took in two of the top prizes, "Grand Fundraiser 2011" and "Most Adoration Team 2011." "We raised a whopping total of \$4,334," said Palmer. "Join our team and help us beat that number this year!"

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# PFLAG Sacramento Celebrates 30 Years of Showing the Love

by Bonnie Osborn

To gay, lesbian, bisexual and transgender people, PFLAG (Parents, Families and Friends of Lesbians and Gays) fills a place in the heart like no other organization. No Pride parade contingent evokes louder cheers or more choked-up tears than those folks marching by with the PFLAG banner.

They are our moms and dads, or the moms and dads who were there for us when our own parents were not. They are the LGBT people of all ages who came seeking understanding and support and then kept coming back to support others.

They understand how badly a kid hurts when his parents or friends reject him, and they know how shell-shocked and anguished a parent feels when she first learns her son or daughter is gay. They've been there. They are our heroes.

The Sacramento chapter of PFLAG was established in April 1982 by the Rev. Merrill and Mrs. Muriel Follansbee and their friend, Jean Hansen. Its first meeting was held in the Carmichael Presbyterian Church chapel.

The Follansbees were inspired to start the group by their own journey. When their own gay son and lesbian daughter came out, there were no local support networks in place to help them navigate the challenging process. Little did they know the impact their actions would have.

Thirty years and hundreds of individuals and families helped later, Sacramento PFLAG is setting aside an evening to celebrate its rich history of service to the Sacramento LGBT community and its

friends and allies. The PFLAG Sacramento 30th Anniversary Celebration Dinner will be held Thursday, April 26, at the Woodlake Hotel, 500 Leisure Lane in Sacramento. The evening will begin with a no-host cocktail reception at 6:30 p.m., followed by dinner at 7 p.m.

In contrast to the many community organizations that hold annual dinners, the April 26 dinner celebration will be PFLAG Sacramento's first.

The most important thing Sacramento PFLAG does is give support to families, says chapter President Howard Papworth. "We have new parents almost every month," he says. "Just think, over 30 years, how many people have come to PFLAG for support."

PFLAG was originally founded to support parents of gay and lesbian children, to offer friendship, guidance and advice, and to let them know they are not alone. "It's become so much more, though," Papworth says.

Over the years, many transgender, gay and lesbian people also sought out PFLAG for friendship and support, sometimes accompanied by spouses or family members, sometimes alone, knowing that, at PFLAG, someone would understand.

Sacramento PFLAG also awards one or




more \$1,000 Follansbee Memorial Scholarships each year to local college-bound LGBTQI high school seniors and current college freshmen and provides funding support to the Sacramento Gay & Lesbian Center's, and other, youth programs.

The 30th anniversary celebration will honor some of the chapter's founding board members, including Jean Hansen, who is still active with Sacramento PFLAG and as an advocate for LGBTQI rights. Assemblymember Roger Dickinson and The Honorable Anne Rudin will serve as honorary co-chairs of the event.

Tickets to this one-of-a-kind evening are only \$65 each, \$500 for a table of eight. Sponsorship opportunities beginning at \$500 are still available. To purchase your ticket, or learn more about PFLAG, visit pflagsacramento.org or call 916-483-4788.

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## Do Just One Thing

by Tom Moon, MFT, *The Examined Life*

I've said before in this column that most psychological self-help books aren't worth the paper they're printed on. But once in a while a book comes along that really has the power to change our lives for the better.

One such book is *Just One Thing*, by Rick Hanson. Rick is both a neuropsychologist and a meditation teacher, and he uses the new findings of neuroscience to show how very simple mind-training techniques, practiced for just a few minutes daily, can

radically improve our well-being.

The science behind the practices involves a simple principle: every time you use your mind you alter the structure of your brain. Everything you pay attention to, everything you think, feel and want, every time you

react to what happens to you - all of these things sculpt your brain.

Busy regions of the brain get more blood flow, and little-used neural connections wither away. "Neurons that fire together wire together" - every time you repeat any mental activity, you strengthen it and make it easier to become a habit.

What this means is that if your mind

**JUST ONE THING**  
*continues on page 19*

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# LGBT Programming Highlights National Library Week at Sac. Public Library

The Sacramento Public Library is celebrating National Library Week (April 8 – 14) with programs built around the theme **You Belong @ Your Library** and programming specifically designed to encourage the gay, lesbian, bisexual, transgender, questioning, intersex and ally (GLBTQIA) community to rediscover (or discover for the first time) all the services, materials and resources available at the library.

Funded through a \$3,000 grant sponsored by Scholastic Library Publishing, a division of Scholastic Inc., these programs seek to recognize and celebrate this underserved Sacramento community.

“We wish to reinforce the message that our Sacramento Public Library locations are places of belonging for all members of the community,” said Library Director Rivkah K. Sass.

Here are some of the fun, interesting and educational events they’ve got lined up:

### Rainbow Family Egg Hunt and GLBT Story Time

All families are invited to the library’s Rainbow Egg Hunt. The fun starts at 11 a.m. with crafting decorated bags for egg collecting, followed by a special story time that celebrates families with two mommies, two daddies, or any combination of people, since love is what makes a family. Egg hunting will begin at 12 noon -- rain or shine. The library branch will be open for browsing and checking out books and

materials, but the public computers will not be available.

Sunday, April 8 from 11 a.m. to 2 p.m. Ella K. McClatchy Library, 2112 22nd St.

### GLBTQIA Community Partner Showcase and Brown Bag Lunch

Meet a variety of regional GLBTQIA groups at an informal social gathering. Participants are invited to bring a brown bag lunch (drinks will be provided) and chat with community leaders, pick up information from the represented organizations and socialize with local GLBTQIA community members.

Tuesday, April 10 from 11:30 a.m. to 1:30 p.m. Central Library, 828 I St.

### Come Out for Aerobics

Join a special edition of Punk Rock Aerobics, by exercising with roller derby team member Lipstick Librarian of the Sac City Rollers. The adult program is open to ages 18 years and older, no matter the

orientation. Please bring a water bottle and wear comfortable clothes to exercise.

Tuesday, April 10 at 6:30 p.m. Central Library, 828 I St.

### “It Gets Better” Video Filming Drop-In Session

Noted columnist Dan Savage and his partner Terry Miller created the It Gets Better project as a response to the increasing number of GLBT teen suicides as a result of bullying. Attendees will be asked to share their personal stories which will be videotaped and later posted on YouTube to let teenagers know that support is out there; they are not alone and it will get better. The national project has produced numerous videos that have been uploaded to the It Gets Better web site at [www.itgetsbetter.org](http://www.itgetsbetter.org).

Wednesday, April 11 from 11:30 a.m. to 1:30 p.m.



Central Library, 828 I St.

### GLBT Movie Night, Cheerleader Costume Contest and Kinect Gaming

Grab your pom-poms for an adults-only showing of a GLBT cult-classic film, featuring RuPaul in butch drag. Enter the cheerleader costume contest for which the winner will be determined by popular vote. Prepare yourself for some serious voguing and dance offs through “Just Dance” on the Xbox Kinect.

Friday, April 13 from 7 p.m. to 10 p.m. Tsakopoulos Library Galleria, Central Library, 828 I St.

### Same-Sex Speed Dating for Book Lovers

Single adult booklovers are encouraged to meet others of the same-sex who share a passion for the printed page. Bring a favorite or hated book to spark a conversation and see if sparks fly. This is a great way to socialize with other like-minded singles without the pressure of a date; it’s only a five-minute conversation. Get out of the bars and into the library to meet someone fabulous.

Saturday, April 14 at 2 p.m. Central Library, 828 I St.

For details on these National Library Week programs, please call the library at 916-264-2920 or visit [www.saclibrary.org](http://www.saclibrary.org)

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# Word on the Street

## Who Is Your Hero?

Asked at the Governor's Mansion



**Nikki Whitfield**

Robin Roberts from *Good Morning America*. She is the epitome of grace and class and overcame one of life's largest obstacles, breast cancer. I really would like to meet her someday.



**Phil Serna**

That's an easy one for me, my father (former Sacramento Mayor Joe Serna).



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**Ryan Pessate**

My father, he accomplished so much with so few resources.



**Maya Wallace**

Jane Eyre, because she had the strength to be herself at a time when it was not OK to do so.

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**Susan Patterson**

Everyone living with HIV/AIDS.



**Steve Winlock**

My mom, she was the greatest. She raised eight kids and gave me a foundation.



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# SVGLS Set to Open 2012 Spring Season with a Record 18 Teams

The Sacramento Valley Gay & Lesbian Softball League has been very busy this spring, hosting an information night, a meet & greet, three skills clinics and a player draft. All that hard work has paid off though, and close to 250 players have turned out to participate in this year's league, on a record 18 teams.

Thanks to the efforts of board members Jon Green and David Heitstuman, the league has also launched a new web site (SVGLS.org), which provides a wealth of information to new players and sponsors, serves as a resource for coaches and managers, and will allow online registration and event posting.

Additionally, the league plans to host the Gold Rush Classic Softball Tournament during the Labor Day Weekend and hopes to draw up to 32 teams from throughout the Western region. This year, the Board of Directors chose the Sacramento Gay & Lesbian Center as its charitable beneficiary for tournament funds and other league activities.

"We are extremely proud of the advancements the softball league has made

and the increasing popularity of LGBT sports leagues in Sacramento generally," said Commissioner Patrick Marsengill. "It really demonstrates a strong sense of community that allows us to enjoy active recreation and fellowship. We have had so much interest by new players this season, even after drafting to existing teams, that we were able to create two new teams and are currently looking for additional sponsors for them."

The league was created just 18 months ago with only seven teams and recently received approval to join NAGAAA (North American Gay Amateur Athletic Alliance).

Games begin Monday, April 9, at the Sacramento Softball Complex. For more information and a complete schedule, visit SVGLS.ORG.

## Growth of Sacramento Pride Festival Takes Many Directions

*Commentary by the Sacramento G&L Center*

Your average Sacramento street festival fills a few city blocks with families and a crowd spanning generations, lifestyles, cultures and colors. But the annual celebration taking place this June 2 at Capitol Mall will be exceptional for that same reason, as a new energy, larger attendance and greater prominence mark Sacramento Pride Festival 2012.

More than ever, this year's event reflects the nation's sixth largest LGBT community at a crossroads. The Sacramento Gay and Lesbian Center, which hosts the event, has undergone a complete change in leadership that includes a new, heterosexual, executive director. Shara Perkins Murphy brings a career in political and organizational experience earned at the California State Capitol. Also as an African-American, she has strongly and publicly declared that the struggle for gay and lesbian rights is identical to that fought by African-Americans during the Civil Rights Movement.

Just as the event has steadily attracted a more diverse crowd beyond the LGBT community that it celebrates, Sacramento Pride's list of sponsors has grown its corporate membership. Wells Fargo, Hewlett-Packard, Comcast and Barefoot Wines recently joined a sponsor list of well over a dozen well-recognized names.

Consultation from Sacramento's Details Details Meetings & Conference Planning connects Sacramento Pride 2012 to expertise behind larger events with statewide attendance such as the California Democratic State Conventions and the Harvey Milk Foundation Harvey Milk Day events. Likewise, the integrated communications Sacramento firm of Runyon Saltzman &

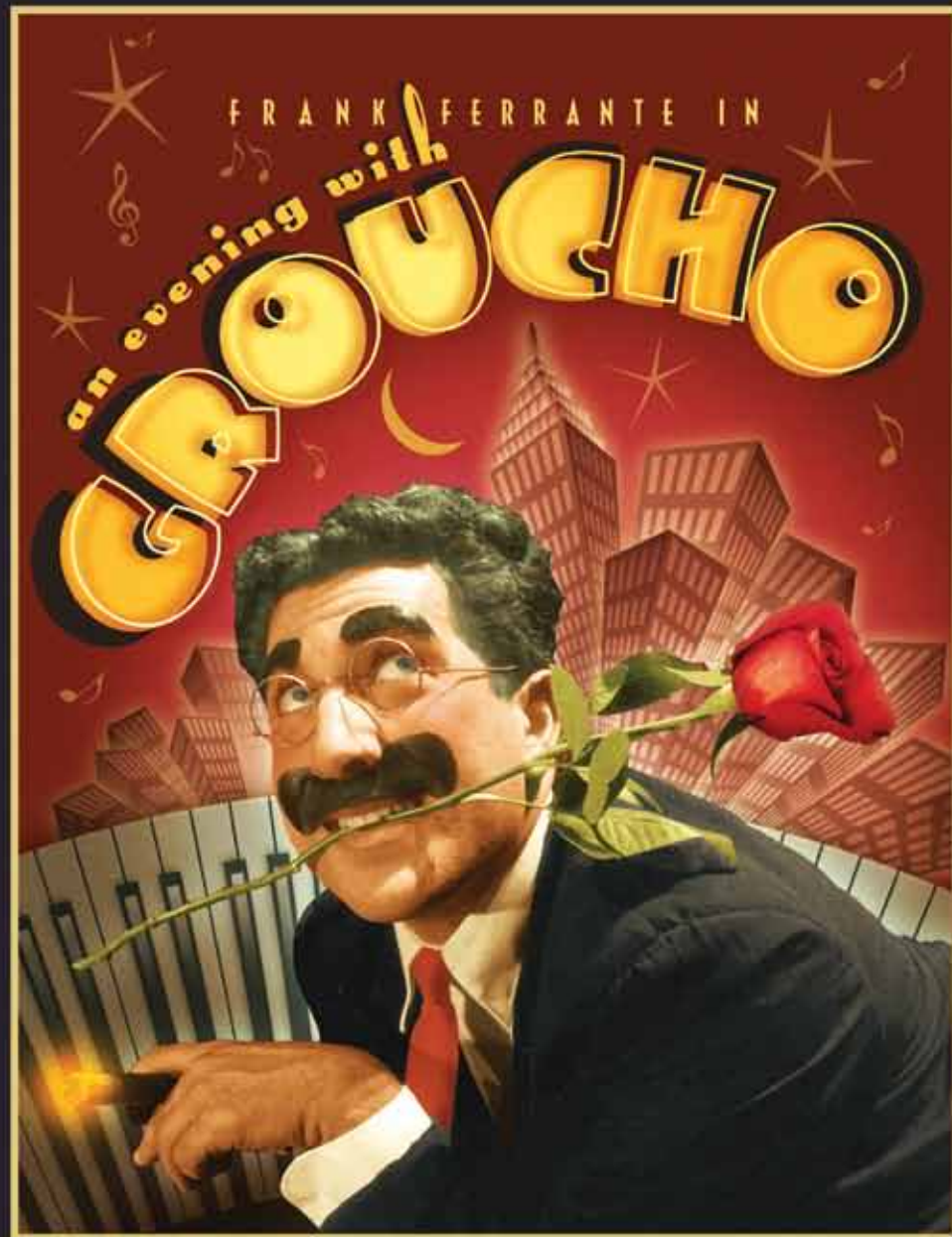
Einhorn is sharing its public relations capabilities on a pro-bono basis.

Yet, Sacramento Pride relies heavily on its bedrock list of longtime supporters and organizers, such as Fred Palmer, publisher of *Outword* magazine and co-founder of the Sacramento Rainbow Chamber of Commerce. Brandon McElhaney has helped lead organization of Sacramento Pride events since 2005, and this June's event will be his fourth as festival manager.

The venue has changed and grown right along with Sacramento Pride's own expansion. It's outgrown a series of sites, having originally started at East Sacramento's McKinley Park, then later moving to Southside Park near the W and X Freeway, before relocating to the current site on Capitol Mall between 3rd and 7th Streets.

"Sacramento Pride reflects a new direction, and some of that originates from changes at the Sacramento Gay and Lesbian Center, but much more of it speaks to society's greater acceptance of the LGBT community, especially here in Sacramento," Perkins said. "At the same time, we're regaining longtime Center membership and LGBT community support that has always defined our identity."

**SAC PRIDE**  
*continues on page 19*



## One Night Only!

April 5th • 7:30pm • The Crest Theatre

The Sacramento Ballet will present award-winning actor Frank Ferrante in his one-man show *An Evening With Groucho*, a fast-paced two-act comedy that includes some of the best Groucho one-liners, anecdotes and songs including "Hooray for Captain Spalding" and "Lydia, the Tattooed Lady." The audience literally becomes part of the show as Ferrante ad-libs his way throughout the performance in grand Groucho style. Along the way, accompanied by his onstage pianist Jim Furmston, he portrays the young Groucho of stage and film, and reacquaints the audience with the likes of brothers Harpo, Chico, Zeppo and Gummo, Charlie Chaplin, W.C. Fields, Greta Garbo and his long-suffering "leading lady" Margaret Dumont. It's a perfect show for all ages that has impressed audiences wherever it has gone.

**Tickets: \$35/\$30/\$25**

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# Entertainment

## Sushi, Sarandon & Salmon Fishing Now Playing at a Theater Near You

by Chris Narloch

**W**ith all those "S's" in the headlines, this must be a spectacular time to catch a movie. So get your tickets, grab some popcorn and check out what's playing at the movies.



Liam Neeson reprises his role as Zeus in "Wrath of the Titans."

### Esquire IMAX

Sacramento's IMAX rolls out yet another 3D blockbuster on March 30 with the really big screen release of *Wrath of the Titans*, a sequel to the 2010 remake of *Clash of the Titans*. Sam Worthington and Liam Neeson are back for more sword and sorcery action.

*Clash* was surprisingly fun as popcorn movies go, and *Wrath* looks like it might be another good guilty pleasure. Visit [www.imax.com/sacramento](http://www.imax.com/sacramento).

### The Tower

I am looking forward to two upcoming films at this theater: *Being Flynn* and *Salmon Fishing in the Yemen*, both scheduled to open in late March. *Being Flynn* is the new dramatic feature adapted from Nick Flynn's 2004 memoir, *Another Bullshit Night in Suck City*, which explores bonds both unbreakable and fragile between parent and child.

Paul Dano and Robert DeNiro play father and son writers who haven't seen one another since

DeNiro's character abandoned his family. His son takes a job at a homeless shelter, and parent and child are at last reunited, with stormy results.

*Salmon Fishing in the Yemen* is directed by Lasse Hallstrom (*Chocolat*) and stars Ewan McGregor as Britain's leading fisheries expert, who becomes involved in the dream of a visionary sheik to bring salmon fishing to the desert.

Emily Blunt and Kristin Scott Thomas costar.

### The Crest

If *Jeff, Who Lives at Home* is still playing at the Crest (or anywhere else in town) as you read this, go see it. The best stoner-slacker comedy to come down the pike in many a moon, the movie has a terrific cast that includes Jason Segel, Ed Helms, Judy Greer, and Susan Sarandon.

Segel plays the pothead son of Sarandon (and brother to Helms) who lives in her basement and doesn't have a job. Segel and

Helms make a very funny pair of siblings, and they get into a heap of trouble while spying on the potentially unfaithful wife (Greer) of Helms' character. Sarandon is sublime as always, and this little sleeper sneaks up on you. *Jeff, Who Lives at Home* is sweet, funny and surprisingly moving.

*The Ballad of Genesis and Lady Jaye* is scheduled for March 30 at the Crest, and it's a documentary about the life and work of the ground-breaking performance artist and music pioneer Genesis Breyer P-Orridge, and his other half and collaborator, Lady Jaye. The movie details the daring sexual transformations the pair underwent for their "Pandroyne" project.

Another documentary, this one scheduled to open on April 6, should appeal to lovers of Japanese cuisine. *Jiro Dreams of Sushi* tells the real-life story of father and son sushi masters. As his son faces the pressure of stepping into his father's shoes and taking over Tokyo's legendary Sukiya-bashi Jiro restaurant, 85 year old Jiro Ono continues his tireless quest to create the perfect piece of sushi. Visit [www.thecrest.com](http://www.thecrest.com).

### Paramount Theatre

Thanks to the recent success of *The Artist*, there has been renewed focus on silent films, which hopefully will aid in efforts to preserve those pre-digital dinosaurs. The unbelievably beautiful Paramount Theatre in Oakland is doing their part to celebrate silent cinema with four screenings of one of the greatest of all silent movies, Abel Gance's masterpiece, *Napoleon*.

This is a live cinema presentation of a rarely screened classic, presented by The San Francisco Silent Film Festival and featuring the Oakland East Bay Symphony performing the movie's musical score live, conducted by Carl Davis.

The event happens March 24 - April 1 at the Paramount. More information is available at [www.silentfilm.org](http://www.silentfilm.org)



# Entertainment

## Game of Thrones Finally on DVD

reviewed by Hunt Drouin

Set during a medieval period in a fictitious world, *Game of Thrones* is a masterpiece of taught writing and strong acting. It is filled with courtly intrigue, violence and of course, as an HBO series, a healthy amount of sex.



Emilia Clarke plays Daenerys Targaryen who is forced to marry the powerful Dothraki horse lord Khal Drogo in return for promises of an army.

These are only the backdrops for the maneuverings of the characters, though. In the DVD set for Season One, now available, we are introduced to four noble families who rule (or have ruled) the Seven Kingdoms.

The ruling House Baratheon includes a weak, indulgent King Robert and his wife, Queen Cersei who married for political purposes only. The queen is part of House Lannister and has two brothers, the too handsome and somewhat secretive Jaime and the drunken, whoring, intelligent dwarf Tyrion. Tyrion is by far one of the best characters on the show and he is expertly played by Peter Dinklage, who won an Emmy for his portrail.

House Stark is headed by Eddard (played by Sean Bean), the noble forthright soldier who becomes Hand of the King. He has a commanding presence in his family, which includes his yummy bastard son Jon, and they are the true characters to root for.

The final House Targaryen is in exile across the Narrow Sea as they were in power before and defeated by House Baratheon. Only two members of this house survive, Viserys, a

wanna be future king who you enjoy hating, and his sister Danaerys, whose character grows the most during the show and it is a delight to witness her evolution from downtrodden, meek outcast to queen of a barbarian horde.

Surprising, there is a wealth of children characters throughout the storytelling, all magnificently played. A personal favorite is Arya, the young tomboy daughter of Eddard Stark who wants to be a swordsman.

Not unexpectedly, the Blu-ray picture quality is spectacular giving great clarity to both the lush and stark (no pun intended) settings. The boxed series includes a ton of extras including insider's guides to characters, games, and behind-the-scenes looks.

Here's the hint, the show is intelligently written so if you're slightly confused by the goings on during the first couple episodes, hang in there. By episode four, you'll be hooked on this newest guilty pleasure from HBO. I know I was.

*Game of Thrones* returns on April 1 on HBO with season two.

## An Evening with Groucho

Proving that comedy is timeless, Groucho Marx pretty much summed up today's political climate with the quip "Those are my principles. If you don't like them I have others."

But wait, there's more one-liners just like that allowing you to experience the comic genius of Groucho Marx as the Sacramento Ballet presents award-winning actor Frank Ferrante in his one-man show *An Evening With Groucho* at the Crest Theatre on April 5.

*An Evening with Groucho* is a fast-paced two-act comedy that includes some of the best Grouchoisms – his one-liners, anecdotes and songs including "Hooray for Captain Spalding" and "Lydia, the Tattooed Lady."

**GROUCHO**  
continues on page 19

**"KATHLEEN TURNER IS BRILLIANT!**  
IT IS BY FAR THE BEST THING SHE HAS EVER DONE!"

- Rex Reed, New York Observer

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- Broadway World

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## Bettye LaVette at the Mondavi

It seems like not a week goes by without another not-to-be-missed event at the Mondavi Center, and this Thursday, March 29, is no exception as the SFJAZZ Collective celebrates the musical career of R&B icon Stevie Wonder, and then in April, Bettye LaVette will grace the Mondavi stage.

*The New York Times* recently proclaimed, "Ms. LaVette now rivals Aretha Franklin as her generation's most vital soul singer." With Etta James gone, she might also be in the running for the current Queen of the Blues.

LaVette's most recent CD featured her interpretations of classic songs made famous by The Beatles, The Who, Elton John, and Eric Clapton, among others, but whatever she sings sounds like the gritty, gospel truth.

The last time I saw LaVette live, she was performing at the Sacramento Horseman's Club, and the show was nothing short of incendiary. The performer finally hit it big a few years back, after decades of anonymity, and I have no doubt she will turn the Mondavi Center into an upscale blues joint fit for a Queen.

Bettye LaVette performs in Davis for one night only, Friday, April 13, at 8 p.m. Visit [www.MondaviArts.org](http://www.MondaviArts.org)



Blues singer Bettye LaVette makes her triumphant return to Sacramento for one night only at the Mondavi Center on April 13.

## Sam Shepard, Elle Woods & Graham Sobelman

Local theaters are ready for spring with an eclectic array of musicals, comedies and dramas on stage. As usual, talent seems to be popping up all over town in Sacramento, and you should have no trouble finding something to satisfy your theatrical taste buds.

### True West

Capital Stage is coming off a big hit (Sarah Ruhl's *In the Next Room*) and tackling another great work with their upcoming production of one of Sam Shepard's finest (and most famous) plays, running through April 22.

Brotherly love gets put to the test in *True West*, a story about two siblings who are as different as night and day. In this deliciously dark work, Shepard takes a long, hard look at America, from the romanticized West to the tranquility of picket-fenced suburbia. Visit [www.capstage.org](http://www.capstage.org).

### Legally Blonde The Musical

If musicals are more your cup of tea, you have until April 1 to catch the Runaway Stage production of this hit Broadway show, which is being performed with a live orchestra. Sorority sister and aspiring legal eagle Elle Woods is sure to have patrons "bending and snapping" in the aisles. Visit [www.runawaystage.com](http://www.runawaystage.com).

### In Absentia

The B Street Theatre is getting rave reviews for their latest production, a U.S. premiere of the new play by Morris Panych about a woman who becomes attracted to the mystery man who may hold a key to her husband's disappearance.

Two of Sacramento's finest actresses, Elisabeth Nunziato and Jamie Jones, star, along with Dan Fagan and David Pierini, under Buck Busfield's direction.

Plays through April 15. Visit [www.bstreettheatre.org](http://www.bstreettheatre.org).

### Music of the Night

Fans of *The Phantom* will want to get tickets to the next installment of the Broadway Cabaret Series at Sacramento Theatre Company.

STC pays tribute to the work of Andrew Lloyd Webber, who has written such milestones of the American musical theater as *Cats*, *Evita*, *Jesus Christ Superstar* and *The Phantom of the Opera*.

Plays April 5-7 at STC. Visit [www.sactheatre.org](http://www.sactheatre.org).

### Spring Showcase

FOG (Fans of Graham-a-rama) already know that Graham Sobelman has moved his hipster musical revue, accurately billed as Sacramento's premier cabaret, from the Geery Theatre to a real cabaret – namely the Cosmopolitan Cabaret. The larger digs make two shows a night unnecessary and allow more room for Sobelman's adoring throngs.

Put Tuesday, April 3 on your calendar, and immerse yourself in the world of GAR.

Visit [www.grahamarama.com](http://www.grahamarama.com).



Graham Soebelman shows how many fingers it takes to play the piano.

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# Entertainment

## Baryshnikov at Berkeley Rep Plus Darren Criss at A.C.T.

**S**targazers will have their work cut out for them when the multi-talented performers Mikhail Baryshnikov and Darren Criss arrive in the Bay Area this April for separate events, at Berkeley Rep and the American Conservatory Theater, respectively.

### In Paris

This spring – for 20 performances only – legendary performer Mikhail Barshnikov takes the stage with Anna Sinyskina and a talented ensemble assembled by visionary director Dmitry Krymov.

Based on a story by Nobel Prize-winner Ivan Bunin, *In Paris* is a new play set in the 1930s, which mixes movement with a romantic story and spectacular design.

Berkeley Rep Theatre invites audiences to a love story that could only unfold In Paris. Plays April 25 through May 13. Visit [www.berkeleyrep.org](http://www.berkeleyrep.org).

### Expect the Unexpected!

The American Conservatory Theater's 2012 Season Gala will feature *Glee*'s Darren Criss (an A.C.T. Young Conservatory alumnus) and two-time Tony Award winner Bill Irwin, as well as A.C.T. regulars, Patrick



Mikhail Barshnikov

Lane and Betsy Wolfe.

Proceeds from the Gala support A.C.T.'s acclaimed actor training and arts education programs. The Gala will be held on Sunday, April 15, at the historic Regency Center in San Francisco. Visit [www.act-sf.org](http://www.act-sf.org).

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## The X Factor Shops SF

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If you are a solo artist or vocal group and are ages 12 and up, you can audition for *The X Factor Season 2* in person at an open call. (Online auditions opened March 1).

This year, producers have opened auditions up to artists who already have representation.

To sign up, go to [www.thexfactorusa.com](http://www.thexfactorusa.com).

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\*Tickets are tax deductible and information will be provided for your records.

**Outword magazine**

**We look forward to seeing you there!**



# Calendar Mar.

compiled by Charles Peer

Lutheran Church, 17th & L St. Info:  
916-471-0507 VoxMusica.net

## COLLAGE

A group for folks aged eight and older with one or more parents that are LGBTQ. Come and play games, make friends and plan fun activities. 2-4 p.m. Sac G&L Center, 1927 L St. Info: 916-514-2251 collage.org facebook.com/collage.sacramento

## STEAMPUNK NIGHT

The Australian rock-and-roll circus, Circus Oz, is holding a Steampunk Night. Dress as your favorite Steampunk alter-ego for a chance to win the grand prize. 8 p.m. Mondavi Center, UCD. Info: 866-754-2787 MondaviArts.org

## WHEN TO START HIV MEDS

Richard Pollard, MD leads a workshop on initiation of antiretroviral therapy in patients with HIV. 6 p.m. Ambiance Restaurant, 6440 Fair Oaks Blvd., Carmichael. RSVP: Karen, 916-203-1501 or Karen.Baur@glead.com

## DINAH SHORE GOLF WEEKEND

OK, we all know it isn't about the golf, it's about hot and fun women having a hot and fun time! Through Sunday. Info: TheDinah.com.

## MODERN MASTERS

The best and brightest of today's choreographic talent assemble to create works of astonishing creativity and provocative imagination, in a Modern Masters that "rocks." 7:30 p.m. Three Stages at Folsom Lake College. Info: 916-552-5800 ext. 2 SacBallet.org

## Friday, 30

### BADLANDS TURNS 5

Join TJ and his great staff to celebrate Badlands 5th Anniversary with a Madonna CD Release Party, complimentary beverage, catered hors d'oeuvres, MDNA CD & prize giveaways and more. 6 - 9 p.m. Badlands, 2003 K St. Info: 916-448-8790

### DRINKING LIBERALLY

Join the Stonewall Democrats and other Libheads for a meet & greet over a frothy brew. 6 - 8 p.m. The Depot, 2001 K St.

through a staged reading with professional actors from the Aquila Theatre of New York. Free. 6:30 p.m. Tsakopoulos Library Galleria at the Central Library, 828 I St. Info: 916-264-2920 or visit www.saclibrary.org

### AN EVENING WITH GROUCHO

The Sacramento Ballet presents award-winning actor Frank Ferrante in his one-man show *An Evening With Groucho*, a fast-paced two-act comedy that includes some of the best Groucho one-liners, anecdotes and songs. 7:30 p.m. The Crest Theatre, 1013 K St. Info: 916-552-5800 ext. 2 SacBallet.org

### SVL FETISH NIGHT

Whatever your fetish is - from leather to sports - put on your gear for this night dedicated to you and hosted by the SVL. 8 p.m. Free, no cover. Bolt Bar, 2560 Boxwood St. Info: 916-649-8420 SacBolt.com sacvllylthrcorp.org

### BOLT ANNIVERSARY

Celebrate another year with Kenny and his great staff! Te fun starts with a Mexiacan Feast at 4 p.m. and plenty of drink specials. Free, no cover. Bolt Bar, 2560 Boxwood St. Info: 916-649-8420 SacBolt.com

### VALLEY BEARS B&S BUST

Join the Sacramento Valley Bears for an \$8 beer & soda bust. Say hi to old friends and make some new ones! 8 p.m. Bolt Bar, 2560 Boxwood St. Info: 916-649-8420 SacBears.org SacBolt.com

### COMIC LOUIE ANDERSON

Nominated as Las Vegas' Best Stand-up Comic, Anderson shares the ups and downs of life and reduces you to helpless fits of laughter. 8:30 p.m. Pano Hall, Thunder Valley Casino. Info: 800-745-3000 ThunderValleyResort.com

### RAINBOW FAMILY EGG HUNT

Crafting decorated bags for egg collecting, followed by a special story time that celebrates families with two mommies, two daddies, or any combination of people, since love is what makes a family. 11 a.m. - 2 p.m. Egg hunting at noon. Ella K. McClatchy Library, 2112 22nd St. Hosted by Sac. Public Library. Info: 916-264-2920 or visit www.saclibrary.org

The  
Word  
is out.

## Thursday, 22

### ECLECTIC TRASH BOOK CLUB

Join this LGBT book club for a lively discussion of *When We Danced on Water* by Evan Fallenberg. 7 p.m. Lavender Library, 1414 21st St. Info: 916-492-0558 LavenderLibrary.org

## Friday, 23

### QUEER YOUTH GROUP

Join this group for young LGBTers, meeting in a supportive environment. 8 - 9:30 p.m. Main room, Sac G&L Center, 1927 L St. Info: 916-442-0185 SacCenter.org

## Saturday, 24

### VOICES & ELECTRONICS

A collaborative performance between Vox Musica and the Portland-based electro hip-hop singer-producer, Natasha Kmeto. 7 p.m. (and 5 p.m., March 25). St. John's

## Monday, 26

## Thursday, 29

# Apr.

## Sunday, 1

### LGBT VETS PIZZA BOWL

Join the LGBT Sacramento Valley Veterans for a casual afternoon of bowling and pizza. Don't bowl? That's OK, come for the pizza and camaraderie. All Vets, active duty members and allies are welcome. \$15 (includes pizza, soda, shoes & two games of bowling) 1 - 3 p.m. Land Park Lanes, 5850 Freeport Blvd. Info: 916-436-7676 www.saclgbtveterans.org

### A TASTE OF AMADOR WINE

Join the Sac. G&L Center for a trip to the Amador Wine Country. Start with Mimosas and breakfast before heading out for three tastings, lunch and then discounts for dinner back in Sacramento. \$100. 9:30 a.m. - 7 p.m. Info: RSVP SacCenter.org

## Wednesday, 4

### VALLEY BEARS MEETING

Join the Sacramento Valley Bears for their monthly meeting. Say hi to old friends and make some new ones! 7:30 p.m. Lavender Library, 1414 21st St. Info: SacBears.org

## Thursday, 5

### DRAG QUEEN BINGO

Join Hamburger Patties and *Outword* for a night of very fun Bingo to support Team Badlands for the Norcal AIDS Cycle. Eight games, \$15. Come early for cocktails and dinner and to get a great seat, first game at 7 p.m. Hamburger Patties, 1630 J St. Info: 916-441-4340 www.OutwordMagazine.com

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**Who:** 500 men from all ages, professions and backgrounds standing together to bring an end to violence against women.

**When:** April 28, 2012  
8:30 a.m. - Shoe Distribution  
10:30 a.m. - Race begins  
12:00 p.m. - Event Festival concludes

**Where:** Starting Line: 600 Capitol Mall  
Event route will be laps between 3rd Street and 7th Street  
Festival will be between 5th Street and 7th Street

**Why:** To raise more than \$150,000 to fund critical sexual assault crisis intervention and prevention programs. All funds support local programs and services.

**How:** Funds are raised through sponsorships, registration fees, and donations on behalf of participating walkers and teams.

**How Much:** Registration is \$35 per walker and includes shoes, event T-shirt, event swag bag, and entry to the event festival. Sponsorships are available from \$500 to \$5,000.

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[weaveinc.donorpages.com/WalkAMileinHerShoes/OutwordStreetwalker](http://weaveinc.donorpages.com/WalkAMileinHerShoes/OutwordStreetwalker)

## White House

continued from page 4

"That's just wrong," said Donovan. "No one should be subject to that kind of treatment or denied access to housing assistance because of their sexual orientation or gender identity."

Just over a month ago, Donovan announced a new Equal Access to Housing Rule that says clearly and unequivocally that LGBT individuals and couples have the right to live where they choose, prohibiting owners and operators of HUD-funded housing, or housing whose financing HUD insures, from inquiring about an applicant's sexual orientation or gender identity or denying housing on that basis.

"That's what equal access means – and that's what this rule is going to do," said Donovan.

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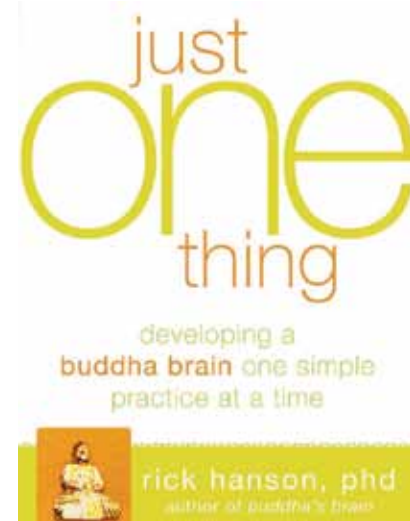


# Just One Thing

continued from page 6

regularly focuses on worries, anger, or self-criticism, then your brain develops neural structures supporting anxiety, low self-esteem and impatience with others. But if you regularly focus your attention on noticing that you're all right now, not taking life personally, cultivating gratitude, or letting go - then gradually your brain re-shapes itself to support calm strength, self-confidence and inner peace.

So, for instance, regularly taking the time for mindfulness pauses activates the part of the brain that



puts the brakes on negative feelings, and thus lifts mood. Other practices, such as taking in the good, feeling safer, relaxing anxiety about imperfection, or filling the hole in your heart, support and increase your sense of security and worth, resilience, effectiveness, and well-being.

This book is very user-friendly. Each chapter title names a specific practice, and the rest of the chapter, which is never more than a few pages, tells you why to do it, and then how to do it.

The practices themselves usually involve actions you take in your mind, such as reflecting, concentrating, or focusing your attention, and they only take a few minutes to do per day. But doing them regularly gradually re-shapes the brain to reduce stress and unhappiness, and to develop positive qualities.

They're exactly like physical exercise; any single time you work out, not much changes, but over time your health and strength improve.

We all understand that we have to make effort regularly over time to do things like learning how to drive a car or play basketball, but we typically think the mind should just work fine on its own, without any effort or discipline. Rick Hanson shows us how some very down-to-earth actions can turn an unruly mind into one that is focused, strong and happy. I recommend this book highly.

Tom Moon is a psychotherapist in San Francisco. His web site is [tommoon.net](http://tommoon.net).

# Sac Pride

continued from page 11

Most people enjoying Sacramento Pride 2012 will see an array of amenities and attractions found at other annual events - street food and beverage vendors, music and dance tents, arts and crafts and attractions for families and children. Just like other annual community events, it's also a celebration of a shared experience and a legacy held in common.

As with Gay Pride events throughout the nation, the timing of the Sacramento Pride 2012 coincides with the month of the 1969 Stonewall Riots in New York City, which engendered the national Pride movement. Veterans of Stonewall who later relocated to Sacramento attend and help lead Sacramento Pride events. Like all Pride events, the Pride Parade will celebrate Sacramento's LGBT community identity as much as an ethnic dish, artistic expression or historical reference color so many other special events. That will include a starring role for drag queen court members belonging to the Court of the Great Northwest Imperial Empire, or CGNIE, with Imperial Grand Empress 32 Jonathan Cameron, alias "Taryn Thru U," and Acting CGNIE President Tony Southworth, Imperial Grand Emperor 36.

This year, Sacramento Pride Festival and Parade 2012 will start at 11 a.m. Saturday, June 2; the Pride Festival will be on Capitol Mall between 3rd and 7th Streets. Festival tickets will cost \$10 and children aged five and under will be admitted free.

For information and updates, visit [www.sacramentopride.org](http://www.sacramentopride.org).

## Plenty of Action in New Adult Video *The Last Day*



We all want a little story line in our adult videos, sure lots of hunks, but can we get a little action, too? Well, that's what Lucas Entertainment's new video *The Last Day* has to offer. Shot on location in Ibiza, Spain, the film ushers in a new level of sex and action that are combined with explosive results as the seven starring hunks struggle with the news that the world is coming to an end. Pictured are Johnathan Agassi and Damien Crosse. Release is scheduled for March 30.

# Groucho

continued from page 13

The audience literally becomes part of the show as Ferrante ad-libs his way throughout the performance in grand Groucho style. Along the way, accompanied by his onstage pianist Jim Furmston, he portrays the young Groucho of stage and film, and reacquaints the audience with the likes of brothers Harpo, Chico, Zeppo and Gummo, Charlie Chaplin, W.C. Fields, Greta Garbo and his long-suffering "leading lady" Margaret Dumont.

It's a perfect show for all ages that has impressed audiences wherever it has gone. *Variety Magazine* called his Groucho "a tour de force" and the *New York Times* said of it, "Artful ... Mr. Ferrante's timing is digital sharp."

Ferrante originated the Off Broadway title role in *Groucho: A Life in Revue*, written by Groucho's son Arthur. For that role, Ferrante won New York's Theatre World Award and was nominated for an Outer Critics Circle Award. When he reprised the role in London's West End, he was nominated for the Laurence Olivier Award for Comedy Performance of the Year. In addition to dozens of other performing roles and directing credits, he starred in, directed and produced the national PBS television production of *Groucho: A Life in Revue* in 2001.

The one-night only performance is a fundraiser for the Sacramento Ballet and tickets are \$35, \$30 and \$25 for the 7:30 p.m. performance on April 5 at the Crest Theatre, 1013 K St. For more information or for tickets, contact the Sacramento Ballet box office at 916-552-5800, ext. 2 or online at: [www.sacballet.org](http://www.sacballet.org). Tickets are also on sale through Tickets.com and at the Crest Theatre box office.

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